

# Dixie Zone Newsletter

## October 2010

### 2010 USMS CONVENTION RECAP

The 2010 USMS convention was held on September 15-19 in Dallas, TX part of the United States Aquatic Sports convention which includes USA Swimming, USA Diving, USA Synchronized Swimming and USA Water Polo.

The Dixie Zone meets for 2011 were chosen:  
SCY – Fort Lauderdale – Feb. 25-28  
LCM – Sarasota, FL – June 10-12  
SCM – Charlotte, NC – Oct. 15-16

The 2012 USMS Nationals locations were chosen:  
SCY – Greensboro, NC – April 26-29  
LCM – Omaha, NE – July 5-8  
Long Course Nationals are scheduled earlier than usual to take advantage of a unique opportunity. The meet will be held following the USA Olympic Trials in the pool that will be constructed in the Qwest Center. Special Olympic trial ticket packages will be put together exclusively for Masters. Workout locations will be set up so you don't have to miss out on pool time immediately before nationals, and we will be able to swim in the Qwest pool for a few hours on the 2 days between trials and our meet.

Several proposals of interest were defeated and will NOT be implemented. This included modifications to the suits allowed for SCY, changing the age determination for yards to be like meters and changing the relay age groups for yards to be like meters.

The annual national dues will increase by \$2 for 2011.

USMS plans to conduct a number of surveys in the upcoming year to help determine why USMS membership has an annual non-renewal rate of about 35%. USMS is growing by about 6% a year, but we are losing many of our members every year.

The top USMS award is the Ransom J. Arthur Award, named after the founder of USMS. This year's honoree was Lynn Hazelwood (Potomac Valley). Dorothy Donnelly Service Awards went to fifteen people this year. Recipients from the Dixie Zone were Victor Buehler and Sue Moucha. The Fitness Award was given to Nancy Brown of Maryland. Club of the Year was Asphalt Green (NY). Coach of the Year was Bobby Patten of TX.

This year's election was for at-large delegates. Those elected include Maria Elias-Williams from the Dixie Zone, Anthony Thompson, Chris McGiffin, Phil Dodson, Hugh Moore, Jim Clemmons, Don Mehl, and Phil Whitten.

For complete convention reports and minutes, check out [www.usms.org](http://www.usms.org).

### OPEN WATER RULES CHANGE

The burning question on the suits in open water was answered when the HOD voted to follow new regulations regarding swimsuits for open water competitions, effective January 1, 2011.

There are now two categories for open water swimwear: Category I is required for all Open Water National Championships and shall be scored separately from Category II, whether in a National Championship event or not.

Category I swimwear shall be made from textile materials. For men, the swimsuit shall not extend above the navel or below the knee. For women, the swimsuit shall not cover the neck, extend past the shoulder, nor extend below the knees. There are no "fastener" specifications. Everything else, such as wetsuits, rash guards, arm warmers, arm bands, etc., is considered to be included in Category II.

### 2010 USMS SCY NATIONALS

The Georgia LMSC hosted the 2010 USMS Short Course Nationals in Atlanta at the Georgia Tech Olympic Natatorium on May 20 – 23. Over 1970 swimmers entered the meet, the last chance to wear fullbody suits at nationals.

A few recent Olympians competed, including Cullen Jones, Nicholas Brunelli, and Mark Gangloff, all setting national records as members of teams from the Dixie Zone. A total of 103 individual and 19 relay national records were broken at the meet.

The Dixie Zone was well represented in the Club Results. In the regional club division, host team Georgia Masters was #1, North Carolina was #2, and FACT was #10. In the local club division, Clemson was #5, GOLD was #8, and Sarasota was #10.

Congratulations to Georgia for hosting a first class event at a first class facility!

## **2010 USMS LCM NATIONALS**

On August 9-12, we ventured to Puerto Rico for the first USMS national meet ever held in the U.S. territory. This was a small national meet with only 632 swimmers. But, it was a great time at a great facility with music, dancing, and rum.

