

Florida Senior Games - State Championship - 12/2/2023 to 12/3/2023

Recognized by the Florida LMSC

Results

Women 50-54 50 Yard Backstroke

FLASR: 30.58 # 12/4/2022 Ann Stewart

1 Stewart, ann 53 FL 30.44#

Women 50-54 100 Yard Backstroke

FLASR: 1:06.67 # 12/5/2020 Paula Texel

1 Stewart, ann 53 FL 1:06.05#
32.07 1:06.05**Women 50-54 50 Yard Butterfly**

FLASR: 30.39 # 12/2/2018 Karen Westerman

1 Stewart, ann 53 FL 31.52

Women 50-54 100 Yard IM

FLASR: 1:09.27 # 12/11/2021 Paula Trexel

1 Stewart, ann 53 FL 1:10.19
31.10 1:10.19**Women 55-59 50 Yard Freestyle**

FLASR: 26.92 # 12/11/2011 Patricia Sargeant

1 Buchman, Suzanne 55 FL 28.31
2 Bekoff, Michelle 58 FL 31.49
3 Brookes, Brita 56 MI 32.77
4 Croughwell, Jennifer 58 FL 33.76
5 Marsicano, Stacie 56 FL 35.35**Women 55-59 100 Yard Freestyle**

FLASR: 1:00.52 # 12/11/2011 Patricia Sargeant

1 Brookes, Brita 56 MI 1:12.03
34.48 1:12.03
2 Marsicano, Stacie 56 FL 1:16.46
36.32 1:16.46
3 Croughwell, Jennifer 58 FL 1:16.92
37.16 1:16.92
4 Januszewski, Cindy 57 FL 1:29.08
44.45 1:29.08**Women 55-59 200 Yard Freestyle**

FLASR: 2:09.99 # 12/11/2021 Amy Alexander

1 Hafer, Jill 55 FL 2:34.41
35.63 1:14.09 1:54.14 2:34.41
2 Bekoff, Michelle 58 FL 2:35.87
35.59 1:14.99 1:55.41 2:35.87**Women 55-59 500 Yard Freestyle**

FLASR: 5:46.27 # 12/12/2021 Amy Alexander

1 Bekoff, Michelle 58 FL 6:58.89
37.78 1:18.80 2:01.55 2:44.44
3:27.41 4:10.37 4:53.33 5:35.64
6:18.33 6:58.89
2 Brookes, Brita 56 MI 7:09.80
37.17 1:18.14 2:01.84 2:46.26
3:30.55 4:13.99 4:57.83 5:41.90
6:26.54 7:09.80
3 Januszewski, Cindy 57 FL 8:08.85
45.82 1:35.24 2:25.50 3:15.69
4:05.66 4:55.75 5:45.42 6:34.50
7:21.98 8:08.85**Women 55-59 50 Yard Backstroke**

FLASR: 32.65 # 12/4/2022 Sylvia Buxton

1 Buchman, Suzanne 55 FL 33.71
2 Bekoff, Michelle 58 FL 40.16
3 Brookes, Brita 56 MI 41.24**Women 55-59 100 Yard Backstroke**

FLASR: 1:11.14 # 12/1/2018 Patty Fennell

1 Bekoff, Michelle 58 FL 1:27.05
41.57 1:27.05
2 Januszewski, Cindy 57 FL 1:39.52
48.65 1:39.52**Women 55-59 50 Yard Breaststroke**

FLASR: 36.42 # 12/2/2006 Deb Walker

1 Buchman, Suzanne 55 FL 39.66
2 Croughwell, Jennifer 58 FL 42.81**Women 55-59 100 Yard Breaststroke**

FLASR: 1:19.83 # 12/2/2006 Deb Walker

1 Croughwell, Jennifer 58 FL 1:33.72
44.66 1:33.72**Women 55-59 200 Yard Breaststroke**

FLASR: 2:56.40 # 12/5/2010 Deb Walker

1 Croughwell, Jennifer 58 FL 3:29.45
49.64 1:43.44 2:37.42 3:29.45**Women 55-59 50 Yard Butterfly**

FLASR: 29.72 # 12/11/2011 Pat Sargeant

1 Buchman, Suzanne 55 FL 31.67
2 Januszewski, Cindy 57 FL 48.89**Women 55-59 100 Yard IM**

FLASR: 1:09.97 # 12/10/2011 Pat Sargeant

1 Buchman, Suzanne 55 FL 1:16.77
33.07 1:16.77
2 Hafer, Jill 55 FL 1:22.64
36.98 1:22.64
3 Croughwell, Jennifer 58 FL 1:29.05
43.43 1:29.05**Women 55-59 200 Yard IM**

