

## Atlanta Rainbow Trout St Nicholas SCM Masters - 12/9/2023

Sanction #: 452-S006

## Results

**Women 18-24 50 SC Meter Freestyle**

1	Griffith, Kayla	24	Atlanta Rainbow-45	39.75
---	Crowe, Misty	22	Nautical Milers-45	NS

**Women 18-24 100 SC Meter Freestyle**

1	Griffith, Kayla	24	Atlanta Rainbow-45	1:25.68
	40.49	1:25.68		
---	Crowe, Misty	22	Nautical Milers-45	NS

**Women 18-24 50 SC Meter Backstroke**

---	Crowe, Misty	22	Nautical Milers-45	NS
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**Women 18-24 50 SC Meter Breaststroke**

1	Griffith, Kayla	24	Atlanta Rainbow-45	49.75
---	Crowe, Misty	22	Nautical Milers-45	NS

**Women 18-24 100 SC Meter Breaststroke**

1	Griffith, Kayla	24	Atlanta Rainbow-45	1:52.95
	51.91	1:52.95		
---	Crowe, Misty	22	Nautical Milers-45	NS

**Women 18-24 200 SC Meter IM**

1	Griffith, Kayla	24	Atlanta Rainbow-45	3:34.97
	49.75	1:42.24	2:45.23	3:34.97

**Women 25-29 50 SC Meter Freestyle**

1	Brady, Parker	26	DeKalb Aquatics-45	32.74
---	Christy, Jamie	28	Dynamo Swim Club-45	NS

**Women 25-29 100 SC Meter Freestyle**

1	Hall, Leah	29	Augusta Recreati-45	1:07.22
	31.49	1:07.22		
2	Brady, Parker	26	DeKalb Aquatics-45	1:12.77
	33.38	1:12.77		

**Women 25-29 200 SC Meter Freestyle**

1	Beem, Anna	27	Nautical Milers-45	3:37.04
	48.49	1:45.20	2:43.52	3:37.04
---	Hall, Leah	29	Augusta Recreati-45	NS

**Women 25-29 400 SC Meter Freestyle**

1	Beem, Anna	27	Nautical Milers-45	7:51.15
	49.93	1:49.53	2:50.53	3:49.47
	4:49.95	5:51.75	6:51.55	7:51.15

**Women 25-29 800 SC Meter Freestyle**

1	Beem, Anna	27	Nautical Milers-45	15:22.09
	46.88	1:42.46	2:40.38	3:38.29
	4:37.71	5:37.61	6:37.93	7:37.23
	8:37.05	9:37.72	10:36.78	11:34.81
	12:30.99	13:32.19	14:29.15	15:22.09
---	Hall, Leah	29	Augusta Recreati-45	NS

**Women 25-29 50 SC Meter Backstroke**

1	Brady, Parker	26	DeKalb Aquatics-45	36.02
2	Hall, Leah	29	Augusta Recreati-45	36.26

**Women 25-29 100 SC Meter Backstroke**

1	Hall, Leah	29	Augusta Recreati-45	1:20.52
	37.00	1:20.52		
2	Brady, Parker	26	DeKalb Aquatics-45	1:21.60
	38.64	1:21.60		

**Women 25-29 50 SC Meter Breaststroke**

1	Christy, Jamie	28	Dynamo Swim Club-45	34.73
2	Beem, Anna	27	Nautical Milers-45	59.79

**Women 25-29 100 SC Meter Breaststroke**

1	Beem, Anna	27	Nautical Milers-45	2:12.57
	1:02.58	2:12.57		
---	Christy, Jamie	28	Dynamo Swim Club-45	NS

**Women 25-29 50 SC Meter Butterfly**

1	Sills, Eleanor	28	UC14	30.21
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**Women 25-29 100 SC Meter Butterfly**

1	Sills, Eleanor	28	UC14	1:06.25
	30.57	1:06.25		

**Women 25-29 200 SC Meter Butterfly**

---	Sills, Eleanor	28	UC14	NS
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**Women 25-29 200 SC Meter IM**

1	Sills, Eleanor	28	UC14	2:32.18
	30.94	1:10.32	1:56.12	2:32.18

**Women 35-39 50 SC Meter Freestyle**

1	O'Leary, Britta	39	Atlanta Water Jo-45	26.72
2	Kuuskoski, Amy	35	Dynamo Swim Club-45	28.40
3	Casanova, Tracy	38	Augusta Recreati-45	44.72

**Women 35-39 50 SC Meter Backstroke**

1	Lesak, Lisa	36	Augusta Recreati-45	34.84
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**Women 35-39 100 SC Meter Backstroke**

1	Lesak, Lisa	36	Augusta Recreati-45	1:19.92
	38.69	1:19.92		

**Women 35-39 50 SC Meter Breaststroke**

1	O'Leary, Britta	39	Atlanta Water Jo-45	34.58
2	Kuuskoski, Amy	35	Dynamo Swim Club-45	37.67
3	Casanova, Tracy	38	Augusta Recreati-45	51.73

**Women 35-39 100 SC Meter Breaststroke**

1	Casanova, Tracy	38	Augusta Recreati-45	1:57.85
	55.65	1:57.85		

**Women 35-39 200 SC Meter Breaststroke**

1	Casanova, Tracy	38	Augusta Recreati-45	4:09.81
	55.31	1:59.46	3:04.80	4:09.81

**Women 35-39 50 SC Meter Butterfly**

1	O'Leary, Britta	39	Atlanta Water Jo-45	31.40
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**Women 35-39 100 SC Meter IM**

1	Lesak, Lisa	36	Augusta Recreati-45	1:18.85
	35.91	1:18.85		
2	Casanova, Tracy	38	Augusta Recreati-45	1:49.25
	52.47	1:49.25		

**Women 35-39 200 SC Meter IM**

1	O'Leary, Britta	39	Atlanta Water Jo-45	2:25.75
	31.40	1:08.77	1:50.70	2:25.75
2	Lesak, Lisa	36	Augusta Recreati-45	2:49.99
	38.13	1:22.15	2:10.65	2:49.99

## Atlanta Rainbow Trout St Nicholas SCM Masters - 12/9/2023

Sanction #: 452-S006

## Results

**Women 40-44 50 SC Meter Freestyle**

1	Roath, Katie	42	Athens Bulldog S-45	28.25
2	Horvath, Aubrey	41	Dynamo Swim Club-45	29.83
3	Domingues, Luisa	41	Athens Bulldog S-45	40.22
4	Fink, Ally	44	Life Time Swim G-45	44.26

**Women 40-44 100 SC Meter Freestyle**

1	Templin, Laura	41	Athens Bulldog S-45	1:06.32
	31.05	1:06.32		
2	Horvath, Aubrey	41	Dynamo Swim Club-45	1:09.66
	33.24	1:09.66		
3	Kim, Sophie	40	UC14	1:18.04
	36.74	1:18.04		
---	Davidson, Danielle	42	Augusta Recreati-45	NS

**Women 40-44 400 SC Meter Freestyle**

1	Roath, Katie	42	Athens Bulldog S-45	5:07.24
	33.70	1:11.77	1:50.88	2:30.80
	3:11.28	3:51.62	4:31.38	5:07.24
---	Holland, Irish	43	North Carolina M-13	NS

**Women 40-44 800 SC Meter Freestyle**

1	Stutz, Kathleen	41	Swim Fort Lauder-50	12:49.63
	43.82	1:31.77	2:20.12	3:08.31
	3:56.48	4:44.97	5:33.78	6:22.48
	7:11.79	8:00.89	8:49.96	9:38.78
	10:27.44	11:15.46	12:03.41	12:49.63
2	Davidson, Danielle	42	Augusta Recreati-45	13:43.12
	45.44	1:35.63	2:26.46	3:18.28
	4:10.88	5:03.39	5:55.86	6:49.77
	7:43.59	8:37.36	9:29.21	10:21.33
	11:12.65	12:03.20	12:54.66	13:43.12
---	Holland, Irish	43	North Carolina M-13	NS

**Women 40-44 50 SC Meter Backstroke**

1	Roath, Katie	42	Athens Bulldog S-45	35.34
2	Domingues, Luisa	41	Athens Bulldog S-45	50.02
3	Fink, Ally	44	Life Time Swim G-45	54.01

**Women 40-44 100 SC Meter Backstroke**

1	Fallucco, Elise	44	Bolles School Sh-14	1:18.55
	38.11	1:18.55		

**Women 40-44 200 SC Meter Backstroke**

1	Kim, Sophie	40	UC14	3:22.39
	45.94	1:36.88	2:30.46	3:22.39
---	Fallucco, Elise	44	Bolles School Sh-14	NS

**Women 40-44 50 SC Meter Breaststroke**

1	Roath, Katie	42	Athens Bulldog S-45	37.61
2	Horvath, Aubrey	41	Dynamo Swim Club-45	43.03
3	Stutz, Kathleen	41	Swim Fort Lauder-50	48.33
4	Fink, Ally	44	Life Time Swim G-45	51.29
5	Domingues, Luisa	41	Athens Bulldog S-45	55.32
---	Fallucco, Elise	44	Bolles School Sh-14	NS

**Women 40-44 100 SC Meter Breaststroke**

1	Holland, Irish	43	North Carolina M-13	1:21.31
	38.76	1:21.31		

2	Fallucco, Elise	44	Bolles School Sh-14	1:29.14
	41.90	1:29.14		
3	Fink, Ally	44	Life Time Swim G-45	1:52.34
	53.93	1:52.34		

**Women 40-44 200 SC Meter Breaststroke**

1	Cochran, Susan	44	Athens Bulldog S-45	2:58.19
	40.75	1:25.56	2:11.15	2:58.19
2	Fallucco, Elise	44	Bolles School Sh-14	3:06.83
	43.00	1:30.46	2:18.70	3:06.83
3	Kim, Sophie	40	UC14	3:39.87
	49.38	1:44.69	2:42.42	3:39.87

**Women 40-44 50 SC Meter Butterfly**

1	Cochran, Susan	44	Athens Bulldog S-45	34.69
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**Women 40-44 100 SC Meter Butterfly**

1	Holland, Irish	43	North Carolina M-13	1:08.58
	32.26	1:08.58		
2	Cochran, Susan	44	Athens Bulldog S-45	1:16.57
	36.22	1:16.57		
3	Stutz, Kathleen	41	Swim Fort Lauder-50	1:36.99
	46.41	1:36.99		