The meet was dominated by teams from the Dixie Zone. The top three teams in the local team division were all from Florida – #1 - FLA Masters, #2 - Gold Coast Masters, and #3 - Sarasota YMCA Sharks. The top team in the regional team division was North Carolina Masters, while GAJA was third and FACT was eighth.

Fewer records were broken in the meet than usual, perhaps because of the change in suits. Only 15 individual national records were broken at the meet. Those set by Dixie Zone swimmers were:  
Jamie Marks – FLAQ – 18-24 1500 free, 400 IM  
Vincente Andrade – FLAQ – 18-24 200 Back  
Rick Walker – SYSM – 60-64 800 Free.

All 4 relay records that were broken at the meet were by FLAQ: Two teams broke the Mixed 72-99 200 Medley Relay; Women's 72-99 200 Free Relay, Women's 72-99 200 Medley Relay.

Carolyn Boak of the Woodlands, TX team went 6-for-6 national records and 5 were also world records as she aged up to the 65-69 age group.

## **CORAL SPRINGS LAST CHANCE MEETS**

The Coral Springs SCY Last Chance Meet on May 29 saw one national record broken. The GOLD team of Craig Burns, Pat Sargeant, Barb Protzman, and David Quiggin broke the 55+ mixed 400 free relay record with a time of 3:53.08.

The LCM Last Chance Meet on August 21 saw multiple relay World Records broken:  
240+ Womens 800 Free relay - Jeannie Mitchell, Cathy Mancino, Mo Hughes, Becky Willman  
200+ Womens 800 Free Relay - Pat Sargeant, Chela Devanney, Peggy McDonnell, Biggi Lohberg  
160+ Mixed 800 Free Relay - Larry Caldwell, Debbie Cavanaugh, Ann Stewart, David LeClair  
200+ Womens 400 Medley Relay - Mo Hughes, Birgit Lohberg, Dale LeClair, Pat Sargeant  
240+ Mixed 400 Free Relay - George Schmidt, Barb Protzman, Cathy Mancino, Roger Parsons

200+ Mixed 400 Free Relay - Chris Burt, Peggy McDonnell, Kathleen Casey, John Grzeszczak  
100+ Mens 400 Free Relay - Matt Bellew, Marcos Silveros, Jose Fernandez, Andy Miyares

## **2011 USMS LC NATIONALS**

Auburn Masters Swimming and the James E Martin Aquatics Center at Auburn University are excited to announce that we will host the 2011 Long Course National Championship Meet. The meet dates are August 3-6, 2011.

The Indoor Competition pool at the Aquatics Center has successfully hosted many large competitions, including the 1994, 2003, and 2009 SEC Swimming and Diving Championships, the 1998 Men's and 2003 Women's NCAA Division I Championships, the 1995, 2000 and 2005 US Open Championships, and of course the 2001 and 2007 Dixie Zone SCY Masters Championships. The water depth and flow over gutter system help to make the pool one of the fastest in the world as evidenced by the number of NCAA, American and US Open records set in it. Auburn Masters Swimming also hosts an annual meet every February that is always well attended and well received.

In addition to the Indoor Competition pool, for warm-up and cool down there is an 8 lane 25 yard pool housed in the same building and a 50 meter by 25 meter outdoor pool within a one minute walk of the Aquatics Center building.

Auburn is a 90 minute drive from Atlanta's Hartsfield airport. A regular shuttle bus service connects Auburn and the airport, and the shuttle operators plan to increase capacity to meet expected demand. There will also be shuttle service linking the pool and area hotels, of which there will be no shortage. For those who prefer to drive, there will be ample free parking near the pool.

## **SWIM FOR CLEAN WATER**

The Low County Swimmers for Clean Water from Charleston, SC participated in the Swim Around Key West on June 12. The 5-person relay completed the 12.5 mile swim in an effort to raise money for Water Missions International. The mission of the group is to provide sustainable access to safe water in developing countries and disaster areas. The team included Lynn and Bob Menches, Dana Brown, Sara Mooney, Jeff Garrard and Lesley Fanning.