FLASR: 2:37.46 # 12/2/2018 Patty Fennell

1 Januszewski, Cindy 57 FL 3:37.55
50.24 1:43.93 2:48.88 3:37.55**Women 55-59 400 Yard IM**

FLASR: 5:52.76 # 12/2/2017 Paula Cunio

1 Januszewski, Cindy 57 FL 7:35.19
52.54 1:53.92 3:46.13
4:53.68 5:58.95 6:49.33 7:35.19**Women 60-64 50 Yard Freestyle**

FLASR: 28.36 # 12/12/2021 Kelly Palace

1 Konrad, Gail 60 KY 33.14
2 Gomez, Laura 64 FL 38.65
3 Wood, Cindi 63 FL 40.15

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Women 60-64 100 Yard Freestyle

FLASR: 1:01.65 # 12/12/2021 Kelly Palace

1	Johnson, Ruth	62	FL	1:10.21
	34.22	1:10.21		
2	Konrad, Gail	60	KY	1:15.14
	36.80	1:15.14		
3	Vaillancourt, Vicki	61	FL	1:21.41
	38.82	1:21.41		
4	Wood, Cindi	63	FL	1:35.42
	45.48	1:35.42		

Women 60-64 200 Yard Freestyle

FLASR: 2:11.26 # 12/11/2021 Kelly Palace

1	Johnson, Ruth	62	FL	2:36.41
	36.48	1:15.94	1:56.49	2:36.41
2	Myszewski, Charlene	61	FL	3:03.80
	43.56	1:30.69	2:17.77	3:03.80
3	Vaillancourt, Vicki	61	FL	3:07.06
	43.55	1:31.00	2:19.35	3:07.06

Women 60-64 500 Yard Freestyle

FLASR: 5:48.19 # 12/12/2021 Kelly Palace

1	Christensen, Rebecca	62	FL	8:08.98
	42.73	1:29.50	2:18.37	3:08.13
	3:57.54	4:47.49	5:37.64	6:27.77
	7:18.08	8:08.98		
2	Myszewski, Charlene	61	FL	8:14.73
	44.65	1:34.64	2:25.10	3:15.14
	4:05.65	4:56.36	5:46.11	6:37.16
	7:26.92	8:14.73		
3	Vaillancourt, Vicki	61	FL	8:31.44
	43.76	1:33.48	2:25.74	3:18.81
	4:11.37	5:04.06	5:56.82	6:49.73
	7:42.27	8:31.44		

Women 60-64 50 Yard Backstroke

FLASR: 34.71 # 12/5/2015 Ann Guins

1	Swagler, Teresa	64	FL	44.11
2	Gomez, Laura	64	FL	49.56

Women 60-64 100 Yard Backstroke

FLASR: 1:14.74 # 12/11/2021 Debbie Cavanaugh

1	Swagler, Teresa	64	FL	1:38.94
	47.88	1:38.94		
2	Gomez, Laura	64	FL	1:47.95
	52.39	1:47.95		
3	Lohrbach, Claire	64	FL	1:49.82
	50.90	1:49.82		

Women 60-64 200 Yard Backstroke

FLASR: 2:42.65 # 12/7/2019 Debbie Cavanaugh

1	Swagler, Teresa	64	FL	3:34.38
	50.18	1:44.68	2:40.82	3:34.38
2	Gomez, Laura	64	FL	4:19.34
	59.92	2:06.43	3:15.94	4:19.34

Women 60-64 50 Yard Breaststroke

FLASR: 37.85 # 12/3/2016 Kathy Lewis

1	Johnson, Ruth	62	FL	42.53
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2	Konrad, Gail	60	KY	42.56
3	Vaillancourt, Vicki	61	FL	49.61

Women 60-64 100 Yard Breaststroke

FLASR: 1:23.90 # 2013 Deb Walker

1	Johnson, Ruth	62	FL	1:34.39
	45.59	1:34.39		
2	Vaillancourt, Vicki	61	FL	1:48.26
	50.95	1:48.26		
3	Myszewski, Charlene	61	FL	1:50.51
	52.64	1:50.51		

Women 60-64 200 Yard Breaststroke

FLASR: 3:01.91 # 12/12/2021 Paula Cunio

1	Swagler, Teresa	64	FL	3:51.43
	51.74	1:50.26	2:51.14	3:51.43
2	Myszewski, Charlene	61	FL	4:03.86
	54.40	1:54.59	2:59.87	4:03.86
3	Durkin, Dorothy	64	NY	4:16.11
	1:00.63	2:07.03	3:12.81	4:16.11