**Women 40-44 200 SC Meter Butterfly**

1	Stutz, Kathleen	41	Swim Fort Lauder-50	3:42.62
	53.45	1:50.86	2:47.33	3:42.62

**Women 40-44 100 SC Meter IM**

1	Roath, Katie	42	Athens Bulldog S-45	1:11.53
	34.32	1:11.53		
2	Templin, Laura	41	Athens Bulldog S-45	1:12.26
	34.03	1:12.26		
3	Cochran, Susan	44	Athens Bulldog S-45	1:20.27
	38.77	1:20.27		
4	Fink, Ally	44	Life Time Swim G-45	1:51.96
	57.40	1:51.96		

**Women 40-44 200 SC Meter IM**

1	Templin, Laura	41	Athens Bulldog S-45	2:42.33
	34.41	1:17.55	2:04.50	2:42.33
2	Kim, Sophie	40	UC14	3:21.95
3	Stutz, Kathleen	41	Swim Fort Lauder-50	3:22.42
	46.59	1:42.99	2:38.73	3:22.42
---	Holland, Irish	43	North Carolina M-13	NS

**Women 40-44 400 SC Meter IM**

1	Templin, Laura	41	Athens Bulldog S-45	6:16.36
	42.72	1:31.39	2:19.52	3:09.43
	3:58.45	4:51.58	5:34.18	6:16.36
2	Kim, Sophie	40	UC14	7:20.99
	50.79	1:49.99	2:46.70	
	4:43.69	5:44.96	6:34.12	7:20.99

**Women 45-49 100 SC Meter Freestyle**

1	Ague, Amanda	48	Stingrays Master-45	1:09.46
	33.52	1:09.46		
2	Knight, Andrea	49	Atlanta Rainbow-45	1:32.94
	44.80	1:32.94		

## Atlanta Rainbow Trout St Nicholas SCM Masters - 12/9/2023

Sanction #: 452-S006

## Results

**Women 45-49 200 SC Meter Freestyle**

1	Ague, Amanda	48	Stingrays Master-45	2:31.80
	35.64	1:13.51	1:52.76	2:31.80

**Women 45-49 400 SC Meter Freestyle**

1	Ague, Amanda	48	Stingrays Master-45	5:56.61
	39.58	1:23.21	2:08.58	2:54.07
	3:39.63	4:25.73	5:11.94	5:56.61
2	Knight, Andrea	49	Atlanta Rainbow-45	7:21.27
	46.52	1:40.81	2:37.57	3:35.25
	4:32.77	5:31.13	6:26.66	7:21.27

**Women 45-49 100 SC Meter Backstroke**

1	Ague, Amanda	48	Stingrays Master-45	1:27.29
	42.61	1:27.29		
2	Knight, Andrea	49	Atlanta Rainbow-45	1:44.50
	49.81	1:44.50		

**Women 45-49 200 SC Meter Backstroke**

1	Ague, Amanda	48	Stingrays Master-45	3:04.90
	43.26	1:29.63	2:17.23	3:04.90

**Women 45-49 50 SC Meter Breaststroke**

---	Dwyer, Erin	47	Stingrays Master-45	NS
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**Women 45-49 100 SC Meter Breaststroke**

1	Knight, Andrea	49	Atlanta Rainbow-45	1:49.37
	51.38	1:49.37		

**Women 45-49 200 SC Meter Breaststroke**

---	Dwyer, Erin	47	Stingrays Master-45	NS
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**Women 45-49 50 SC Meter Butterfly**

---	Dwyer, Erin	47	Stingrays Master-45	NS
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**Women 45-49 100 SC Meter IM**

---	Dwyer, Erin	47	Stingrays Master-45	NS
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**Women 45-49 200 SC Meter IM**

---	Dwyer, Erin	47	Stingrays Master-45	NS
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**Women 50-54 50 SC Meter Freestyle**

1	Braun, Erika	51	North Carolina M-13	27.30
2	Bancroft, Caren	53	Life Time Swim G-45	35.42
3	Greene, Dana	54	North Carolina M-13	40.80

**Women 50-54 100 SC Meter Freestyle**

1	Hall, Marilyn	54	Athens Bulldog S-45	1:16.86
	36.41	1:16.86		
2	Bancroft, Caren	53	Life Time Swim G-45	1:19.30
	38.08	1:19.30		
3	Greene, Dana	54	North Carolina M-13	1:37.65
	45.55	1:37.65		
4	Batka, Jennifer	54	Chastain Park At-45	1:40.70
	47.09	1:40.70		

**Women 50-54 200 SC Meter Freestyle Split Requests-200**

1	Braun, Erika	51	North Carolina M-13	2:11.84
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**Women 50-54 200 SC Meter Freestyle**

1	Dussliere, Julie	51	Swim Fort Lauder-50	2:44.26
	38.39	1:19.63	2:02.21	2:44.26

2	Greene, Dana	54	North Carolina M-13	3:34.20
	46.41	1:41.05	2:38.58	3:34.20
3	Batka, Jennifer	54	Chastain Park At-45	3:38.72
	50.36	1:46.17	2:43.83	3:38.72

**Women 50-54 400 SC Meter Freestyle**

1	Hall, Marilyn	54	Athens Bulldog S-45	5:53.92
	39.68	1:22.84	2:07.42	2:52.54
	3:37.77	4:23.22	5:09.11	5:53.92
2	Jones, Cathy	52	Georgia Masters-45	6:18.71
	43.60	1:33.48	2:22.32	3:11.32
	3:59.39	4:46.82	5:33.71	6:18.71
3	Gerbovaz, Sylvia	50	Atlanta Rainbow-45	8:09.69
	53.06	1:53.60	2:55.78	3:58.40
	5:02.23	6:05.20	7:09.96	8:09.69
---	Greene, Dana	54	North Carolina M-13	NS

**Women 50-54 400 SC Meter Freestyle Split Requests-400**

1	Dussliere, Julie	51	Swim Fort Lauder-50	5:37.46
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**Women 50-54 800 SC Meter Freestyle**

1	Dussliere, Julie	51	Swim Fort Lauder-50	11:27.47
	38.57	1:19.64	2:01.85	2:44.16
	3:27.04	4:10.08	4:53.53	5:37.46
	6:20.70	7:04.04	7:47.68	8:32.11
	9:16.17	10:00.62	10:44.46	11:27.47
2	Hall, Marilyn	54	Athens Bulldog S-45	11:38.73
	38.00	1:18.38	2:00.73	2:44.69
	3:29.22	4:14.11	4:58.79	5:43.60
	6:28.66	7:13.63	7:58.16	8:42.50
	9:27.00	10:11.73	10:55.85	11:38.73
3	Jones, Cathy	52	Georgia Masters-45	12:39.03
	42.17	1:29.25	2:17.22	3:05.67
	3:53.92	4:42.23	5:31.18	6:19.53
	7:07.78	7:55.78	8:43.87	9:31.46
	10:19.27	11:06.66	11:53.74	12:39.03
4	Braun, Erika	51	North Carolina M-13	14:30.23
	30.27	1:03.12	1:37.03	2:11.84
	4:20.48	5:34.24	6:31.54	7:29.97
	8:27.88	9:22.49	10:16.85	11:08.92
	12:00.47	12:53.18	13:41.19	14:30.23

**Women 50-54 50 SC Meter Backstroke**

1	Westing, Ellen	50	Dynamo Swim Club-45	42.32
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**Women 50-54 200 SC Meter Backstroke**

1	Dussliere, Julie	51	Swim Fort Lauder-50	3:07.22
	45.33	1:33.18	2:20.27	3:07.22
2	Jones, Cathy	52	Georgia Masters-45	3:23.08
	49.57	1:42.24	2:35.00	3:23.08

**Women 50-54 50 SC Meter Breaststroke**

1	Braun, Erika	51	North Carolina M-13	35.01
2	Westing, Ellen	50	Dynamo Swim Club-45	44.56

**Women 50-54 200 SC Meter Breaststroke**

1	Dussliere, Julie	51	Swim Fort Lauder-50	3:20.33
	47.00	1:37.16	2:29.49	3:20.33

**Women 50-54 50 SC Meter Butterfly**

1	Bancroft, Caren	53	Life Time Swim G-45	46.43
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## Atlanta Rainbow Trout St Nicholas SCM Masters - 12/9/2023

Sanction #: 452-S006

## Results

**(Women 50-54 50 SC Meter Butterfly)**

2	Batka, Jennifer	54	Chastain Park At-45	56.84
3	Gerbovaz, Sylvia	50	Atlanta Rainbow-45	58.47

**Women 50-54 100 SC Meter Butterfly**

1	Jones, Cathy	52	Georgia Masters-45	1:36.45
				45.16 1:36.45
---	Braun, Erika	51	North Carolina M-13	DNF
				29.50

**Women 50-54 100 SC Meter Butterfly Split Req - 100 Fly**

1	Dussliere, Julie	51	Swim Fort Lauder-50	1:30.23
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**Women 50-54 100 SC Meter IM**

1	Braun, Erika	51	North Carolina M-13	1:07.71
				31.31 1:07.71
2	Westing, Ellen	50	Dynamo Swim Club-45	1:29.37
				42.57 1:29.37
3	Hall, Marilyn	54	Athens Bulldog S-45	1:33.43
				43.68 1:33.43
4	Bancroft, Caren	53	Life Time Swim G-45	1:42.31
				47.61 1:42.31
5	Gerbovaz, Sylvia	50	Atlanta Rainbow-45	2:05.83
				1:00.20 2:05.83

**Women 50-54 200 SC Meter IM**

1	Jones, Cathy	52	Georgia Masters-45	3:14.68
				45.24 1:36.36 2:32.79 3:14.68
2	Hall, Marilyn	54	Athens Bulldog S-45	3:16.33
				43.82 1:36.85 2:33.61 3:16.33
3	Bancroft, Caren	53	Life Time Swim G-45	3:43.69
				50.57 1:46.36 2:57.38 3:43.69

**Women 50-54 400 SC Meter IM**

1	Dussliere, Julie	51	Swim Fort Lauder-50	6:22.93
				40.96 1:30.23 2:20.61 3:10.12 4:00.98 4:54.91 5:39.25 6:22.93

**Women 55-59 50 SC Meter Freestyle**

1	Rogan, Pam	55	Athens Bulldog S-45	30.64
2	Cahill, Leslie	59	Chastain Park At-45	42.46
3	Symonds, Jeannie	55	UC45	1:02.87
---	Johnson, Laura	56	Southside Seals-45	NS

