

2020 Good Life Games - 2/29/2020

Results - Saturday

Women 50-54 50 LC Meter Freestyle

1	Texel, Paula	50	Unattached	31.75
2	Rexroad, Wendy	50	Unattached	39.13

Women 50-54 100 LC Meter Freestyle

1	Texel, Paula	50	Unattached	1:10.41
	33.95	36.46		
2	Rexroad, Wendy	50	Unattached	1:29.98
	42.75	47.23		

Women 50-54 400 LC Meter Freestyle

1	Rexroad, Wendy	50	Unattached	6:51.91
	46.43	50.88	53.86	52.83
			52.52	49.14

Women 50-54 50 LC Meter Backstroke

1	Texel, Paula	50	Unattached	36.73
2	Rexroad, Wendy	50	Unattached	54.42

Women 50-54 100 LC Meter Backstroke

1	Texel, Paula	50	Unattached	1:18.74
	38.12	40.62		

Women 50-54 200 LC Meter Backstroke

1	Westerman, Karen	53	Unattached	2:50.56
	41.21	43.15	43.64	42.56

Women 50-54 50 LC Meter Butterfly

1	Westerman, Karen	53	Unattached	33.86
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Women 50-54 100 LC Meter Butterfly

1	Westerman, Karen	53	Unattached	1:17.89
	38.50	39.39		

Women 50-54 200 LC Meter IM

1	Westerman, Karen	53	Unattached	2:57.52
	38.47	43.63	56.12	39.30

Women 55-59 50 LC Meter Freestyle

1	Clark, Dawn	56	Unattached	35.17
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Women 55-59 100 LC Meter Freestyle

1	Clark, Dawn	56	Unattached	1:16.57
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Women 55-59 200 LC Meter Freestyle

1	Clark, Dawn	56	Unattached	2:46.38
	38.74	42.80	43.02	41.82

Women 55-59 50 LC Meter Backstroke

1	Clark, Dawn	56	Unattached	43.78
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Women 55-59 50 LC Meter Breaststroke

1	Kupan, Cheryl	56	Unattached	49.81
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Women 55-59 50 LC Meter Butterfly

1	Kupan, Cheryl	56	Unattached	41.72
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Women 55-59 100 LC Meter Butterfly

1	Esahak-Gage, Jane	58	Unattached	1:25.56
	41.80	43.76		

Women 55-59 200 LC Meter Butterfly

1	Esahak-Gage, Jane	58	Unattached	3:18.56
	41.83	49.89	52.59	54.25

Women 55-59 200 LC Meter IM

1	Esahak-Gage, Jane	58	Unattached	3:03.48
	40.74	47.70	54.84	40.20
2	Kupan, Cheryl	56	Unattached	3:15.11
	42.82	48.28	1:00.83	43.18

Women 55-59 400 LC Meter IM

1	Esahak-Gage, Jane	58	Unattached	6:21.47
	41.42	45.90	50.73	50.74
	54.88	55.26	42.62	39.92
2	Kupan, Cheryl	56	Unattached	7:00.45
	47.72	52.34	51.83	50.22
	1:05.23	1:03.49	45.26	44.36

Women 60-64 50 LC Meter Freestyle

1	Tokayer, Susan	60	Unattached	32.38
2	Hartter, Elayne	61	Unattached	39.48
3	Moucha, Sue	62	Unattached	1:23.10

Women 60-64 100 LC Meter Freestyle

1	Moucha, Sue	62	Unattached	3:06.82
	1:26.41	1:40.41		

Women 60-64 200 LC Meter Freestyle

1	Steinmann, Sharon	62	Unattached	2:54.83
	40.26	43.76	45.92	44.89
2	Hartter, Elayne	61	Unattached	3:20.75
	43.83	51.01	54.04	51.87
3	Moucha, Sue	62	Unattached	5:52.17
			1:32.53	1:28.43