Women 60-64 50 Yard Butterfly

FLASR: 33.80 # 12/6/2015 Pam Falcigno

1	Johnson, Ruth	62	FL	35.74
2	Lohrbach, Claire	64	FL	47.10
3	Durkin, Dorothy	64	NY	58.71
4	Wood, Cindi	63	FL	1:04.76

Women 60-64 100 Yard Butterfly

FLASR: 1:17.63 # 12/3/2016 Kathy Lewis

1	Swagler, Teresa	64	FL	1:49.33
	52.44	1:49.33		

Women 60-64 100 Yard IM

FLASR: 1:15.95 # 12/7/2019 Chris Wenzel

1	Johnson, Ruth	62	FL	1:24.53
	40.31	1:24.53		
2	Vaillancourt, Vicki	61	FL	1:41.82
	48.87	1:41.82		
3	Christensen, Rebecca	62	FL	1:45.87
	50.81	1:45.87		

Women 60-64 200 Yard IM

FLASR: 2:47.43 # 12/8/2019 Debbie Cavanaugh

1	Lohrbach, Claire	64	FL	3:55.75
	50.32	1:50.19	2:58.86	3:55.75
2	Durkin, Dorothy	64	NY	4:08.15
	1:02.08	2:07.20	3:16.32	4:08.15

Women 60-64 400 Yard IM

FLASR: 6:42.00 # 12/2/2017 Barbara McNulty

1	Swagler, Teresa	64	FL	7:48.22
	52.05	1:50.89	2:52.11	3:52.70
	4:57.88	6:02.92	6:56.42	7:48.22
2	Christensen, Rebecca	62	FL	7:52.87
	52.70	1:51.63	2:56.99	4:01.92
	5:09.56	6:17.57	7:06.34	7:52.87
3	Lohrbach, Claire	64	FL	8:48.40
	50.44	3:00.48	4:06.38	
	5:24.77	6:41.45	7:43.73	8:48.40

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Women 65-69 50 Yard Freestyle**FLASR: 31.21 # 12/2/2018 Linda Fulton**

1	Fisk, Debbie	66	FL	31.58
2	Lasher, Cynthia	66	FL	31.59
3	Devanney, Celia	66	FL	32.14
4	Taylor, Karen	68	FL	34.04
5	Blair, Deb	65	FL	36.28
6	Manger, Kathy	69	FL	36.80
7	Lowther, Jocelyn	69	FL	37.28
8	Keegan, Cindy	68	FL	40.76

Women 65-69 100 Yard Freestyle**FLASR: 1:10.26 # 12/6/2015 June Carson**

1	Fisk, Debbie	66	FL	1:11.26
	34.31	1:11.26		
2	Devanney, Celia	66	FL	1:13.76
	36.05	1:13.76		
3	Taylor, Karen	68	FL	1:18.52
	37.70	1:18.52		
4	Prezzano, Maryann	68	FL	1:20.79
	38.77	1:20.79		
5	Lowther, Jocelyn	69	FL	1:29.57
	40.80	1:29.57		
6	Keegan, Cindy	68	FL	1:32.38
	45.68	1:32.38		

Women 65-69 200 Yard Freestyle**FLASR: 2:37.94 # 12/7/2019 Joan Craffey**

1	Taylor, Karen	68	FL	2:51.96
	38.76	1:22.37	2:07.64	2:51.96
2	Prezzano, Maryann	68	FL	2:56.12
	40.46	1:25.10	2:10.99	2:56.12
3	Keegan, Cindy	68	FL	3:38.18
	45.99	1:41.83	2:00.40	3:38.18
4	Moucha, Susan	65	FL	5:12.22
	1:10.32	2:29.43	3:51.09	5:12.22

Women 65-69 500 Yard Freestyle**FLASR: 6:43.56 # 12/12/2021 Darcy LaFountain**

1	Devanney, Celia	66	FL	7:15.78
	38.45	1:21.70	2:06.62	2:51.77
	3:36.00	4:19.93	5:04.13	5:48.88
	6:32.90	7:15.78		
2	Prezzano, Maryann	68	FL	7:40.24
	40.19	1:24.31	2:10.84	2:58.06
	3:44.68	4:31.99	5:19.84	6:07.13
	6:54.27	7:40.24		
3	Taylor, Karen	68	FL	7:59.27
	43.25	1:31.89	2:21.20	3:11.13
	3:59.24	4:47.19	5:35.19	6:23.95
	7:13.29	7:59.27		
4	Blair, Deb	65	FL	8:31.13
	44.35	1:35.80	2:28.07	3:21.65
		5:05.79	5:58.30	6:49.92
	7:42.07	8:31.13		