**Women 55-59 100 SC Meter Freestyle**

1	Rogan, Pam	55	Athens Bulldog S-45	1:05.90
				31.20 1:05.90
2	Chalmers, Gayla	58	Athens Bulldog S-45	1:26.76
				41.23 1:26.76
3	Symonds, Jeannie	55	UC45	2:24.37
				1:03.41 2:24.37
---	Johnson, Laura	56	Southside Seals-45	NS

**Women 55-59 200 SC Meter Freestyle Split Requests-200**

1	Countryman, Marianne	59	Atlanta Water Jo-45	2:36.72
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**Women 55-59 200 SC Meter Freestyle**

1	Kupan, Cheryl	59	St Pete Masters-14	2:53.59
				42.07 1:25.23 2:09.81 2:53.59

2	Symonds, Jeannie	55	UC45	5:10.22
				1:08.57 2:26.91 3:49.48 5:10.22
---	Chalmers, Gayla	58	Athens Bulldog S-45	DNF

**Women 55-59 400 SC Meter Freestyle Split Requests-400**

1	Countryman, Marianne	59	Atlanta Water Jo-45	5:19.61
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**Women 55-59 800 SC Meter Freestyle**

1	Countryman, Marianne	59	Atlanta Water Jo-45	10:44.82
				36.32 1:15.72 1:56.38 2:36.72 3:17.54 3:58.10 4:39.00 5:19.61 6:00.11 6:40.83 7:21.37 8:02.25 8:43.17 9:24.02 10:04.95 10:44.82
2	Chalmers, Gayla	58	Athens Bulldog S-45	13:26.57
				45.54 1:35.94 2:26.66 3:17.64 4:09.03 5:01.26 5:52.66 6:43.53 7:34.41 8:25.29 9:15.75 10:06.51 10:57.29 11:47.45 12:38.19 13:26.57

**Women 55-59 100 SC Meter Backstroke**

1	Kupan, Cheryl	59	St Pete Masters-14	1:31.65
				45.12 1:31.65

**Women 55-59 200 SC Meter Backstroke**

1	Countryman, Marianne	59	Atlanta Water Jo-45	3:03.50
				42.67 1:28.97 2:17.22 3:03.50

**Women 55-59 50 SC Meter Breaststroke**

1	Cahill, Leslie	59	Chastain Park At-45	54.65
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**Women 55-59 50 SC Meter Butterfly**

1	Countryman, Marianne	59	Atlanta Water Jo-45	36.84
2	Kupan, Cheryl	59	St Pete Masters-14	46.55
3	Cahill, Leslie	59	Chastain Park At-45	49.82
---	Johnson, Laura	56	Southside Seals-45	NS
---	Chalmers, Gayla	58	Athens Bulldog S-45	NS

**Women 55-59 100 SC Meter Butterfly**

---	Countryman, Marianne	59	Atlanta Water Jo-45	NS
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**Women 55-59 100 SC Meter IM**

1	Rogan, Pam	55	Athens Bulldog S-45	1:19.67
				37.25 1:19.67
2	Countryman, Marianne	59	Atlanta Water Jo-45	1:26.24
				39.55 1:26.24

**Women 55-59 200 SC Meter IM**

1	Rogan, Pam	55	Athens Bulldog S-45	2:51.85
				37.35 1:21.26 2:14.13 2:51.85
2	Kupan, Cheryl	59	St Pete Masters-14	3:20.39
				47.22 1:36.55 2:37.33 3:20.39

**Women 55-59 400 SC Meter IM**

---	Kupan, Cheryl	59	St Pete Masters-14	NS
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**Women 60-64 50 SC Meter Freestyle**

1	Ingold, Barbara	64	Augusta Recreati-45	46.12
2	Coleman, DeLise	62	Andrew and Walte-45	47.91
---	Ferguson, Ginny	64	Chastain Park At-45	NS

**Women 60-64 100 SC Meter Freestyle**

1	Welling, Karol	62	Southside Seals-45	1:31.16
				42.91 1:31.16

## Atlanta Rainbow Trout St Nicholas SCM Masters - 12/9/2023

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## Results

**(Women 60-64 100 SC Meter Freestyle)**

2	Ingold, Barbara	64	Augusta Recreati-45	1:43.85
	47.60	1:43.85		
3	Coleman, DeLise	62	Andrew and Walte-45	1:55.32
	52.78	1:55.32		

**Women 60-64 200 SC Meter Freestyle**

1	Coleman, DeLise	62	Andrew and Walte-45	4:39.62
	56.58	2:10.60	3:27.11	4:39.62

**Women 60-64 400 SC Meter Freestyle**

1	Coleman, DeLise	62	Andrew and Walte-45	9:42.22
	58.65	2:14.49	3:34.77	4:55.22
	6:10.72	7:23.72	8:37.15	9:42.22

**Women 60-64 800 SC Meter Freestyle**

1	Ingold, Barbara	64	Augusta Recreati-45	17:28.88
	54.72	1:56.49	3:00.96	4:05.13
	5:09.46	6:14.37	7:21.97	8:29.73
	9:35.67	10:43.25	11:52.24	13:00.58
	14:08.83	15:15.32	16:26.10	17:28.88
2	Coleman, DeLise	62	Andrew and Walte-45	19:37.81
	57.31	2:11.17	3:32.81	4:51.84
	6:06.82	7:26.19	8:44.17	9:59.15
	11:15.38	12:30.54	13:42.62	14:54.77
	16:11.47	17:23.32	18:33.09	19:37.81

**Women 60-64 50 SC Meter Backstroke**

1	Welling, Karol	62	Southside Seals-45	50.74
2	Ingold, Barbara	64	Augusta Recreati-45	54.64
3	Greely, Kathleen	63	Augusta Recreati-45	55.37
---	Ferguson, Ginny	64	Chastain Park At-45	DQ 59.67

**Women 60-64 100 SC Meter Backstroke**

1	Welling, Karol	62	Southside Seals-45	1:49.74
	52.81	1:49.74		
2	Greely, Kathleen	63	Augusta Recreati-45	2:02.43
	1:00.61	2:02.43		

**Women 60-64 200 SC Meter Backstroke**

1	Welling, Karol	62	Southside Seals-45	3:55.40
	54.52	1:53.32	2:54.63	3:55.40
2	Krugman, Elaine	61	Atlanta Water Jo-45	4:04.96
	58.46	2:01.79	3:04.35	4:04.96

**Women 60-64 50 SC Meter Breaststroke**

1	Krugman, Elaine	61	Atlanta Water Jo-45	52.81
2	Greely, Kathleen	63	Augusta Recreati-45	57.66
3	Ferguson, Ginny	64	Chastain Park At-45	1:02.67

**Women 60-64 100 SC Meter Breaststroke**

1	Greely, Kathleen	63	Augusta Recreati-45	2:06.38
	59.76	2:06.38		

**Women 60-64 50 SC Meter Butterfly**

1	Krugman, Elaine	61	Atlanta Water Jo-45	1:02.94
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**Women 60-64 100 SC Meter Butterfly**

1	Krugman, Elaine	61	Atlanta Water Jo-45	2:23.81
	1:08.23	2:23.81		

**Women 60-64 200 SC Meter Butterfly**

1	Krugman, Elaine	61	Atlanta Water Jo-45	5:26.14
	1:13.23	2:37.06	5:26.14	

**Women 60-64 100 SC Meter IM**

1	Welling, Karol	62	Southside Seals-45	1:55.21
	53.56	1:55.21		
2	Greely, Kathleen	63	Augusta Recreati-45	2:02.12
	59.07	2:02.12		
3	Ingold, Barbara	64	Augusta Recreati-45	2:12.22
	1:00.69	2:12.22		

**Women 65-69 50 SC Meter Freestyle**

1	Aleksa-Parr, Barb	69	UC45	1:12.17
---	Harrison, Patricia	68	Swim Atlanta Mas-45	NS
---	Moak, Mary	67	Palm Beach Maste-50	NS

**Women 65-69 100 SC Meter Freestyle**

1	Moak, Mary	67	Palm Beach Maste-50	1:29.56
	40.39	1:29.56		
2	Cason, Kathleen	69	Athens Bulldog S-45	2:04.13
	58.34	2:04.13		
---	Wakeland, Maureen	65	Atlanta Rainbow-45	NS

**Women 65-69 200 SC Meter Freestyle**

1	Cason, Kathleen	69	Athens Bulldog S-45	4:28.66
	1:00.43	2:07.61	3:22.11	4:28.66
---	Wakeland, Maureen	65	Atlanta Rainbow-45	NS

**Women 65-69 50 SC Meter Backstroke**

1	Larson, Linda	68	Swim Fort Lauder-50	43.95
2	Harrison, Patricia	68	Swim Atlanta Mas-45	46.13
3	Miller, Tawana	68	Andrew and Walte-45	1:19.97

**Women 65-69 100 SC Meter Backstroke**

1	Larson, Linda	68	Swim Fort Lauder-50	1:39.95
	48.78	1:39.95		
2	Miller, Tawana	68	Andrew and Walte-45	3:03.23
	1:21.87	3:03.23		
---	Harrison, Patricia	68	Swim Atlanta Mas-45	NS

**Women 65-69 200 SC Meter Backstroke**

1	Larson, Linda	68	Swim Fort Lauder-50	3:31.97
	50.65	1:44.63	2:38.80	3:31.97
2	Miller, Tawana	68	Andrew and Walte-45	6:54.70
	1:24.71	5:04.38	6:54.70	

**Women 65-69 50 SC Meter Breaststroke**

1	Harrison, Patricia	68	Swim Atlanta Mas-45	46.88
2	Moak, Mary	67	Palm Beach Maste-50	47.18
3	Cason, Kathleen	69	Athens Bulldog S-45	1:03.54

**Women 65-69 100 SC Meter Breaststroke**

1	Harrison, Patricia	68	Swim Atlanta Mas-45	1:48.80
	51.89	1:48.80		
2	Moak, Mary	67	Palm Beach Maste-50	1:50.22
	52.55	1:50.22		

**Women 65-69 200 SC Meter Butterfly**

1	Larson, Linda	68	Swim Fort Lauder-50	4:52.90
	1:08.95	2:25.01	3:40.25	4:52.90

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## Results

**Women 65-69 100 SC Meter IM**

1 Cason, Kathleen 69 Athens Bulldog S-45 2:28.27

**Women 65-69 200 SC Meter IM**1 Larson, Linda 68 Swim Fort Lauder-50 3:56.37  
1:03.87 1:58.33 3:08.19 3:56.37**Women 70-74 50 SC Meter Freestyle**