Women 60-64 400 LC Meter Freestyle

1	Henderson, Robin	61	Unattached	7:31.52
	50.11	55.02		
	58.68	58.28	58.02	54.66

Women 60-64 50 LC Meter Backstroke

1	Steinmann, Sharon	62	Unattached	47.34
2	Moucha, Sue	62	Unattached	1:23.00

Women 60-64 100 LC Meter Backstroke

1	Steinmann, Sharon	62	Unattached	1:37.33
	47.63	49.70		
2	Moucha, Sue	62	Unattached	2:50.92
	1:22.95	1:27.97		

Women 60-64 200 LC Meter Backstroke

1	Steinmann, Sharon	62	Unattached	3:24.46
	49.62	51.11	52.52	51.21

Women 60-64 50 LC Meter Breaststroke

1	Henderson, Robin	61	Unattached	59.68
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Women 60-64 100 LC Meter Breaststroke

1	Henderson, Robin	61	Unattached	2:09.03
	1:01.20	1:07.83		

Women 60-64 50 LC Meter Butterfly

1	Tokayer, Susan	60	Unattached	35.01
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Women 60-64 100 LC Meter Butterfly

1	Tokayer, Susan	60	Unattached	1:32.12
	41.99	50.13		

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Women 60-64 400 LC Meter IM

1 Tokayer, Susan	60	Unattached	7:13.48
41.37	51.98		
1:03.19	1:06.86	45.26	44.89

Women 65-69 50 LC Meter Freestyle

1 Guins, Ann	67	Unattached	37.38
2 Gipson, Martha	65	Unattached	39.95
3 Russo, Christine	65	Unattached	1:00.27
4 French, Karen	67	Unattached	1:04.83

Women 65-69 100 LC Meter Freestyle

1 McDonnell, Peggy	65	Unattached	1:15.92
36.04	39.88		
2 Gipson, Martha	65	Unattached	1:31.46
43.18	48.28		
3 Dennis, Martha	68	Unattached	1:40.32
48.67	51.65		
4 Costantino, Anne	65	Unattached	2:09.14
1:00.94	1:08.20		
5 French, Karen	67	Unattached	2:32.38
1:11.67	1:20.71		
6 Navaroli, Davenia	68	Unattached	2:54.58
1:25.02	1:29.56		

Women 65-69 200 LC Meter Freestyle

1 McDonnell, Peggy	65	Unattached	2:45.91
38.95	43.02	42.73	41.21
2 Dennis, Martha	68	Unattached	3:31.13
48.67	54.55	55.85	52.06
3 Bayers, Pat	66	Unattached	4:23.98
59.52	1:06.63	1:10.07	1:07.76
4 Russo, Christine	65	Unattached	4:54.03
1:05.36	1:15.79	1:18.73	1:14.15
5 Navaroli, Davenia	68	Unattached	6:16.72
1:27.90	1:33.80	1:42.69	1:32.33

Women 65-69 400 LC Meter Freestyle

1 Gipson, Martha	65	Unattached	7:10.58
48.96	53.16	56.45	55.23
56.00	54.90	55.65	50.23
2 Dennis, Martha	68	Unattached	7:25.92
51.00	55.32	58.02	56.88
58.12	56.31	58.17	52.10
3 Bayers, Pat	66	Unattached	9:05.84
1:00.71	1:09.40	1:07.99	1:11.18
1:09.80	1:10.92	1:06.87	1:08.97
4 Navaroli, Davenia	68	Unattached	12:42.21
1:26.43	1:36.26		
1:37.99	1:33.48	1:36.14	1:33.42

Women 65-69 50 LC Meter Backstroke

1 Guins, Ann	67	Unattached	43.42
2 Costantino, Anne	65	Unattached	1:14.87
3 French, Karen	67	Unattached	1:15.97
4 Navaroli, Davenia	68	Unattached	1:33.59

Women 65-69 100 LC Meter Backstroke

1 Guins, Ann	67	Unattached	1:43.22
53.17	50.05		

2 Stringer, Hartzell	68	Unattached	2:21.98
1:07.83	1:14.15		
3 Bayers, Pat	66	Unattached	2:32.77
1:12.18	1:20.59		
4 Navaroli, Davenia	68	Unattached	3:12.07
1:33.84	1:38.23		