Women 65-69 50 Yard Backstroke**FLASR: 35.50 # 12/2/2018 Linda Fulton**

1	Lasher, Cynthia	66	FL	38.70
2	Fisk, Debbie	66	FL	40.43
3	Devanney, Celia	66	FL	41.72
4	Lowther, Jocelyn	69	FL	49.41
5	Prezzano, Maryann	68	FL	49.42

Women 65-69 100 Yard Backstroke**FLASR: 1:17.63 # 12/1/2018 Linda Fulton**

1	Fisk, Debbie	66	FL	1:27.42
	42.33	1:27.42		
2	Prezzano, Maryann	68	FL	1:45.95
	52.67	1:45.95		
3	Moucha, Susan	65	FL	2:32.10
	1:12.54	2:32.10		
4	Gellert, Janet	68	FL	2:49.77
	1:18.96	2:49.77		

Women 65-69 200 Yard Backstroke**FLASR: 2:48.48 # 12/1/2018 Linda Fulton**

1	Moucha, Susan	65	FL	5:21.83
	1:13.03	2:35.20	3:58.16	5:21.83
---	Gellert, Janet	68	FL	DNF
	1:21.77	2:50.77	4:25.75	

Women 65-69 50 Yard Breaststroke**FLASR: 42.44 # 12/5/2020 Kathy Manger**

1	Lasher, Cynthia	66	FL	42.44#
2	Manger, Kathy	69	FL	42.55
3	Blair, Deb	65	FL	45.36
4	Prezzano, Maryann	68	FL	52.59
---	Keegan, Cindy	68	FL	DQ

Women 65-69 100 Yard Breaststroke**FLASR: 1:32.46 # 12/13/2014 Julianna Holbrook**

1	Manger, Kathy	69	FL	1:33.86
	45.10	1:33.86		
2	Keegan, Cindy	68	FL	1:53.94
	52.80	1:53.94		

Women 65-69 200 Yard Breaststroke**FLASR: 3:23.67 # 12/4/2016 Laurie Grubbs**

1	Manger, Kathy	69	FL	3:30.48
	47.70	1:41.57	2:36.86	3:30.48
2	Keegan, Cindy	68	FL	4:10.44
	54.03	1:59.83	3:08.34	4:10.44
3	Lowther, Jocelyn	69	FL	4:19.07
	53.64	1:55.61	3:05.30	4:19.07

Women 65-69 50 Yard Butterfly**FLASR: 35.00 # 12/8/2019 Linda Fulton**

1	Devanney, Celia	66	FL	37.94
2	Blair, Deb	65	FL	42.67

Women 65-69 100 Yard Butterfly**FLASR: 1:28.44 # 12/3/2022 Debra Fisk**

1	Fisk, Debbie	66	FL	1:31.33
	39.62	1:31.33		

Florida Senior Games - State Championship - 12/2/2023 to 12/3/2023

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Women 65-69 100 Yard IM**FLASR: 1:23.80 # 12/11/2021 Barbara Protzman**

1	Lasher, Cynthia	66	FL	1:25.66
	40.76	1:25.66		
2	Fisk, Debbie	66	FL	1:26.77
	38.15	1:26.77		
3	Blair, Deb	65	FL	1:38.54
	46.58	1:38.54		

Women 65-69 200 Yard IM**FLASR: 3:02.24 # 12/8/2019 Joan Craffey**

1	Devanney, Celia	66	FL	3:08.90
	41.24	1:33.44	2:27.95	3:08.90

Women 70-74 50 Yard Freestyle**FLASR: 31.42 # 12/2/2018 Julianna Holbrook**

1	Fulton, Linda	71	FL	31.87
2	Clinton, Marjory	70	FL	34.13
3	Segar, Candace	70	FL	37.77
4	McBride, Terril	73	FL	39.63
5	Medendorp, Marjorie	70	FL	39.79
6	Jacobson, Geraldine	73	FL	42.49
7	Cohen, Janice	74	FL	1:02.57