1 Harris, Deborah 71 Athens Bulldog S-45 1:02.32

**Women 70-74 100 SC Meter Freestyle**

1 Harris, Deborah 71 Athens Bulldog S-45 2:23.72

**Women 70-74 50 SC Meter Backstroke**1 Levinson, Francoise 70 Chastain Park At-45 1:07.99  
--- Harris, Deborah 71 Athens Bulldog S-45 DQ 1:14.45  
--- Reeve, Pat 70 Athens Bulldog S-45 NS**Women 70-74 100 SC Meter Backstroke**1 Levinson, Francoise 70 Chastain Park At-45 2:23.83  
1:08.28 2:23.83  
--- Reeve, Pat 70 Athens Bulldog S-45 NS**Women 70-74 50 SC Meter Breaststroke**1 Levinson, Francoise 70 Chastain Park At-45 57.51  
2 Harris, Deborah 71 Athens Bulldog S-45 1:12.72  
--- Reeve, Pat 70 Athens Bulldog S-45 NS**Women 70-74 100 SC Meter Breaststroke**1 Levinson, Francoise 70 Chastain Park At-45 2:10.35  
1:02.04 2:10.35  
--- Reeve, Pat 70 Athens Bulldog S-45 NS**Women 70-74 200 SC Meter Breaststroke**1 Levinson, Francoise 70 Chastain Park At-45 4:31.62  
1:00.98 2:09.53 3:21.37 4:31.62**Women 75-79 50 SC Meter Freestyle**1 Webb, Linda 78 Swim Fort Lauder-50 42.40  
--- Thomas, Dodi 76 Atlanta Water Jo-45 NS**Women 75-79 100 SC Meter Freestyle**1 Webb, Linda 78 Swim Fort Lauder-50 1:33.34  
44.17 1:33.34**Women 75-79 800 SC Meter Freestyle**1 Thomas, Dodi 76 Atlanta Water Jo-45 21:05.54  
1:01.48 2:19.39 3:40.98 5:03.53  
6:22.97 7:45.43 9:03.50 10:22.41  
11:42.79 13:03.70 14:22.81 15:43.43  
17:05.95 18:27.61 19:47.52 21:05.54**Women 75-79 50 SC Meter Backstroke**

1 Thomas, Dodi 76 Atlanta Water Jo-45 1:04.12

**Women 75-79 50 SC Meter Breaststroke**1 Roark, Frances 77 Auburn Master Sw-15 1:05.77  
2 Thomas, Dodi 76 Atlanta Water Jo-45 1:07.57**Women 75-79 100 SC Meter Breaststroke**1 Roark, Frances 77 Auburn Master Sw-15 2:28.71  
1:09.95 2:28.71**Women 75-79 200 SC Meter Breaststroke**1 Roark, Frances 77 Auburn Master Sw-15 5:17.40  
1:11.55 2:31.29 3:54.77 5:17.40**Women 75-79 50 SC Meter Butterfly**

1 Webb, Linda 78 Swim Fort Lauder-50 54.20

**Women 75-79 100 SC Meter IM**1 Webb, Linda 78 Swim Fort Lauder-50 1:51.38  
53.58 1:51.38  
2 Thomas, Dodi 76 Atlanta Water Jo-45 2:34.92  
1:14.89 2:34.92**Women 75-79 200 SC Meter IM**1 Webb, Linda 78 Swim Fort Lauder-50 4:13.85  
1:01.88 2:07.55 3:19.21 4:13.85**Women 80-84 50 SC Meter Freestyle**

1 Marane, Bentley 80 Dynamo Swim Club-45 57.25

**Women 80-84 100 SC Meter Freestyle**1 Ottosen, Sue 80 Georgia Masters-45 2:48.18  
1:18.44 2:48.18  
--- Haase, Judith 83 Georgia Masters-45 NS**Women 80-84 200 SC Meter Freestyle**

--- Haase, Judith 83 Georgia Masters-45 NS

**Women 80-84 400 SC Meter Freestyle**1 Marane, Bentley 80 Dynamo Swim Club-45 9:31.13  
1:05.15 2:15.94 3:27.93 4:41.13  
5:55.17 7:09.38 8:22.32 9:31.13**Women 80-84 800 SC Meter Freestyle**1 Marane, Bentley 80 Dynamo Swim Club-45 19:08.03  
1:05.72 2:17.28 3:30.93 4:42.96  
5:55.53 7:08.51 8:21.28 9:33.78  
10:46.46 11:58.92 13:11.78 14:25.32  
15:36.53 16:49.23 18:01.16 19:08.03**Women 80-84 50 SC Meter Backstroke**1 Marane, Bentley 80 Dynamo Swim Club-45 1:12.76  
--- Haase, Judith 83 Georgia Masters-45 NS**Women 80-84 100 SC Meter Backstroke**--- Ottosen, Sue 80 Georgia Masters-45 NS  
--- Haase, Judith 83 Georgia Masters-45 NS**Women 80-84 200 SC Meter Backstroke**

--- Haase, Judith 83 Georgia Masters-45 NS

**Women 80-84 50 SC Meter Butterfly**

--- Ottosen, Sue 80 Georgia Masters-45 NS

**Women 80-84 100 SC Meter Butterfly**1 Ottosen, Sue 80 Georgia Masters-45 4:01.30  
1:45.56 4:01.30**Women 80-84 100 SC Meter IM**

--- Ottosen, Sue 80 Georgia Masters-45 NS

**Women 85-89 50 SC Meter Freestyle**

--- Baima, June 89 Georgia Masters-45 NS

## Atlanta Rainbow Trout St Nicholas SCM Masters - 12/9/2023

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## Results

**Women 85-89 100 SC Meter Freestyle**

1	Baima, June	89	Georgia Masters-45	3:01.56
	1:31.74	3:01.56		

**Women 85-89 800 SC Meter Freestyle**

1	Baima, June	89	Georgia Masters-45	27:07.17
	1:32.36	3:13.34	4:50.65	6:33.73
	8:16.04	10:02.07	11:50.68	13:33.30
	15:17.63	17:01.49	18:42.70	20:28.24
	22:11.06	23:54.19	25:29.36	27:07.17

**Women 85-89 50 SC Meter Backstroke**

1	Baima, June	89	Georgia Masters-45	1:30.39
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**Men 18-24 50 SC Meter Freestyle**

1	Kite, Jaxon	23	UC45	24.88
2	Labowski, Nathan	24	Augusta Recreati-45	28.22

**Men 18-24 100 SC Meter Freestyle**

1	Kite, Jaxon	23	UC45	55.92
	25.49	55.92		

**Men 18-24 200 SC Meter Freestyle**

1	Wondaferew, Daniel	22	Nautical Milers-45	2:21.02
	33.70	1:10.82	1:47.46	2:21.02

**Men 18-24 400 SC Meter Freestyle**

1	Wondaferew, Daniel	22	Nautical Milers-45	4:58.18
	34.55	1:12.54	1:50.93	
	3:08.79	3:46.89	4:24.89	4:58.18

**Men 18-24 50 SC Meter Backstroke**

1	Labowski, Nathan	24	Augusta Recreati-45	34.01
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**Men 18-24 50 SC Meter Breaststroke**

1	Wondaferew, Daniel	22	Nautical Milers-45	35.13
2	Labowski, Nathan	24	Augusta Recreati-45	35.57

**Men 18-24 100 SC Meter Breaststroke**

1	Wondaferew, Daniel	22	Nautical Milers-45	1:21.60
	38.40	1:21.60		

**Men 18-24 50 SC Meter Butterfly**

1	Kite, Jaxon	23	UC45	27.00
2	Labowski, Nathan	24	Augusta Recreati-45	31.25

**Men 18-24 100 SC Meter Butterfly**

1	Kite, Jaxon	23	UC45	1:07.75
	29.87	1:07.75		

**Men 18-24 100 SC Meter IM**

1	Labowski, Nathan	24	Augusta Recreati-45	1:13.20
	34.56	1:13.20		

**Men 18-24 200 SC Meter IM**

1	Wondaferew, Daniel	22	Nautical Milers-45	2:40.37
	30.90	1:15.88	2:05.54	2:40.37

**Men 25-29 50 SC Meter Freestyle**

1	Andrews, Harrison	26	Swim Atlanta Mas-45	26.80
2	Jerkovic, Boris	26	Life Time Swim G-45	30.21
3	Douglas, Opio	26	Nautical Milers-45	33.30
---	Wolwark, Nickolas	25	Nautical Milers-45	NS

**Men 25-29 100 SC Meter Freestyle**

1	Andrews, Harrison	26	Swim Atlanta Mas-45	1:00.69
	27.73	1:00.69		
2	Rubin, Jordan	27	Life Time Swim G-45	1:02.73
	28.97	1:02.73		
3	Jerkovic, Boris	26	Life Time Swim G-45	1:05.36
	28.96	1:05.36		
4	Douglas, Opio	26	Nautical Milers-45	1:12.90
5	Wolwark, Nickolas	25	Nautical Milers-45	1:22.84
	39.90	1:22.84		

**Men 25-29 800 SC Meter Freestyle**

1	Andrews, Harrison	26	Swim Atlanta Mas-45	11:34.48
	36.63	1:16.67	1:57.04	2:37.54
	3:18.98	4:02.64	4:46.27	5:31.90
	6:15.72	7:01.89	7:48.37	8:35.25
	9:21.64	10:09.12	10:54.82	11:34.48

**Men 25-29 50 SC Meter Backstroke**

1	Douglas, Opio	26	Nautical Milers-45	42.32
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**Men 25-29 100 SC Meter Backstroke**

1	Andrews, Harrison	26	Swim Atlanta Mas-45	1:10.98
	34.85	1:10.98		

**Men 25-29 50 SC Meter Breaststroke**

1	Jerkovic, Boris	26	Life Time Swim G-45	33.44
2	Wolwark, Nickolas	25	Nautical Milers-45	54.98

**Men 25-29 100 SC Meter Breaststroke**

1	Rubin, Jordan	27	Life Time Swim G-45	1:18.43
	36.25	1:18.43		
2	Jerkovic, Boris	26	Life Time Swim G-45	1:37.82
	45.49	1:37.82		
---	Wolwark, Nickolas	25	Nautical Milers-45	NS

**Men 25-29 50 SC Meter Butterfly**

1	Rubin, Jordan	27	Life Time Swim G-45	29.76
2	Douglas, Opio	26	Nautical Milers-45	35.26

**Men 25-29 100 SC Meter IM**

1	Jerkovic, Boris	26	Life Time Swim G-45	1:11.06
	32.46	1:11.06		
2	Andrews, Harrison	26	Swim Atlanta Mas-45	1:11.74
	33.67	1:11.74		
3	Douglas, Opio	26	Nautical Milers-45	1:25.52
	40.81	1:25.52		