# USMS Convention — Dallas, TX 2010

<b>Committee Name:</b> Dixie Zone	1
<b>Committee Chair:</b> Debbie Cavanaugh	
<b>Minutes recorded by:</b> Lisa Watson	<b>Date/time of meeting:</b> Thursday, September 16, 2010

**Committee members present:** Debbie Cavanaugh, Lisa Watson, Margie Hutinger, Paul Hutinger, Ed Saltzman, Greta Van Meeteren, Hans Van Meeteren, George Simon, Meegan Wilson, Joan Campbell, Bill Brenner, Rick Walker, Nan DeStafney, Rob Copeland, Matt Hooper, Sean Fitzgerald, Cav Cavanaugh, Barb Protzman, Jonathan Olsen, Jerry Clark, Viki Hill, Maria Elias-Williams, Diane Bartlett, Don Gilchrist, Scott Bay, Jim Matysek, Greg Weber, Anna Lea Matysek, Victor Buehler, Susan Kuhlman

## Minutes

The meeting was called to order at : 8 AM

1. INTRODUCTIONS - The committee members introduced themselves.
2. FINANCIAL REPORT - Debbie reported that we have \$1205.02 in the Dixie Zone account, which is the same amount as last year..
3. **MSA TO APPROVE THE 2009 DIXIE ZONE MINUTES. MSA TO ENDORSE THE FLOOR NOMINATION OF MARIA ELIAS-WILLIAMS FOR AT-LARGE DIRECTOR FROM THE DIXIE ZONE.**
4. NEWSLETTER - Barb Protzman reported that a newsletter will be going out soon after this convention. LMSC's were asked to submit items to Barb for this issue.
5. TOP TEN - Ed Saltzman reported for Top Ten Chair Andy Dyer that Top Ten times are currently up to date.
6. RECORDS – Ed Saltzman reported that SCY, LCM and SCM records have been updated. He asked that all submission of results for Dixie Zone records be made in the proper publication order.
7. PATCHES - Ed Saltzman reported that we have 32 Dixie Zone patches left from our current batch. Once these have been purchased, we will order more with a new design.  
Ed reminded the members to contact him if they would like to purchase a patch. Cost is \$3 per patch.
8. ZONE MEETS  
The SCY and LCM Dixie Zone Championships for 2010 have already been held. Both meets (Orlando and Sarasota) were successful. The SCM Dixie Zone Championship will be held in New Orleans in December. hosted  
2011 Dixie Zone Championship bidders were as follows: SCY – Ft Lauderdale, St Petersburg, Pompano Beach; LCM – Sarasota, Greenville, SC; SCM – Charlotte, NC, Orlando FL; Open Water – Fernandina Beach, FL.  
**MSA TO AWARD THE 2011 DIXIE ZONE SCY CHAMPIONSHIPS TO FT LAUDERDALE.**  
**MSA TO AWARD THE 2011 DIXIE ZONE LCM CHAMPIONSHIPS TO SARASOTA.**  
**MSA TO AWARD THE 2011 DIXIE ZONE SCM CHAMPIONSHIPS TO CHARLOTTE, NC.**  
**MSA TO AWARD THE DIXIE ZONE OPEN WATER CHAMPIONSHIP TO FERNANDINA BEACH, FL.**  
Since the 2011 Dixie Zone SCM Championships were awarded to Charlotte, that presented a conflict with the Orlando SCM meet, which has the same dates. It is currently Dixie Zone policy to avoid conflicts with Dixie Zone Championship meets; a meet host may ask permission to hold their meet on these dates, with the approval from the LMSC chairs of the Dixie Zone.  
**MSA TO ALLOW ORLANDO TO HAVE THEIR SCM MEET ON THE SAME WEEKEND AS THE DIXIE ZONE SCM CHAMPIONSHIPS IN CHARLOTTE.** Rationale for this decision is based on the fact that Orlando and Charlotte are over 500 miles apart.
9. The 2011 Dixie Calendar will be published on the Dixie Zone website at [www.dixiezone.org/meets.htm](http://www.dixiezone.org/meets.htm).
10. OLD BUSINESS – Barb Protzman is Chair of the subcommittee commissioned to establish guidelines for Zone meet. Barb reported that they will be continuing to work on this.
11. NEW BUSINESS  
Mel Goldstein addressed the Dixie Zone about Swim Fest 2011 and anyone interested in hosting this event should contact Mel by October 15. Swim Fest is typically held shortly after SC Nationals and usually attracts 175-200 people. LMSCs are also asked to send coaches to this event and support it as best they can.