Women 70-74 100 Yard Freestyle**FLASR: 1:09.97 # 12/12/2021 Frances Hare**

1	Clinton, Marjory	70	FL	1:18.17
	36.75	1:18.17		
2	Medendorp, Marjorie	70	FL	1:30.97
	45.31	1:30.97		
3	Jacobson, Geraldine	73	FL	1:35.73
4	Evans, Merry	72	FL	1:36.05
	46.30	1:36.05		
5	O'Connor, Mary Pat	71	FL	1:38.35
	47.92	1:38.35		
6	Tittle, Kathleen	72	FL	1:47.47
	52.07	1:47.47		
7	Cohen, Janice	74	FL	2:25.87
	1:06.95	2:25.87		

Women 70-74 200 Yard Freestyle**FLASR: 2:31.21 # 12/5/2020 Fran Hare**

1	Fulton, Linda	71	FL	2:39.00
	36.63	1:18.16	1:59.37	2:39.00
2	Clinton, Marjory	70	FL	2:49.81
	38.37	1:21.52	2:06.63	2:49.81
3	Segar, Candace	70	FL	3:00.72
	42.11	1:28.39	2:16.06	3:00.72
4	Jacobson, Geraldine	73	FL	3:30.28
	49.07	1:43.28	2:36.51	3:30.28
5	Tittle, Kathleen	72	FL	3:44.85
	51.49	1:47.83	2:46.78	3:44.85
6	He, Kaixin	73	FL	3:56.28
	55.05	1:55.16	2:56.07	3:56.28

Women 70-74 500 Yard Freestyle**FLASR: 6:52.04 # 12/12/2021 Fran Hare**

1	Clinton, Marjory	70	FL	7:35.49
	38.30	1:21.78	2:07.76	2:54.02
	3:40.80	4:28.04	5:14.94	6:02.65
	6:49.81	7:35.49		
2	Segar, Candace	70	FL	8:01.69
	43.99	1:32.19	2:21.05	3:10.32
	3:59.47	4:49.09	5:38.80	6:27.99
	7:17.09	8:01.69		
3	Evans, Merry	72	FL	8:47.92
	46.26	1:37.62	2:30.69	3:24.58
	4:18.25	5:12.07	6:06.69	7:01.03
	7:54.85	8:47.92		
4	O'Connor, Mary Pat	71	FL	9:40.83
	52.24	1:50.52	2:50.87	3:51.03
	4:49.66	5:48.77	6:47.84	7:46.67
	8:45.33	9:40.83		
5	He, Kaixin	73	FL	10:31.20
	59.96	2:02.20	3:05.65	4:09.40
	5:14.44	6:17.69	7:21.10	8:24.59
	9:29.19	10:31.20		

Women 70-74 50 Yard Backstroke**FLASR: 36.62 # 12/6/2020 Diann Ustal**

1	Fulton, Linda	71	FL	36.35#
2	Clinton, Marjory	70	FL	40.64
3	Segar, Candace	70	FL	46.58
4	McBride, Terril	73	FL	54.57
5	O'Connor, Mary Pat	71	FL	54.74
6	Cohen, Janice	74	FL	1:24.04

Women 70-74 100 Yard Backstroke**FLASR: 1:20.02 # 12/5/2020 Diann Ustal**

1	Fulton, Linda	71	FL	1:20.22
	39.00	1:20.22		
2	O'Connor, Mary Pat	71	FL	2:02.89
	59.46	2:02.89		
3	Cohen, Janice	74	FL	2:54.26
	1:21.33	2:54.26		

Women 70-74 200 Yard Backstroke**FLASR: 2:53.60 # 12/5/2020 Diann Ustal**

1	Fulton, Linda	71	FL	2:57.90
	42.73	1:28.86	2:14.99	2:57.90
2	Segar, Candace	70	FL	3:26.68
	51.41	1:43.75	2:36.50	3:26.68
3	Dennis, Martha	71	FL	3:42.60
	52.93	1:49.62	2:47.15	3:42.60
4	He, Kaixin	73	FL	4:31.89
	1:03.93	2:11.26	3:20.18	4:31.89
5	Cohen, Janice	74	FL	6:26.14
	1:23.01	3:03.85	4:48.13	6:26.14

Women 70-74 50 Yard Breaststroke**FLASR: 41.62 # 12/1/2018 Julianna Holbrook**

1	Jacobson, Geraldine	73	FL	48.12
2	Cohen, Janice	74	FL	1:22.75

Florida Senior Games - State Championship - 12/2/2023 to 12/3/2023

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Women 70-74 100 Yard Breaststroke**FLASR: 1:34.60 # 12/2/2017 Julianna Holbrook**