**Men 25-29 200 SC Meter IM**

---	Wolwark, Nickolas	25	Nautical Milers-45	DNF
	43.35			

**Men 30-34 50 SC Meter Freestyle**

1	Stickle, Christopher	33	St Pete Masters-14	26.31
2	Grooms, Jamel	30	Atlanta Rainbow-45	33.58

**Men 30-34 100 SC Meter Freestyle**

1	Stickle, Christopher	33	St Pete Masters-14	56.94
	27.29	56.94		
2	Gibbons, John	34	Atlanta Rainbow-45	1:03.43
	31.00	1:03.43		

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## Results

**(Men 30-34 100 SC Meter Freestyle)**

3	Vihlen, Evan	30	Atlanta Rainbow-45	1:12.44
	33.59	1:12.44		

**Men 30-34 200 SC Meter Freestyle**

1	Gibbons, John	34	Atlanta Rainbow-45	2:30.18
	32.25	1:08.84	1:48.99	2:30.18
2	Jones, Matt	32	Nautical Milers-45	2:56.10
	38.92	1:23.00	2:09.82	2:56.10

**Men 30-34 400 SC Meter Freestyle**

1	Stickle, Christopher	33	St Pete Masters-14	4:27.28
	28.87	1:01.99	1:36.29	2:11.04
	2:45.51	3:20.32	3:54.12	4:27.28

**Men 30-34 50 SC Meter Backstroke**

1	Vihlen, Evan	30	Atlanta Rainbow-45	35.69
2	Tripathi, Shailesh	32	UC45	37.23

**Men 30-34 100 SC Meter Backstroke**

1	Gibbons, John	34	Atlanta Rainbow-45	1:13.02
	35.77	1:13.02		
2	Tripathi, Shailesh	32	UC45	1:16.20
	37.61	1:16.20		

**Men 30-34 200 SC Meter Backstroke**

1	Jones, Matt	32	Nautical Milers-45	3:26.85
	48.44	1:40.27	2:34.07	3:26.85

**Men 30-34 50 SC Meter Breaststroke**

1	Grooms, Jamel	30	Atlanta Rainbow-45	37.19
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**Men 30-34 100 SC Meter Breaststroke**

1	Grooms, Jamel	30	Atlanta Rainbow-45	1:24.77
	39.40	1:24.77		

**Men 30-34 200 SC Meter Breaststroke**

1	Grooms, Jamel	30	Atlanta Rainbow-45	3:26.18
	42.48	1:32.70	2:29.98	3:26.18
2	Jones, Matt	32	Nautical Milers-45	4:44.59
	59.90	2:11.44	3:28.26	4:44.59

**Men 30-34 50 SC Meter Butterfly**

1	Stickle, Christopher	33	St Pete Masters-14	28.61
2	Tripathi, Shailesh	32	UC45	32.24

**Men 30-34 100 SC Meter Butterfly**

1	Stickle, Christopher	33	St Pete Masters-14	1:03.16
	29.36	1:03.16		
2	Tripathi, Shailesh	32	UC45	1:11.62
	32.50	1:11.62		

**Men 30-34 200 SC Meter Butterfly**

1	Jones, Matt	32	Nautical Milers-45	3:50.72
	48.57	1:46.49	2:49.18	3:50.72

**Men 30-34 100 SC Meter IM**

1	Grooms, Jamel	30	Atlanta Rainbow-45	1:24.12
	40.37	1:24.12		

**Men 30-34 400 SC Meter IM**

1	Jones, Matt	32	Nautical Milers-45	7:49.74
	47.38	1:46.56	2:41.46	3:35.00
	4:52.11	6:10.97	7:01.61	7:49.74

**Men 35-39 50 SC Meter Freestyle Split Requests-50FR**

1	Snyder, Dan	39	Swim Atlanta Mas-45	24.19
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**Men 35-39 50 SC Meter Freestyle**

1	Boley, Evan	36	Swim Atlanta Mas-45	23.92
2	Sullivan, Andrew	35	Wh2o-33	27.57
3	Verin, Alexander	36	Augusta Recreati-45	29.20

**Men 35-39 100 SC Meter Freestyle**

1	Sullivan, Andrew	35	Wh2o-33	1:01.23
	29.12	1:01.23		
2	Verin, Alexander	36	Augusta Recreati-45	1:04.47
	30.48	1:04.47		
3	Greely, Ryan	37	UC55	1:10.41
	33.07	1:10.41		
4	Snyder, Dan	39	Swim Atlanta Mas-45	1:12.94
	24.19	1:12.94		

**Men 35-39 200 SC Meter Freestyle**

1	Greely, Ryan	37	UC55	2:31.93
	34.82	1:13.94	1:54.43	2:31.93

**Men 35-39 400 SC Meter Freestyle**

1	Greely, Ryan	37	UC55	5:34.18
	37.22	1:18.68	2:01.36	2:45.11
	3:28.82	4:12.80	4:54.58	5:34.18

**Men 35-39 800 SC Meter Freestyle**

1	Greely, Ryan	37	UC55	11:31.20
	38.14	1:19.93	2:03.47	2:46.94
	3:30.54	4:14.54	4:58.67	5:42.48
	6:26.57	7:11.64	7:55.60	8:39.86
	9:22.91	10:08.13	10:49.01	11:31.20

**Men 35-39 50 SC Meter Backstroke**

1	Sullivan, Andrew	35	Wh2o-33	36.16
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**Men 35-39 200 SC Meter Backstroke**

---	Snyder, Dan	39	Swim Atlanta Mas-45	DQ DQ
	27.93	1:19.02		

**Men 35-39 50 SC Meter Breaststroke**

1	Sullivan, Andrew	35	Wh2o-33	37.37
2	Botha, Jay-Jay	35	UC45	40.91

**Men 35-39 100 SC Meter Breaststroke**

1	Botha, Jay-Jay	35	UC45	1:28.68
	40.80	1:28.68		
2	Greely, Ryan	37	UC55	1:39.12
	47.51	1:39.12		

**Men 35-39 200 SC Meter Breaststroke**

1	Snyder, Dan	39	Swim Atlanta Mas-45	2:33.64
	33.46	1:11.07	1:51.24	2:33.64
2	Botha, Jay-Jay	35	UC45	3:19.34
	43.84	1:33.02	2:25.82	3:19.34



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## Results

**Men 35-39 50 SC Meter Butterfly**

1	Verin, Alexander	36	Augusta Recreati-45	31.67
2	Sullivan, Andrew	35	Wh2o-33	32.13
---	Snyder, Dan	39	Swim Atlanta Mas-45	NS
---	Boley, Evan	36	Swim Atlanta Mas-45	NS

**Men 35-39 100 SC Meter Butterfly**

1	Verin, Alexander	36	Augusta Recreati-45	1:14.71
				33.54 1:14.71

**Men 35-39 100 SC Meter IM**

1	Verin, Alexander	36	Augusta Recreati-45	1:14.19
				35.32 1:14.19

**Men 40-44 50 SC Meter Freestyle**

1	Costa, Gabriel	43	Central Alabama-15	26.98
2	Dunn, Jonathan	41	Athens Bulldog S-45	28.16
3	Galgali, Chetan	40	Life Time Swim G-45	44.88
---	Fenwick, Darren	44	District Of Colu-10	NS

**Men 40-44 100 SC Meter Freestyle**

1	Mania, Adam	40	Wisconsin Master-20	53.33
				24.52 53.33
2	Dunn, Jonathan	41	Athens Bulldog S-45	1:00.16
				29.02 1:00.16
3	Carrington, Douglas	42	Andrew and Walte-45	1:02.52
				29.49 1:02.52
4	Pinto, Cleiton	43	Athens Bulldog S-45	1:09.73
				34.71 1:09.73
5	Galgali, Chetan	40	Life Time Swim G-45	1:51.03
				51.58 1:51.03
---	Fenwick, Darren	44	District Of Colu-10	NS

**Men 40-44 200 SC Meter Freestyle**

1	Costa, Gabriel	43	Central Alabama-15	2:14.29
				32.23 1:06.42 1:40.92 2:14.29
2	Dunn, Jonathan	41	Athens Bulldog S-45	2:16.14
				31.49 1:06.37 1:41.88 2:16.14
---	Fenwick, Darren	44	District Of Colu-10	NS

**Men 40-44 400 SC Meter Freestyle**

1	Costa, Gabriel	43	Central Alabama-15	5:03.92
				34.87 1:12.31 1:50.75 2:29.69
				3:09.09 3:48.36 4:27.79 5:03.92

**Men 40-44 50 SC Meter Backstroke**

1	Mania, Adam	40	Wisconsin Master-20	27.08
2	Carrington, Douglas	42	Andrew and Walte-45	32.96
3	San Pedro, Baldomero	42	UC45	34.66
4	Galgali, Chetan	40	Life Time Swim G-45	53.81

**Men 40-44 100 SC Meter Backstroke**

1	Carrington, Douglas	42	Andrew and Walte-45	1:12.00
				35.64 1:12.00
2	San Pedro, Baldomero	42	UC45	1:17.99
				36.10 1:17.99

**Men 40-44 200 SC Meter Backstroke**

1	Carrington, Douglas	42	Andrew and Walte-45	2:39.63
				36.48 1:16.79 1:58.56 2:39.63

**Men 40-44 50 SC Meter Breaststroke**

1	Galgali, Chetan	40	Life Time Swim G-45	1:05.69
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**Men 40-44 100 SC Meter Breaststroke**

1	Guvensel, Kan	43	Dynamo Swim Club-45	1:11.88
				33.92 1:11.88

**Men 40-44 200 SC Meter Breaststroke**

1	Guvensel, Kan	43	Dynamo Swim Club-45	2:37.12
				34.87 1:13.42 1:53.99 2:37.12

**Men 40-44 50 SC Meter Butterfly**

1	Costa, Gabriel	43	Central Alabama-15	28.74
2	Dunn, Jonathan	41	Athens Bulldog S-45	30.76
3	Pinto, Cleiton	43	Athens Bulldog S-45	33.46
4	San Pedro, Baldomero	42	UC45	39.31

**Men 40-44 100 SC Meter Butterfly**

1	Costa, Gabriel	43	Central Alabama-15	1:04.08
				29.56 1:04.08
2	Dunn, Jonathan	41	Athens Bulldog S-45	1:09.95
				32.02 1:09.95

