



## St. Patrick's Day Invitational 2025

Friday, March 14<sup>th</sup> and Saturday, March 15<sup>th</sup>

### Rules:

2025 USMS Rules and Southeastern LMSC Safety guidelines and warm-up procedures will govern. Safety guidelines specify feet-first entry during warm-ups, except for designated sprint lanes. All events will be timed finals.

### Sanctioned By:

Southeastern Masters Swimming for United States Masters Swimming Inc.

### Host Club:

Kingsport Aquatic Center Viperfish Masters Team

### Location:

Kingsport Aquatic Center

1820 Meadowview Parkway, Kingsport TN 37660 (423)-343-9758

Directions to the Kingsport Aquatic Center can be found on [www.swimkingsport.com](http://www.swimkingsport.com)

### Facility:

The HMG competition pool at the Kingsport Aquatic Center is a 50-meter pool divided by moveable bulkheads making it two 25-yard pools with 8 lanes on each side. It has a minimum depth of 5 feet and a maximum depth of 13ft. The pool is equipped with Daktronics Timing System. Warm-up/warm-down lanes will be available throughout the meet in the shallow end of the HMG competition pool. The length of the competition course complies with and is on file with, USMS per articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 Records will be contingent on verification of bulkhead placement.

**Online Entry:** [https://www.clubassistant.com/club/meet\\_information.cfm?c=2548&smid=18909](https://www.clubassistant.com/club/meet_information.cfm?c=2548&smid=18909)

### Eligibility:

All swimmers must be registered for 2025 United States Masters Swimming. Swimmers must use the online entry system, which streamlines checking USMS registrations, putting your entries into the meet database, and entry payments.

For swimmers who are not USMS members, One Event Memberships are available for a cost of \$20.

### Warm Up and Meet Start Times:

|                                    | Warm Up       | Start Time |
|------------------------------------|---------------|------------|
| Friday, March 14 <sup>th</sup> -   | 3:00pm-3:50pm | 4:00pm     |
| Saturday, March 15 <sup>th</sup> - | 7:00am-7:50am | 8:00am     |

**Entries and Fees:**

A swimmer may enter up to six (6) individual events at a flat fee of \$45.00

Registration payments can be paid online at:

[https://www.clubassistant.com/club/meet\\_information.cfm?c=2548&smid=18909](https://www.clubassistant.com/club/meet_information.cfm?c=2548&smid=18909)

Late entries will be accepted until Sunday, March 9<sup>th</sup> at 11:59pm. All entries must be received by 11:59pm EST on Sunday, March 2<sup>nd</sup> or they will be charge an additional \$15.00 fee.

Age for entries is determined by the swimmer's age on March 15<sup>th</sup>, 2025.

**Entry Deadlines:**

**All individual entries and fees must be received by 11:59 pm EST on Sunday, March 2<sup>nd</sup>** . Any entries arriving after that date will be considered late and require an additional \$15.00 fee. Late entries are due by Sunday, March 9<sup>th</sup>, 2025 at 11:59 p.m. Eastern Standard Time. No more entries will be accepted after March 9<sup>th</sup>.

**Seeding:**

All events will be seeded slowest to fastest with mixed gender. A swimmer with no seed time may indicate "No Time" or "NT" in the time slot and will be seeded at the slowest time in the event.

Results will be tabulated by gender and age group, as defined by USMS guidelines.

**Relays:**

As always, there is no extra charge for relays! Only team members registered for the meet may participate.

Mixed relays consist of two women and two men. Men's and Women's relay events may be combined.

**Disabled Swimmers:**

An information sheet for disabled swimmers is available to prepare the facility and meet officials. Please contact Operation Coordinator of Programming, Madison Gump at, [madisongump@kingsporttn.gov](mailto:madisongump@kingsporttn.gov), (423)343-9767.

**SCORING:** First 6 finishes in each event, by age and gender, will be scored as follows: Individual events 7-5-4-3-2-1; Relay events 14-10-8-6-4-2.

**INDIVIDUAL AWARDS:** High point awards will be awarded to 1<sup>st</sup> through 3<sup>rd</sup> place male and female. Individuals must swim at least 4 individual events to be considered for a high point award.

**TEAM AWARDS:** Trophies will be awarded to the top three teams in the meet. Teams must have at least 3 people entered and swimming in the meet.

**Officials:**

Meet Director: Madison Gump

Entry Chair: Madison Gump

Meet Referee: Jack Gump

For any other questions regarding the swim meet and/or registration please contact Operation Supervisor of Programming Madison Gump at [madisongump@kingsporttn.gov](mailto:madisongump@kingsporttn.gov) or call at (423)343-9767. Thank you!

**Facility Rules:**

The Kingsport Aquatic Center employees respectfully ask:

- No outside coolers, food, or drinks be brought into the building.
- No smoking or use of Electronic Cigarettes is allowed in the building or parking lot area.
- Only swimmers, coaches, and meet personnel will be allowed on the pool deck at any time.
- Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.
- Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, restrooms, or locker rooms.