1	He, Kaixin	73	FL	2:02.10
	58.52	2:02.10		
2	Jacobson, Geraldine	73	FL	2:11.26
	1:02.29	2:11.26		

Women 70-74 200 Yard Breaststroke**FLASR: 3:37.95 # 12/12/2021 Laurie Grubbs**

1	He, Kaixin	73	FL	4:18.84
	59.11	2:05.37	3:13.62	4:18.84
2	Dennis, Martha	71	FL	5:01.99
	1:08.69	2:27.17	3:46.95	5:01.99
---	Evans, Merry	72	FL	DQ
	58.97	2:06.59	3:16.53	DQ

Women 70-74 50 Yard Butterfly**FLASR: 36.06 # 12/4/2022 Linda Fulton**

1	Fulton, Linda	71	FL	35.14#
2	Medendorp, Marjorie	70	FL	47.26
3	McBride, Terril	73	FL	49.46

Women 70-74 100 Yard Butterfly**FLASR: 1:37.82 # 12/3/2022 Linda Fulton**

1	Dennis, Martha	71	FL	2:14.94
	1:04.16	2:14.94		

Women 70-74 200 Yard Butterfly**FLASR: 4:15.75 # 12/12/2021 Kathleen Tittle**

1	Tittle, Kathleen	72	FL	4:29.87
	58.42	2:06.21	3:19.96	4:29.87
2	Dennis, Martha	71	FL	4:50.84
	1:06.12	2:20.97	4:50.84	

Women 70-74 100 Yard IM**FLASR: 1:25.53 # 12/1/2018 Julianna Holbrook**

1	Clinton, Marjory	70	FL	1:34.69
	42.39	1:34.69		
2	He, Kaixin	73	FL	2:07.73
	1:05.68	2:07.73		

Women 70-74 200 Yard IM**FLASR: 3:23.10 # 12/12/2021 Laurie Grubbs**

1	Dennis, Martha	71	FL	4:06.06
	1:05.27	2:03.19	3:18.80	4:06.06
2	Evans, Merry	72	FL	4:07.74
	1:03.55	2:05.37	3:11.94	4:07.74

Women 70-74 400 Yard IM**FLASR: 8:34.87 # 12/3/2022 Martha Dennis**

1	Dennis, Martha	71	FL	8:28.63#
	1:05.58	2:16.90	3:15.96	4:13.84
	5:31.85	6:50.76	7:40.46	8:28.63
2	Tittle, Kathleen	72	FL	9:35.03
	58.82	2:08.63	3:17.90	4:28.74
	6:01.86	7:35.80	8:36.01	9:35.03

Women 75-79 50 Yard Freestyle**FLASR: 37.09 # 2002 Florence Carr**

1	Panker, Karen	78	FL	39.26
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2	Hansen, Lorrie	75	FL	41.49
3	Johnson, Lois	75	FL	42.07
4	Suttie, Rae	79	FL	56.15

Women 75-79 100 Yard Freestyle**FLASR: 1:23.77 # 2000 Florence Carr**

1	Panker, Karen	78	FL	1:34.97
	43.90	1:34.97		
2	Hansen, Lorrie	75	FL	1:37.42
	44.57	1:37.42		

Women 75-79 200 Yard Freestyle**FLASR: 3:04.24 # 12/13/2014 Patricia Bond**

1	Panker, Karen	78	FL	3:24.65
	44.30	1:35.77	2:30.39	3:24.65
2	Johnson, Lois	75	FL	3:26.43
	46.17	1:38.57	2:33.62	3:26.43
3	Hansen, Lorrie	75	FL	3:39.98
	46.13	1:42.03	2:43.03	3:39.98
4	Paukert, Judy	75	FL	3:42.93
	54.61	1:51.02	2:48.51	3:42.93

Women 75-79 500 Yard Freestyle**FLASR: 8:01.54 # 12/13/2014 Patricia Bond**

1	Paukert, Judy	75	FL	9:49.33
	55.08	1:54.02	2:54.06	3:55.19
	4:54.48	5:54.01	6:53.60	7:53.07
	8:52.78	9:49.33		
2	Hansen, Lorrie	75	FL	9:53.31
	46.98	1:46.87	2:48.79	3:50.69
	4:50.71	5:53.70	6:56.42	7:57.75
	8:58.28	9:53.31		

Women 75-79 50 Yard Backstroke**FLASR: 47.08 # 12/13/2014 Patricia Bond**

1	Suttie, Rae	79	FL	1:08.62
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Women 75-79 100 Yard Backstroke**FLASR: 1:37.69 # 12/15/2013 Patricia Bond**