**Men 40-44 100 SC Meter IM**

1	Pinto, Cleiton	43	Athens Bulldog S-45	1:21.46
				38.17 1:21.46
---	San Pedro, Baldomero	42	UC45	NS

**Men 40-44 200 SC Meter IM**

1	Galgali, Chetan	40	Life Time Swim G-45	4:25.24
				59.89 3:25.26 4:25.24

**Men 45-49 50 SC Meter Freestyle**

1	Mills, Matthew	46	Swim Atlanta Mas-45	25.38
2	Pack, Glenn	45	Dynamo Swim Club-45	28.04
3	Shahaf, Gil	48	Dynamo Swim Club-45	28.58
4	Clark, Paul	48	Athens Bulldog S-45	37.79

**Men 45-49 50 SC Meter Freestyle**

1	Mills, Matthew	46	Swim Atlanta Mas-45	25.36
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**Men 45-49 100 SC Meter Freestyle**

1	Valle, Ray	47	Atlanta Water Jo-45	1:01.56
				31.90 1:01.56
2	Pack, Glenn	45	Dynamo Swim Club-45	1:02.38
				29.39 1:02.38
3	Shahaf, Gil	48	Dynamo Swim Club-45	1:04.25
				29.50 1:04.25
4	Gustafson, Michael	47	Nashville Aquati-15	1:06.35
				30.89 1:06.35
---	Clark, Paul	48	Athens Bulldog S-45	DQ 1:28.23
				40.62 DQ 1:28.23

**Men 45-49 200 SC Meter Freestyle**

1	Valle, Ray	47	Atlanta Water Jo-45	2:13.25
				33.38 1:08.53 1:43.40 2:13.25
2	Mills, Matthew	46	Swim Atlanta Mas-45	3:04.88
				25.36 1:31.65 2:19.28 3:04.88

## Atlanta Rainbow Trout St Nicholas SCM Masters - 12/9/2023

Sanction #: 452-S006

## Results

**Men 45-49 400 SC Meter Freestyle**

1	Mills, Matthew	46	Swim Atlanta Mas-45	4:42.03
	30.84	1:05.51	1:41.75	2:18.36
	2:55.32	3:31.74	4:07.49	4:42.03
2	Gustafson, Michael	47	Nashville Aquati-15	5:12.53
	35.58	1:14.20	1:53.24	2:33.19
	3:12.68	3:53.01	4:33.22	5:12.53

**Men 45-49 50 SC Meter Backstroke**

1	Clark, Paul	48	Athens Bulldog S-45	48.76
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**Men 45-49 100 SC Meter Backstroke**

1	Gustafson, Michael	47	Nashville Aquati-15	1:15.85
	36.89	1:15.85		

**Men 45-49 50 SC Meter Butterfly**

1	Pack, Glenn	45	Dynamo Swim Club-45	31.34
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**Men 45-49 100 SC Meter Butterfly**

1	Mills, Matthew	46	Swim Atlanta Mas-45	59.99
	27.78	59.99		

**Men 45-49 200 SC Meter Butterfly**

---	Mills, Matthew	46	Swim Atlanta Mas-45	NS
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**Men 45-49 100 SC Meter IM**

1	Pack, Glenn	45	Dynamo Swim Club-45	1:16.74
	34.95	1:16.74		
2	Clark, Paul	48	Athens Bulldog S-45	1:44.95
	45.23	1:44.95		

**Men 50-54 50 SC Meter Freestyle**

1	Lotan, Eran	51	Atlanta Water Jo-45	27.75
---	Gaw, Mike	54	Swim Fort Lauder-50	NS

**Men 50-54 100 SC Meter Freestyle**

1	Gaw, Mike	54	Swim Fort Lauder-50	1:13.58
	34.83	1:13.58		
2	Formolo, Frank	52	Life Time Swim G-45	1:38.52
	45.73	1:38.52		

**Men 50-54 200 SC Meter Freestyle**

---	Snyder, Jim	53	Atlanta Rainbow-45	NS
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**Men 50-54 400 SC Meter Freestyle**

1	Hattwick, Stephen	53	Atlanta Rainbow-45	6:31.65
	42.55	1:28.99	2:18.38	3:08.29
	3:58.95		5:43.00	6:31.65
2	Snyder, Jim	53	Atlanta Rainbow-45	6:42.06
	42.84	1:31.64	2:21.52	3:13.57
	4:05.32	4:57.51	5:48.65	6:42.06

**Men 50-54 400 SC Meter Freestyle Split Requests-400**

1	Rubacky, Mark	54	North Carolina M-13	5:05.01
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**Men 50-54 800 SC Meter Freestyle**

1	Rubacky, Mark	54	North Carolina M-13	10:06.88
	35.53	1:14.03	1:52.63	2:31.19
	3:09.77	3:48.71	4:26.95	5:05.01
	5:43.11	6:21.26	6:59.89	7:38.12
	8:16.09	8:54.31	9:31.72	10:06.88

2	Hattwick, Stephen	53	Atlanta Rainbow-45	13:29.55
	42.20	1:28.52	2:17.20	3:06.91
	3:57.46	4:49.14	5:40.55	6:32.55
	7:24.93	8:16.83	9:08.90	10:01.52
	10:54.61	11:46.90	12:39.64	13:29.55
3	Snyder, Jim	53	Atlanta Rainbow-45	13:50.44
	43.02	1:30.35	2:20.57	3:12.21
	4:03.66	4:56.17	5:49.02	6:42.64
	7:36.60	8:30.32	9:24.32	10:18.23
	11:11.57	12:04.64	12:59.15	13:50.44
4	Formolo, Frank	52	Life Time Swim G-45	15:47.47
	48.37	1:41.40	2:38.49	3:38.24
	4:38.09	5:39.53	6:40.88	7:41.75
	8:42.84	9:43.49	10:44.38	11:45.46
	12:47.11	13:47.60	14:49.21	15:47.47

**Men 50-54 50 SC Meter Backstroke**

1	Gaw, Mike	54	Swim Fort Lauder-50	45.63
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**Men 50-54 50 SC Meter Breaststroke**

1	Dunson, David	51	North Carolina M-13	31.45
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**Men 50-54 50 SC Meter Breaststroke**

1	Dunson, David	51	North Carolina M-13	30.86
2	Formolo, Frank	52	Life Time Swim G-45	54.33

**Men 50-54 100 SC Meter Breaststroke**

1	Dunson, David	51	North Carolina M-13	1:35.22
	31.45	1:35.22		
2	Formolo, Frank	52	Life Time Swim G-45	2:08.61
	59.51	2:08.61		

**Men 50-54 200 SC Meter Breaststroke**

---	Dunson, David	51	North Carolina M-13	DNF
	32.66	1:10.41		

**Men 50-54 50 SC Meter Butterfly**

1	Lotan, Eran	51	Atlanta Water Jo-45	31.18
2	Gaw, Mike	54	Swim Fort Lauder-50	41.99

**Men 50-54 100 SC Meter IM**

---	Formolo, Frank	52	Life Time Swim G-45	DQ 2:01.46
	1:04.58	DQ 2:01.46		
---	Gaw, Mike	54	Swim Fort Lauder-50	NS

**Men 50-54 200 SC Meter IM**

1	Rubacky, Mark	54	North Carolina M-13	2:48.29
	37.38	1:21.83	2:10.26	2:48.29

**Men 50-54 400 SC Meter IM**

---	Rubacky, Mark	54	North Carolina M-13	NS
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**Men 55-59 50 SC Meter Freestyle**

1	Tacca, Jeffrey	57	Atlanta Water Jo-45	29.33
2	von Hillebrandt, Eric	57	Augusta Recreati-45	34.49

**Men 55-59 100 SC Meter Freestyle**

1	Tacca, Jeffrey	57	Atlanta Water Jo-45	1:03.88
	29.91	1:03.88		

**Men 55-59 200 SC Meter Freestyle**

1	Tacca, Jeffrey	57	Atlanta Water Jo-45	2:28.42
	34.21	1:12.25	1:51.53	2:28.42

## Atlanta Rainbow Trout St Nicholas SCM Masters - 12/9/2023

Sanction #: 452-S006

## Results

**Men 55-59 400 SC Meter Freestyle**

1	Rogers, Mark	58	Atlanta Water Jo-45	6:11.96
	40.94	1:27.33	2:15.06	3:03.68
	3:52.12	4:40.38	5:27.33	6:11.96

**Men 55-59 800 SC Meter Freestyle**

1	Rogers, Mark	58	Atlanta Water Jo-45	12:33.11
	42.80	1:28.92	2:16.03	3:04.04
	3:51.73	4:39.73	5:27.34	6:15.88
	7:04.43	7:52.53	8:40.96	9:29.33
	10:15.93	11:02.33	11:47.82	12:33.11

**Men 55-59 50 SC Meter Backstroke**

1	Tacca, Jeffrey	57	Atlanta Water Jo-45	37.79
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**Men 55-59 50 SC Meter Breaststroke**

1	Westin, David	56	Swim Atlanta Mas-45	41.67
2	von Hillebrandt, Eric	57	Augusta Recreati-45	46.89

**Men 55-59 100 SC Meter Breaststroke**

1	Westin, David	56	Swim Atlanta Mas-45	1:28.88
	41.69	1:28.88		

**Men 55-59 200 SC Meter Breaststroke**

1	Rogers, Mark	58	Atlanta Water Jo-45	4:07.78
	55.22	1:59.43	3:05.78	4:07.78

**Men 55-59 100 SC Meter IM**

1	von Hillebrandt, Eric	57	Augusta Recreati-45	1:42.40
	50.92	1:42.40		

**Men 55-59 200 SC Meter IM**

1	Rogers, Mark	58	Atlanta Water Jo-45	3:35.81
	47.86	1:47.47	2:50.60	3:35.81

**Men 55-59 400 SC Meter IM**

1	Rogers, Mark	58	Atlanta Water Jo-45	7:41.26
	52.45	1:58.99	3:02.00	4:02.62
	5:05.08	6:08.47	6:55.64	7:41.26

**Men 60-64 50 SC Meter Freestyle**

1	Kelleher, William	61	UC45	38.36
---	Krekel, Peter	62	Nashville Aquati-15	NS
---	Anderson, Eric	60	Eastern Shore Ma-15	NS