Women 65-69 200 LC Meter Backstroke

1 Bayers, Pat	66	Unattached	5:09.25
1:12.48	1:19.40	1:18.92	1:18.45

Women 65-69 50 LC Meter Breaststroke

1 McDonnell, Peggy	65	Unattached	47.33
2 Gipson, Martha	65	Unattached	52.82
3 Guins, Ann	67	Unattached	53.51
4 Fisher, Helen	68	Unattached	1:00.73
5 Russo, Christine	65	Unattached	1:15.86
6 French, Karen	67	Unattached	1:16.64

Women 65-69 100 LC Meter Breaststroke

1 Gipson, Martha	65	Unattached	1:57.85
54.51	1:03.34		

Women 65-69 200 LC Meter Breaststroke

1 Gipson, Martha	65	Unattached	4:17.81
56.81	1:07.01	1:06.87	1:07.12

Women 65-69 50 LC Meter Butterfly

1 Fisher, Helen	68	Unattached	1:04.91
2 French, Karen	67	Unattached	1:29.30
3 Costantino, Anne	65	Unattached	1:35.22

Women 65-69 100 LC Meter Butterfly

1 Fisher, Helen	68	Unattached	2:29.26
1:07.90	1:21.36		

Women 65-69 200 LC Meter Butterfly

--- Fisher, Helen	68	Unattached	DQ
1:10.17	1:33.03	1:30.35	1:20.93

Women 65-69 200 LC Meter IM

1 McDonnell, Peggy	65	Unattached	3:19.56
41.97	54.29	1:02.29	41.01
2 Dennis, Martha	68	Unattached	4:34.28
1:11.24	1:03.88	2:19.16	
3 Navaroli, Davenia	68	Unattached	9:59.60
2:51.75	1:44.56	3:51.67	1:31.62

Women 65-69 400 LC Meter IM

1 Stringer, Hartzell	68	Unattached	10:02.17
		1:15.77	1:15.23
	1:18.91	1:21.91	1:02.15
			1:01.99

Women 70-74 50 LC Meter Freestyle

1 Patterson, Patricia	74	Unattached	45.39
2 Owen, Mary	73	Unattached	1:00.55
3 Assini, Claudia	72	Unattached	1:20.49
4 Rudisill, Deborah	70	Unattached	1:26.64