1	Panker, Karen	78	FL	1:46.68
	52.97	1:46.68		
2	Johnson, Lois	75	FL	1:54.46
	56.79	1:54.46		
3	Suttie, Rae	79	FL	2:32.58

Women 75-79 200 Yard Backstroke**FLASR: 3:23.39 # 12/15/2013 Patricia Bond**

1	Suttie, Rae	79	FL	5:33.14
	1:19.57	2:46.30	4:12.78	5:33.14

Women 75-79 100 Yard Breaststroke**FLASR: 1:46.72 # 12/1/2018 Jeanne Hackett**

1	Johnson, Lois	75	FL	1:57.67
	55.70	1:57.67		

Women 75-79 50 Yard Butterfly**FLASR: 49.32 # 12/15/2013 Patricia Bond**

1	Hansen, Lorrie	75	FL	47.86#
2	Paukert, Judy	75	FL	54.48
3	Suttie, Rae	79	FL	1:28.15

Florida Senior Games - State Championship - 12/2/2023 to 12/3/2023

Recognized by the Florida LMSC

Results

Women 75-79 100 Yard Butterfly

FLASR: 1:51.06 # 12/2/2006 Sylvia Eisele

1	Paukert, Judy	75	FL	2:02.93
	57.68	2:02.93		

Women 75-79 200 Yard Butterfly

FLASR: 5:23.92 # 12/4/2016 Patricia Tullman

1	Paukert, Judy	75	FL	4:27.41#
	59.15	2:08.10	3:19.35	4:27.41

Women 75-79 100 Yard IM

FLASR: 1:42.22 # 12/13/2014 Patricia Bond

1	Panker, Karen	78	FL	1:46.82
	50.27	1:46.82		
2	Johnson, Lois	75	FL	1:47.81
	54.96	1:47.81		
3	Hansen, Lorrie	75	FL	2:02.68
	53.26	2:02.68		

Women 75-79 200 Yard IM

FLASR: 3:33.84 # 12/15/2013 Patricia Bond

1	Johnson, Lois	75	FL	4:08.08
	1:01.93	2:07.97	3:18.12	4:08.08

Women 75-79 400 Yard IM

FLASR: 11:21.71 # 12/2/2017 Frances Weston

1	Paukert, Judy	75	FL	9:14.28#
	57.92	2:07.46	3:26.50	4:40.89
	5:59.68	7:19.31	8:17.96	9:14.28

Women 80-84 50 Yard Freestyle

FLASR: 42.93 # 12/3/2017 Patricia Tullman

1	Hackett, Jeanne	80	FL	42.31#
2	Hanson, Monique	81	FL	43.26
3	Kostewicz, Mary	81	FL	1:05.56

Women 80-84 100 Yard Freestyle

FLASR: 1:31.96 # 2001 Jean Ritchie

1	Hackett, Jeanne	80	FL	1:35.57
	45.86	1:35.57		
2	Hanson, Monique	81	FL	1:37.95
	45.89	1:37.95		
3	Foley, Carolynn	80	FL	1:55.89
	53.77	1:55.89		

Women 80-84 200 Yard Freestyle

FLASR: 3:29.41 # 12/10/2011 Mary Tusa

1	Hackett, Jeanne	80	FL	3:36.22
	48.17	1:42.25	2:38.93	3:36.22
2	Foley, Carolynn	80	FL	4:13.13
	57.11	2:01.85	3:08.20	4:13.13