**Men 60-64 100 SC Meter Freestyle**

1	McKinney, Maury	63	The Olympic Nope-45	1:09.03
	32.48	1:09.03		
2	Kelleher, William	61	UC45	1:27.00
	38.84	1:27.00		

**Men 60-64 200 SC Meter Freestyle**

1	McKinney, Maury	63	The Olympic Nope-45	2:37.11
	37.28	1:17.31	1:57.55	2:37.11
2	Kelleher, William	61	UC45	3:21.04
	39.69	1:31.49	2:27.29	3:21.04
---	Anderson, Eric	60	Eastern Shore Ma-15	NS

**Men 60-64 400 SC Meter Freestyle**

1	Parker, Jenks	62	Auburn Master Sw-15	5:45.19
	39.11	1:21.41	2:05.21	2:49.77
	3:34.33	4:19.29	5:03.54	5:45.19

---	McKinney, Maury	63	The Olympic Nope-45	NS
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**Men 60-64 800 SC Meter Freestyle**

1	Anderson, Eric	60	Eastern Shore Ma-15	10:27.52
	37.40	1:15.98	1:54.82	2:33.37
	3:12.38	3:51.52	4:30.45	5:09.85
	5:49.02	6:28.69	7:08.65	7:49.06
	8:29.61	9:09.87	9:49.81	10:27.52
2	Parker, Jenks	62	Auburn Master Sw-15	11:37.73
	39.86	1:22.57	2:50.28	
		4:18.63	5:03.46	5:47.84
	6:32.11	7:16.19	8:00.93	8:45.26
	9:28.63	10:12.96	10:56.89	11:37.73
3	Esposito, Jim	60	St Pete Masters-14	12:27.98
	35.89	1:16.90	2:00.76	2:45.67
	3:31.10	4:17.55	5:04.77	5:52.77
	6:41.32	7:29.82	8:18.93	9:08.92
	9:58.41	12:27.98		
4	McNamara, Paul (Tank)	60	Oregon Masters-37	14:43.71
	45.80	1:38.53	2:33.99	3:30.85
	4:26.45	5:23.00	6:18.81	7:16.01
	8:12.18	9:08.19	10:05.43	11:01.80
	11:57.37	12:53.53	13:49.66	14:43.71

---	McKinney, Maury	63	The Olympic Nope-45	NS
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**Men 60-64 50 SC Meter Backstroke**

1	Esposito, Jim	60	St Pete Masters-14	37.49
2	Doupe, William	61	Augusta Recreati-45	40.18
---	McNamara, Paul (Tank)	60	Oregon Masters-37	NS

**Men 60-64 100 SC Meter Backstroke**

1	Esposito, Jim	60	St Pete Masters-14	1:23.88
	40.30	1:23.88		
2	Doupe, William	61	Augusta Recreati-45	1:29.20
	44.87	1:29.20		

**Men 60-64 200 SC Meter Backstroke**

1	Doupe, William	61	Augusta Recreati-45	3:09.67
	46.13	1:34.12	2:22.72	3:09.67
---	McNamara, Paul (Tank)	60	Oregon Masters-37	NS

**Men 60-64 50 SC Meter Breaststroke**

1	Krekel, Peter	62	Nashville Aquati-15	37.28
2	Krier, Brian	62	Southern Masters-24	39.41
3	Esposito, Jim	60	St Pete Masters-14	43.51

**Men 60-64 100 SC Meter Breaststroke**

1	Krekel, Peter	62	Nashville Aquati-15	1:24.54
	38.62	1:24.54		
2	Krier, Brian	62	Southern Masters-24	1:27.49
	41.40	1:27.49		

**Men 60-64 200 SC Meter Breaststroke**

1	Krekel, Peter	62	Nashville Aquati-15	3:10.71
	43.93	1:31.74	2:21.48	3:10.71
2	Krier, Brian	62	Southern Masters-24	3:12.52
	43.45	1:30.42	2:20.47	3:12.52

**Men 60-64 50 SC Meter Butterfly**

1	McNamara, Paul (Tank)	60	Oregon Masters-37	39.09
---	Parker, Jenks	62	Auburn Master Sw-15	NS

## Atlanta Rainbow Trout St Nicholas SCM Masters - 12/9/2023

Sanction #: 452-S006

## Results

**Men 60-64 100 SC Meter IM**

1	Esposito, Jim	60	St Pete Masters-14	1:21.25
	36.83	1:21.25		
2	Doupe, William	61	Augusta Recreati-45	1:28.49

**Men 60-64 200 SC Meter IM**

1	Kelleher, William	61	UC45	4:12.50
	53.47	2:02.07	3:18.76	4:12.50
---	Parker, Jenks	62	Auburn Master Sw-15	NS

**Men 60-64 400 SC Meter IM**

1	Doupe, William	61	Augusta Recreati-45	6:42.55
	43.94	1:36.30	2:27.99	3:17.76
	4:17.02	5:16.36	6:01.02	6:42.55

**Men 65-69 50 SC Meter Freestyle**

1	Hildebrandt, David	68	Atlanta Water Jo-45	30.85
2	Ryan, Leon	67	Swamp Water Aqua-14	33.87
3	Faulkner, David	66	Atlanta Rainbow-45	44.95
---	Schilling, Drew	68	UC45	NS

**Men 65-69 100 SC Meter Freestyle**

1	Ryan, Leon	67	Swamp Water Aqua-14	1:16.36
	36.86	1:16.36		
2	Schilling, Drew	68	UC45	1:19.39
	38.01	1:19.39		
3	Faulkner, David	66	Atlanta Rainbow-45	1:42.54
	45.82	1:42.54		
---	Martin, Michael	68	The Olympic Nope-45	NS

**Men 65-69 200 SC Meter Freestyle**

---	Martin, Michael	68	The Olympic Nope-45	NS
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**Men 65-69 400 SC Meter Freestyle**

1	Strauss, Trip	65	Little Rock Mast-23	5:04.67
	34.75	1:12.74	1:51.36	2:30.32
	3:08.92	3:47.59	4:26.57	5:04.67

**Men 65-69 800 SC Meter Freestyle**

1	Sanchez, Greg	66	North Carolina M-13	10:24.35
	35.82	1:14.56	1:53.94	2:33.62
	3:13.14	3:52.99	4:32.53	5:12.20
	5:51.46	6:30.91	7:10.63	7:50.17
	8:29.33	9:08.12	9:47.15	10:24.35
2	Faulkner, David	66	Atlanta Rainbow-45	16:09.83
	48.42	1:46.46	2:48.06	3:49.30
	4:51.58	5:53.77	6:56.49	7:59.10
	9:02.98	10:04.74	11:07.41	12:10.52
	13:12.89	14:13.62	15:12.86	16:09.83
---	Martin, Michael	68	The Olympic Nope-45	NS

**Men 65-69 50 SC Meter Backstroke**

1	Schilling, Drew	68	UC45	46.37
2	Schumacher, Joseph	67	UC15	48.93
3	Faulkner, David	66	Atlanta Rainbow-45	1:01.84
---	Dyer, Andy	65	Atlanta Water Jo-45	DQ 35.59

**Men 65-69 100 SC Meter Backstroke**

1	Schumacher, Joseph	67	UC15	1:48.83
	52.85	1:48.83		

**Men 65-69 200 SC Meter Backstroke**

1	Schumacher, Joseph	67	UC15	4:09.05
---	Sanchez, Greg	66	North Carolina M-13	NS
---	Dyer, Andy	65	Atlanta Water Jo-45	NS

**Men 65-69 50 SC Meter Breaststroke**

1	Hildebrandt, David	68	Atlanta Water Jo-45	38.39
2	Schumacher, Joseph	67	UC15	51.15

**Men 65-69 100 SC Meter Breaststroke**

1	Schumacher, Joseph	67	UC15	2:00.75
	56.43	2:00.75		
---	Dyer, Andy	65	Atlanta Water Jo-45	NS

**Men 65-69 50 SC Meter Butterfly**

1	Hildebrandt, David	68	Atlanta Water Jo-45	31.44
2	Ryan, Leon	67	Swamp Water Aqua-14	37.91
3	Faulkner, David	66	Atlanta Rainbow-45	58.55

**Men 65-69 100 SC Meter Butterfly**

1	Sanchez, Greg	66	North Carolina M-13	1:09.45
	32.83	1:09.45		
2	Hildebrandt, David	68	Atlanta Water Jo-45	1:16.65
	33.79	1:16.65		

**Men 65-69 100 SC Meter IM**

1	Sanchez, Greg	66	North Carolina M-13	1:14.12
	33.84	1:14.12		
2	Hildebrandt, David	68	Atlanta Water Jo-45	1:16.18
	34.60	1:16.18		
3	Schilling, Drew	68	UC45	1:34.33
	45.30	1:34.33		

**Men 65-69 200 SC Meter IM**

1	Dyer, Andy	65	Atlanta Water Jo-45	2:43.44
	34.97	1:17.72	2:05.51	2:43.44
---	Sanchez, Greg	66	North Carolina M-13	NS

**Men 70-74 50 SC Meter Freestyle**

1	Mandel, Barry	70	Wisconsin Master-20	30.75
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**Men 70-74 50 SC Meter Freestyle**

1	Hammond, Ted	70	Georgia Masters-45	29.71
2	Mandel, Barry	70	Wisconsin Master-20	31.35
3	Ladky, John	72	Atlanta Rainbow-45	37.44

**Men 70-74 100 SC Meter Freestyle**

1	Hammond, Ted	70	Georgia Masters-45	1:06.95
	31.95	1:06.95		
2	Mandel, Barry	70	Wisconsin Master-20	1:08.25
	31.79	1:08.25		
3	Ladky, John	72	Atlanta Rainbow-45	1:28.89
	40.95	1:28.89		

**Men 70-74 200 SC Meter Freestyle**

1	Mandel, Barry	70	Wisconsin Master-20	2:54.39
	30.75	1:19.99	2:07.62	2:54.39
2	Ladky, John	72	Atlanta Rainbow-45	3:25.95
	44.98	1:37.10	2:31.69	3:25.95

## Atlanta Rainbow Trout St Nicholas SCM Masters - 12/9/2023

Sanction #: 452-S006

## Results

**Men 70-74 400 SC Meter Freestyle**

1	Ladky, John	72	Atlanta Rainbow-45	7:48.44
	50.30	1:48.01	2:49.03	3:51.20
	4:51.37	5:52.39	6:50.50	7:48.44

**Men 70-74 50 SC Meter Backstroke**

1	Rysdon, Jon	72	Reston Masters S-10	40.02
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**Men 70-74 100 SC Meter Backstroke**