**Water Fountains:** are available for refilling reusable bottles, which are sensor activated.

**Parking:**

The KAC as well as the adjacent YMCA will be open during the meet. In deference to the YMCA members, please have your families park in the lot adjacent to the outdoor water park. Additional parking is available at the Meadowview Marriott, located just 1/2 mile from the Aquatic Center. If needed, you may drop off swimmers at the Aquatic Center before driving over and parking at the Meadowview lot.

**Timing System:**

The primary timing system will be automatic timing (Daktronics Timing System, with scoreboard). Times may be submitted for USMS records and USMS Top 10 consideration.

**Special Notes:** All men's, women's, and mixed events will swim together. The Meet Director reserves the right to limit the number of entries, in any event, to run the meet within the time allocated. The Meet Director reserves the right to insert breaks to provide sufficient rest for the swimmers between events. The HYTEK event file, psych sheet, results, and other meet information will be posted on the Kingsport Aquatic Center website as they become available.

**Refreshments:** The Kingsport Aquatic Center will have a concession stand available for prepackaged drinks and food to be purchased at your discretion. They will also have water stations available for swimmer use.

**Hotels:** The closest hotel to our facility is Meadowview Marriott Conference Resort & Convention Center. It is approximately a half a mile from the Aquatic Center and is located at 1901 Meadowview Parkway, Kingsport, TN 37660.

**Additional Hotels Near By:**

Fairfield Inn & Suites Kingsport

Hampton Inn Kingsport

Holiday Inn Express & Suites Kingsport

Quality Inn

Comfort Suites

**Camp Grounds Near by:**

Warriors' Path State Park

**Please check out "Visit Kingsport" <https://visitkingsport.com/> for a list of things to do, places to stay, where to eat, events, a visitors guide, and contact information. We look forward to you visiting Kingsport and will see you soon!**



## Event List

**Friday, March 14<sup>th</sup>**

Warm-ups start at 3:00pm-3:50pm

Meet Session starts at 4:00pm

| Event # | Sex (circle 1) | Event  |              |
|---------|----------------|--------|--------------|
| 1       | Mixed          | 1650   | Free         |
| 2       | Men            | 200 YD | Medley Relay |
| 3       | Women          | 200 YD | Medley Relay |
| 4       | Mixed          | 200 YD | Medley Relay |
| 5       | Mixed          | 400 YD | IM           |
| 6       | Mixed          | 200 YD | Free         |

**Saturday, March 15<sup>th</sup>**

Warm-ups start at 7:00am-7:50am

Meet Session starts at 8:00am

| Event # | Sex (circle 1) | Event   |                 |
|---------|----------------|---------|-----------------|
| 7       | Mixed          | 500 YD  | Free            |
| 8       | Mixed          | 100 YD  | IM              |
| 9       | Mixed          | 200 YD  | Fly             |
| 10      | Mixed          | 50 YD   | Back            |
| 11      | Mixed          | 100 YD  | Breast          |
| 12      | Mixed          | 50 YD   | Free            |
| 13      | Mixed          | 200 YD  | IM              |
| 14      | Mixed          | 50 YD   | Fly             |
| 15      | Mixed          | 1000 YD | Free            |
| 16      | Mixed          | 200 YD  | Breast          |
| 17      | Mixed          | 100 YD  | Free            |
| 18      | Mixed          | 200 YD  | Back            |
| 19      | Mixed          | 50 YD   | Breast          |
| 20      | Mixed          | 100 YD  | Fly             |
| 21      | Men            | 200 YD  | Freestyle Relay |
| 22      | Women          | 200 YD  | Freestyle Relay |
| 23      | Mixed          | 200 YD  | Freestyle Relay |
| 24      | Mixed          | 100 YD  | Backstroke      |

## PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.

2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness, and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.

3. I agree to be familiar with and abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my conduct and actions while participating in the Events.

4. I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19, or other viral or bacterial infection, while participating in any of the Events, and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I agree that if I have a fever, cough, feel short of breath, have any other symptoms, have knowingly been exposed to a communicable disease such as COVID-19, or have traveled to or from a highly impacted area, I will not attend an Event for at least two weeks after exposure or symptoms have subsided or I have returned from a highly impacted area. In addition, if I discover I have been exposed to a suspected or positive case of COVID-19 or have tested positive for COVID-19, I will notify the USMS coach or club administrator immediately.

5. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.

6. I further agree that if despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, and acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions, and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason is unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

|                                  |            |      |                        |                          |
|----------------------------------|------------|------|------------------------|--------------------------|
| Last Name                        | First Name | M.I. | Sex (circle)<br>M    F | Date of Birth (mm/dd/yy) |
| Street address, City, State, Zip |            |      |                        |                          |
| Participant Signature            |            |      |                        | Date:                    |

For any other questions regarding the swim meet and/or registration please contact Operation Supervisor of Programming Madison Gump at [madisongump@kingsporttn.gov](mailto:madisongump@kingsporttn.gov) or call at (423)343-9767. Thank you!