Women 70-74 100 LC Meter Freestyle

1 Owen, Mary	73	Unattached	2:21.69
1:06.83	1:14.86		

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Women 90-94 100 LC Meter Backstroke					3	Esahak-Gage, George	62	Unattached		6:11.43
1	Campbell, Joan	90	Unattached	3:05.85		43.83	46.56	47.52	46.92	
	1:29.25	1:36.60				46.98	47.14	46.92	45.56	
Men 50-54 200 LC Meter Freestyle					Men 60-64 50 LC Meter Backstroke					
1	Bouyoucas, William	52	Unattached	2:28.03	1	Securo, Joe	64	Unattached		40.60
	34.81	37.83	37.53	37.86	Men 60-64 100 LC Meter Backstroke					
Men 50-54 400 LC Meter Freestyle					1	Securo, Joe	64	Unattached		1:29.07
1	Bouyoucas, William	52	Unattached	5:10.97		44.05	45.02			
	35.08	39.17	38.86	40.18	Men 60-64 200 LC Meter Backstroke					
	39.12	40.25	39.19	39.12	1	Securo, Joe	64	Unattached		3:15.69
Men 55-59 200 LC Meter Freestyle						48.12	49.97	49.97	47.63	
1	Denault, Charles	57	Unattached	2:40.87	Men 60-64 50 LC Meter Breaststroke					
	35.75	41.61	42.02	41.49	1	Smith, Michael	63	Unattached		37.69
Men 55-59 400 LC Meter Freestyle					2	Matysek, Jim	61	Unattached		40.03
1	Denault, Charles	57	Unattached	5:42.68	3	Esahak-Gage, George	62	Unattached		46.88
	38.08	43.76	43.38	44.77	4	Slockett, Robert	64	Unattached		49.51
	43.31	43.92	43.12	42.34	Men 60-64 100 LC Meter Breaststroke					
Men 55-59 100 LC Meter Backstroke					1	Matysek, Jim	61	Unattached		1:25.66
1	Denault, Charles	57	Unattached	1:26.44		40.60	45.06			
	42.07	44.37	Men 60-64 200 LC Meter Breaststroke							
Men 55-59 200 LC Meter Backstroke					2	Esahak-Gage, George	62	Unattached		1:47.63
1	Denault, Charles	57	Unattached	3:07.53		51.54	56.09			
	44.79	47.17	49.75	45.82	3	Slockett, Robert	64	Unattached		1:52.62
						52.93	59.69			
Men 60-64 50 LC Meter Freestyle					Men 60-64 200 LC Meter Breaststroke					
1	Smith, Michael	63	Unattached	28.48	1	Matysek, Jim	61	Unattached		3:09.63
2	Marion, Stan	60	Unattached	32.61		44.95	49.04	49.29	46.35	
3	Slockett, Robert	64	Unattached	38.01	2	Zabel, Michael L	60	Unattached		3:34.56
Men 60-64 100 LC Meter Freestyle						49.90	54.72	58.14	51.80	
1	Smith, Michael	63	Unattached	1:12.23	Men 60-64 50 LC Meter Butterfly					
	34.62	37.61	Men 60-64 100 LC Meter Butterfly							
2	Marion, Stan	60	Unattached	1:12.79	1	Zabel, Michael L	60	Unattached		1:32.22
	35.28	37.51	Men 60-64 400 LC Meter IM							
3	Esahak-Gage, George	62	Unattached	1:26.38	1	Zabel, Michael L	60	Unattached		6:42.37
	41.02	45.36	Men 65-69 50 LC Meter Freestyle							
4	Slockett, Robert	64	Unattached	1:33.92	1	Patterson, Cliff	68	Unattached		30.89
	41.53	52.39	Men 65-69 100 LC Meter Freestyle							
Men 60-64 200 LC Meter Freestyle					1	Alexander, Rich	65	Unattached		1:14.55
1	Marion, Stan	60	Unattached	2:43.13		35.23	39.32			
	37.11	41.35	44.87	39.80	Men 65-69 200 LC Meter Freestyle					
2	Esahak-Gage, George	62	Unattached	2:59.86	1	Davis, Kern	66	Unattached		2:33.25
	41.43	45.16	47.48	45.79		35.72	39.46	39.74	38.33	
3	Slockett, Robert	64	Unattached	3:33.74	2	Alexander, Rich	65	Unattached		2:42.05
	42.14	51.71	1:01.36	58.53		37.37	41.07	43.23	40.38	
Men 60-64 400 LC Meter Freestyle					Men 65-69 400 LC Meter Freestyle					
1	Zabel, Michael L	60	Unattached	5:52.68	1	Alexander, Rich	65	Unattached		5:58.81
	41.21	45.00	45.60	45.40		41.20	46.86	46.14	46.54	
	46.10	45.48	44.05	39.84		45.49	46.03	44.14	42.41	
2	Marion, Stan	60	Unattached	6:02.43						
	40.89	43.88	47.01	45.87						
	47.81	47.11	47.56	42.30						

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Men 65-69 50 LC Meter Backstroke

1	Patterson, Cliff	68	Unattached	39.40
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Men 65-69 100 LC Meter Backstroke

1	Nixon, John	65	Unattached	1:20.88
	39.28	41.60		

Men 65-69 200 LC Meter Backstroke

1	Nixon, John	65	Unattached	3:02.02
	42.39	47.16	47.28	45.19

Men 65-69 50 LC Meter Breaststroke

1	Antequera, Andres	67	Unattached	45.80
2	Zellner, Michael	65	Unattached	57.38

Men 65-69 100 LC Meter Breaststroke

1	Nixon, John	65	Unattached	1:35.58
	46.45	49.13		
2	Antequera, Andres	67	Unattached	1:41.63
	48.68	52.95		
3	Zellner, Michael	65	Unattached	2:07.62
	55.95	1:11.67		