1	Rysdon, Jon	72	Reston Masters S-10	1:27.30
	42.37	1:27.30		

**Men 70-74 200 SC Meter Backstroke**

1	Rysdon, Jon	72	Reston Masters S-10	3:01.43
	42.64	1:28.81	2:15.94	3:01.43

**Men 70-74 50 SC Meter Butterfly**

1	Hammond, Ted	70	Georgia Masters-45	34.64
2	Ladky, John	72	Atlanta Rainbow-45	47.72

**Men 70-74 200 SC Meter IM**

1	Rysdon, Jon	72	Reston Masters S-10	3:29.04
	46.02	1:38.56	2:41.87	3:29.04

**Men 70-74 400 SC Meter IM**

1	Rysdon, Jon	72	Reston Masters S-10	7:23.71
	46.18	1:45.08	2:41.15	3:32.77
	4:39.89	5:47.89	6:37.48	7:23.71

**Men 75-79 50 SC Meter Freestyle**

1	Lance, Forrest Jack	75	Athens Bulldog S-45	45.91
2	Evans, Thomas	75	Georgia Masters-45	1:02.23

**Men 75-79 100 SC Meter Freestyle**

1	Lance, Forrest Jack	75	Athens Bulldog S-45	1:45.32
	49.37	1:45.32		
2	Evans, Thomas	75	Georgia Masters-45	2:29.40
	1:06.76	2:29.40		

**Men 75-79 200 SC Meter Freestyle**

1	Evans, Thomas	75	Georgia Masters-45	5:19.26
	1:10.79	2:32.86	3:58.77	5:19.26

**Men 75-79 800 SC Meter Freestyle**

1	Zeigler, John	78	Georgia Masters-45	16:23.67
	55.31	1:55.06	2:55.74	3:57.54
	4:59.12	6:00.39	7:02.74	8:05.59
	9:07.33	10:08.60	11:11.07	12:12.89
	13:14.94	14:18.42	15:21.07	16:23.67
2	Evans, Thomas	75	Georgia Masters-45	22:12.94
	1:07.46	2:27.16	3:49.32	5:11.72
	6:35.09	7:57.82	9:24.44	10:48.53
	12:15.55	13:42.16	15:07.98	16:34.17
	17:58.48	19:24.54	20:50.55	22:12.94

**Men 75-79 200 SC Meter Backstroke**

1	Zeigler, John	78	Georgia Masters-45	4:18.47
	1:01.04	2:06.27	3:11.84	4:18.47

**Men 75-79 50 SC Meter Breaststroke**

1	Roark, Roland	75	Auburn Master Sw-15	46.22
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**Men 75-79 100 SC Meter Breaststroke**

1	Roark, Roland	75	Auburn Master Sw-15	1:49.76
	51.86	1:49.76		
2	Zeigler, John	78	Georgia Masters-45	2:08.22
	59.11	2:08.22		

**Men 75-79 200 SC Meter Breaststroke**

1	Roark, Roland	75	Auburn Master Sw-15	4:03.24
	56.89	2:01.06	3:03.99	4:03.24
2	Zeigler, John	78	Georgia Masters-45	4:32.00
	1:04.72	2:12.70	3:23.12	4:32.00

**Men 75-79 400 SC Meter IM**

1	Zeigler, John	78	Georgia Masters-45	9:29.74
	1:07.56	2:27.03		
	6:12.19	7:26.24	8:29.34	9:29.74

**Men 85-89 50 SC Meter Freestyle**

---	Ray, Craig	85	Georgia Masters-45	NS
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**Men 85-89 50 SC Meter Backstroke**

1	Ray, Craig	85	Georgia Masters-45	1:25.28
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**Men 85-89 100 SC Meter Backstroke**

---	Ray, Craig	85	Georgia Masters-45	NS
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**Men 85-89 50 SC Meter Breaststroke**

1	Ray, Craig	85	Georgia Masters-45	1:33.67
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**Men 85-89 100 SC Meter Breaststroke**

---	Ray, Craig	85	Georgia Masters-45	NS
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**Women 120-159 400 SC Meter Medley Relay**

1	Swim Fort Lauder-50	A		6:19.72
	1) Larson, Linda W68	2) Dusliere, Julie W51		
	3) Stutz, Kathleen W41	4) Webb, Linda W78		
	46.39	1:35.48	2:19.82	
	3:55.18	4:44.22	5:27.91	6:19.72

**Women 160-199 200 SC Meter Freestyle Relay**

1	Athens Bulldog S-45	A		1:58.65
	1) Templin, Laura W41	2) Rogan, Pam W55		
	3) Cochran, Susan W44	4) Roath, Katie W42		
	28.74	58.43	1:30.22	1:58.65
2	Augusta Recreati-45	A		2:30.98
	1) Casanova, Tracy W38	2) Greely, Kathleen W63		
	3) Hall, Leah W29	4) Lesak, Lisa W36		
	43.21	1:28.75	1:58.72	2:30.98

**Women 200-239 200 SC Meter Freestyle Relay**

1	Athens Bulldog S-45	B		2:49.77
	1) Domingues, Luisa W41	2) Cason, Kathleen W69		
	3) Hall, Marilyn W54	4) Chalmers, Gayla W58		
	39.89	1:33.62	2:09.16	2:49.77

**Women 240-279 200 SC Meter Freestyle Relay**

1	Chastain Park At-45	A		3:05.88
	1) Ferguson, Ginny W64	2) Levinson, Francoise W70		
	3) Batka, Jennifer W54	4) Cahill, Leslie W59		
	45.25	1:46.03	2:23.42	3:05.88

## Atlanta Rainbow Trout St Nicholas SCM Masters - 12/9/2023

Sanction #: 452-S006

## Results

**Men 160-199 200 SC Meter Freestyle Relay**

1	Atlanta Rainbow-45	A	2:21.48
	1) Vihlen, Evan M30	2) Ladky, John M72	
	3) Grooms, Jamel M30	4) Faulkner, David M66	
	31.04	1:13.56	1:51.09 2:21.48

**Men 200-239 200 SC Meter Freestyle Relay**

1	Athens Bulldog S-45	A	2:20.00
	1) Lance, Forrest Jack M75	2) Clark, Paul M48	
	3) Pinto, Cleiton M43	4) Dunn, Jonathan M41	
	44.82	1:22.69	1:52.57 2:20.00

**Mixed 120-159 100 SC Meter Freestyle Relay Reindeer**

---	Dynamo Swim Club-45	A	X1:36.56
	1) Westing, Ellen W50	2) Horvath, Aubrey W41	
	3) Shahaf, Gil M48	4) Kuuskoski, Amy W35	
	30.32	1:36.56	

---	Southside Seals-45	A	X1:46.69
	1) Reinder 1, sss W60	2) Reindeer 2, sss W60	
	3) Reindeer 3, sss M60	4) Welling, Karol W62	
	29.96	1:46.69	

---	Atlanta Water Jo-45	A	X1:47.07
	1) Krugman, Elaine W61	2) Tacca, Jeffrey M57	
	3) Dyer, Andy M65	4) O'Leary, Britta W39	
	49.78	1:47.07	

---	Augusta Recreati-45	A	X1:57.80
	1) Casanova, Tracy W38	2) Verin, Alexander M36	
	3) Greely, Kathleen W63	4) Labowski, Nathan M24	
	25.99	1:57.80	

---	Atlanta Rainbow-45	A	X2:04.86
	1) Griffith, Kayla W24	2) Grooms, Jamel M30	
	3) Knight, Andrea W49	4) Gerbovaz, Sylvia W50	
	32.49	2:04.86	

---	St Pete Masters-14	A	X2:06.88
	1) Kupan, Cheryl W59	2) Esposito, Jim M60	
	3) Stickle, Christopher M33	4) Pete, St. M65	
	51.39	2:06.88	

---	Life Time Swim G-45	A	X2:21.11
	1) Fink, Ally W44	2) Galgali, Chetan M40	
	3) Bancroft, Caren W53	4) Formolo, Frank M52	
	25.91	2:21.11	

---	Chastain Park At-45	A	X2:25.61
	1) Ferguson, Ginny W64	2) Levinson, Françoise W70	
	3) Batka, Jennifer W54	4) Cahill, Leslie W59	
	51.10	2:25.61	

**Mixed 120-159 200 SC Meter Medley Relay**

1	Dynamo Swim Club-45	A	2:20.69
	1) Westing, Ellen W50	2) Guvensel, Kan M43	
	3) Pack, Glenn M45	4) Horvath, Aubrey W41	
	47.32	1:17.27	1:50.56 2:20.69

2	Atlanta Rainbow-45	A	2:54.70
	1) Knight, Andrea W49	2) Grooms, Jamel M30	
	3) Griffith, Kayla W24	4) Snyder, Jim M53	
	47.62	1:27.01	2:16.05 2:54.70

**Mixed 160-199 200 SC Meter Freestyle Relay**

1	Atlanta Rainbow-45	A	2:28.18
	1) Gibbons, John M34	2) Hattwick, Stephen M53	
	3) Knight, Andrea W49	4) Griffith, Kayla W24	
	29.66	1:08.80	1:49.64 2:28.18

2	Life Time Swim G-45	A	2:41.33
	1) Galgali, Chetan M40	2) Fink, Ally W44	
	3) Formolo, Frank M52	4) Bancroft, Caren W53	
	44.96	1:26.82	2:07.27 2:41.33

**Mixed 160-199 200 SC Meter Medley Relay**

1	Augusta Recreati-45	A	2:37.86
	1) Doupe, William M61	2) Casanova, Tracy W38	
	3) Lesak, Lisa W36	4) Verin, Alexander M36	
	40.24	1:33.17	2:07.70 2:37.86

---	Life Time Swim G-45	A	DQ 3:16.26
	1) Galgali, Chetan M40	2) Fink, Ally W44	
	3) Bancroft, Caren W53	4) Formolo, Frank M52	
	56.12	1:47.39	2:34.13 DQ 3:16.26

**Mixed 200-239 200 SC Meter Freestyle Relay**

1	Augusta Recreati-45	A	2:37.23
	1) Ingold, Barbara W64	2) Verin, Alexander M36	
	3) Greely, Kathleen W63	4) von Hillebrandt, Eric M57	
	46.40	1:16.10	2:03.53 2:37.23

**Mixed 320-359 200 SC Meter Freestyle Relay**

1	Georgia Masters-45	A	4:40.91
	1) Baima, June W89	2) Ottosen, Sue W80	
	3) Zeigler, John M78	4) Evans, Thomas M75	
	1:26.91	2:40.07	3:30.41 4:40.91