12. DISCUSSION OF “HOT” CONVENTION TOPICS – Since this meeting was scheduled as the very first meeting of the convention, no “hot” topics have yet been discussed.

13. ADJOURNMENT - The meeting was adjourned at 8:47 AM.

# DIXIE ZONE CALENDAR

<b>2010</b>		
Oct. 16	SCM	Upper Keys Fall Invite – Key Largo, FL
Oct. 16-17	SCM	Rowdy Gaines Classic - Orlando, FL
Oct. 16-17	SCM	Autumn SCM Meet – Charlotte, NC
Oct. 17	OW	20 <sup>th</sup> Annual Bermuda Around the Sound Swim
Oct. 23-24	SCM	Gulf Coast Fall Splash – Ft. Myers, FL
Oct. 30	SCY	Crimson Tide Sprint Cup – Tuscaloosa, AL
Oct. 30-31	SCM	Columbia, SC
Nov. 13-14	SCM	Bridge the Bay – Sarasota and St Petersburg, FL
Nov. 13-14	SCM	South Carolina SCM Championships – Columbia, SC
Dec. 3-5	SCM	<b>Dixie Zone SCM Championships</b> – New Orleans, LA
Dec. 4-5	SCM	Holiday Classic – Coral Springs, FL
Dec. 11	SCY	Holiday Hoot – Charlotte, NC
<b>2011</b>		
Jan. 14-15	SCY	Crawfish Aquatics Pentathlon – Baton Rouge, LA
Jan. 22-23	SCY	Shark Tank Meet – Sarasota, FL
Jan. 29-30	SCY	Charlotte Masters Sunbelt Championships – Charlotte, NC
Feb. 5-6	SCY	Upper Keys Winter Invitational – Islamorada, FL
Feb. 12-13	SCY	Auburn Masters Invitational – Auburn, AL
Feb. 18-20	SCY	South Carolina SCY Championships – Mt. Pleasant, SC
Feb. 25-27	SCY	<b>Dixie Zone SCY Championships</b> – Ft Lauderdale, FL
Mar. 5	SCY	Frank Clark Masters Open – Greensboro, NC
Mar. 5	SCY	Ocala Marlins Spring Splash – Ocala, FL
Apr. 1-3	SCY	St Pete Masters SCY Championships – St. Pete, FL
Apr. 2-3	SCY	North Carolina SCY Championships – Raleigh, NC
Apr. 7-9,10	SCY	Hammerhead Combo Invitational – Pompano Beach, FL
Apr. 14-17	SCY	YMCA Nationals – Fort Lauderdale, FL
Apr. 28 – May 1	SCY	USMS SCY Nationals – Mesa, AZ
June 10-12	LCM	<b>Dixie Zone LCM Championships/Bumpy Jones</b> – Sarasota, FL
August 3-6	LCM	USMS LCM Nationals – Auburn University, AL
Oct. 15-16	SCM	<b>Dixie Zone SCM Championships</b> – Charlotte, NC

For more calendar details, check out [www.usms.org](http://www.usms.org) and [www.dixiezone.org](http://www.dixiezone.org).  
It is recommended that meet directors post their meet information on the main USMS Calendar as well as on the Dixie Zone Calendar.

<b>Zone Website:</b> <a href="http://www.dixiezone.org">www.dixiezone.org</a>	<b>Zone Chair:</b> Debbie Cavanaugh <a href="mailto:cavdeb@juno.com">cavdeb@juno.com</a>	<b>Newsletter Editor:</b> Barb Protzman <a href="mailto:swimbarb@hotmail.com">swimbarb@hotmail.com</a>	<b>USMS Website:</b> <a href="http://www.usms.org">www.usms.org</a>
--	--	--	--