Men 65-69 50 LC Meter Butterfly

1	Patterson, Cliff	68	Unattached	33.54
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Men 65-69 100 LC Meter Butterfly

1	Davis, Kern	66	Unattached	1:21.05
	37.85	43.20		

Men 65-69 200 LC Meter Butterfly

1	Davis, Kern	66	Unattached	3:18.67
	45.53	51.40	52.56	49.18

Men 65-69 200 LC Meter IM

1	Davis, Kern	66	Unattached	2:58.49
	51.81	39.03		

Men 65-69 400 LC Meter IM

1	Davis, Kern	66	Unattached	6:27.43
	44.87	49.55	53.42	51.51
	53.41	54.38	41.39	38.90
2	Nixon, John	65	Unattached	6:43.18
	44.99	53.45	51.26	51.13
	55.71	55.66	47.13	43.85

Men 70-74 50 LC Meter Freestyle

1	Fross, Jack	70	Unattached	34.41
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Men 70-74 100 LC Meter Freestyle

1	Fross, Jack	70	Unattached	1:24.47
	39.95	44.52		

Men 70-74 50 LC Meter Backstroke

1	Cothren, Jack	71	Unattached	40.94
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Men 70-74 100 LC Meter Backstroke

1	Cothren, Jack	71	Unattached	1:30.51
	44.52	45.99		

Men 70-74 200 LC Meter Backstroke

1	Cothren, Jack	71	Unattached	3:22.67
	47.73	52.09	53.74	49.11

Men 70-74 50 LC Meter Butterfly

1	Fross, Jack	70	Unattached	44.86
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Men 75-79 50 LC Meter Backstroke

1	Freshley, Mike	79	Unattached	50.97
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Men 75-79 100 LC Meter Breaststroke

1	Freshley, Mike	79	Unattached	1:47.14
	49.64	57.50		

Men 75-79 200 LC Meter Breaststroke

1	Freshley, Mike	79	Unattached	3:57.54
	55.40	59.29	1:03.42	59.43

Men 75-79 50 LC Meter Butterfly

1	Freshley, Mike	79	Unattached	48.59
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Men 75-79 200 LC Meter Butterfly

1	Winokur, Eliot	76	Unattached	4:20.80
	52.78	1:05.62	1:11.89	1:10.51

Men 75-79 200 LC Meter IM

1	Freshley, Mike	79	Unattached	3:53.86
	54.01		52.12	

Men 75-79 400 LC Meter IM

1	Freshley, Mike	79	Unattached	8:22.56
	53.52	1:10.41	1:09.56	1:11.19
	1:01.79	1:03.44	55.08	57.57

Men 80-84 50 LC Meter Freestyle

1	Oakes, David	80	Unattached	37.56
2	Dively, Michael	82	Unattached	42.24
3	Boehm, Jack	80	Unattached	46.79

Men 80-84 100 LC Meter Freestyle

1	Dively, Michael	82	Unattached	1:42.27
	45.73	56.54		

Men 80-84 50 LC Meter Backstroke

1	Oakes, David	80	Unattached	44.75
2	Boehm, Jack	80	Unattached	57.13
3	Dively, Michael	82	Unattached	1:00.39

Men 80-84 100 LC Meter Backstroke

1	Oakes, David	80	Unattached	1:45.66
	51.21	54.45		
2	Boehm, Jack	80	Unattached	2:00.31
3	Dively, Michael	82	Unattached	2:14.24
	1:02.75	1:11.49		

Men 80-84 200 LC Meter Backstroke

1	Boehm, Jack	80	Unattached	4:19.41
	1:02.84	1:06.15	1:06.36	1:04.06

Men 80-84 50 LC Meter Breaststroke

1	Dively, Michael	82	Unattached	1:04.69
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Men 85-89 50 LC Meter Freestyle

1	Cavanaugh, Cav	85	Unattached	37.76
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Men 85-89 100 LC Meter Freestyle

1	Cavanaugh, Cav	85	Unattached	1:34.81
	45.84	48.97		

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Men 85-89 200 LC Meter Freestyle

1	Cavanaugh, Cav	85	Unattached		3:43.18
	54.70	57.21	58.05	53.22	