Women 80-84 500 Yard Freestyle

FLASR: 8:44.79 # 12/2/2018 Patricia Bond

1	Foley, Carolynn	80	FL	10:54.46
	56.92	2:03.63	3:12.11	4:17.32
	5:23.55	6:31.07	7:36.78	8:43.32
	9:50.01	10:54.46		

2	Kostewicz, Mary	81	FL	13:29.86
	1:02.57	2:18.03	3:36.81	4:59.12
			9:11.62	10:37.30
	12:04.12	13:29.86		

Women 80-84 50 Yard Backstroke

FLASR: 49.68 # 2002 Bunny Cederlund

1	Hanson, Monique	81	FL	1:00.10
2	Kostewicz, Mary	81	FL	1:01.87
3	Foley, Carolynn	80	FL	1:06.38

Women 80-84 100 Yard Backstroke

FLASR: 1:48.45 # 12/6/2004 Bunny Cederlund

1	Foley, Carolynn	80	FL	2:14.60
	1:02.99	2:14.60		
2	Kostewicz, Mary	81	FL	2:18.09
	1:03.15	2:18.09		

Women 80-84 200 Yard Backstroke

FLASR: 3:54.35 # 12/6/2004 Bunny Cederlund

1	Foley, Carolynn	80	FL	4:41.87
		2:16.10	4:41.87	
2	Kostewicz, Mary	81	FL	4:56.27
	1:10.02	3:43.47	4:56.27	

Women 80-84 50 Yard Breaststroke

FLASR: 53.50 # 12/10/2011 Sylvia Eisele

1	Hackett, Jeanne	80	FL	51.80#
2	Hanson, Monique	81	FL	1:10.85

Women 80-84 100 Yard Breaststroke

FLASR: 2:02.45 # 12/10/2011 Sylvia Eisele

1	Hackett, Jeanne	80	FL	1:56.25#
	53.49	1:56.25		
2	Hanson, Monique	81	FL	2:42.10
	1:18.61	2:42.10		

Women 80-84 200 Yard Breaststroke

FLASR: 4:22.52 # 12/2/2018 Patricia Bond

1	Hackett, Jeanne	80	FL	4:22.48#
	56.51	2:04.15	3:14.11	4:22.48

Women 85-89 50 Yard Freestyle

FLASR: 47.71 # 12/4/2022 Patricia Tullman

1	Rumney, Elizabeth	86	FL	1:13.82
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Women 85-89 200 Yard Freestyle

FLASR: 3:51.78 # 12/5/2015 Jean Troy

1	Rumney, Elizabeth	86	FL	5:14.44
	1:11.86	2:35.58	3:57.55	5:14.44

Women 85-89 500 Yard Freestyle

FLASR: 9:58.14 # 2014 Betty Lorenzi

1	Rumney, Elizabeth	86	FL	13:07.11
	1:12.89	2:30.68	3:49.95	5:10.83
	6:30.32	7:50.50	9:10.54	10:31.14
	11:53.87	13:07.11		

Men 50-54 50 Yard Freestyle

FLASR: 23.73 # 12/7/2008 John Newman

1	Soukup, Gregory	54	FL	28.29
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Florida Senior Games - State Championship - 12/2/2023 to 12/3/2023

Recognized by the Florida LMSC

Results

Men 50-54 100 Yard Freestyle**FLASR: 52.88 # 12/7/2008 John Newman**

1	Soukup, Gregory	54 FL	1:06.15
	31.12	1:06.15	

Men 50-54 50 Yard Butterfly**FLASR: 25.64 # 12/6/2015 Eric Wendorf**

1	Mc Kenna, Joel	53 FL	30.23
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Men 50-54 100 Yard Butterfly**FLASR: 56.24 # 12/5/2015 Eric Wendorf**

1	Mc Kenna, Joel	53 FL	1:07.44
	31.78	1:07.44	

Men 55-59 50 Yard Freestyle**FLASR: 23.62 # 12/2/2012 Michael Scott**

1	Haviland, Dewey	57 FL	25.29
2	Krieger, Dima	57 FL	25.44
3	Uriarte, Michael	57 FL	26.52
4	Bullard, Brett	57 FL	27.14
5	Shoemaker, Jon	56 FL	28.16
6	Egan, Brian	55 TN	29.35
7	Sierra, Miguel	59 FL	29.98
8	Mercado, Robert	58 FL	35.96

Men 55-59 100 Yard Freestyle**FLASR: 52.46 # 12/2/2012 Michael Scott**

1	Haviland, Dewey	57 FL	54.32
	25.10	54.32	
2	Krieger, Dima	57 FL	57.81
	28.56	57.81	
3	Bullard, Brett	57 FL	1:02.40
	28.61	1:02.40	
4	Egan, Brian	55 TN	1:08.28
	32.31	1:08.28	
5	Shoemaker, Jon	56 FL	1:10.50
	32.15	1:10.50	
6	Mercado, Robert	58 FL	1:22.77

Men 55-59 200 Yard Freestyle**FLASR: 2:01.14 # 12/5/2009 Thomas Bliss**

1	Haviland, Dewey	57 FL	1:59.60#
	26.85	56.63	1:27.69
			1:59.60
2	Krieger, Dima	57 FL	2:08.39
	29.80	1:02.17	1:35.06
			2:08.39
3	Bullard, Brett	57 FL	2:23.81
	31.69	1:07.39	1:46.02
			2:23.81

Men 55-59 500 Yard Freestyle**FLASR: 5:34.57 # 12/2/2007 Brian Voisard**

1	Haviland, Dewey	57 FL	5:28.16#
	30.37	1:02.56	1:34.83
			2:07.89
	2:40.96	3:14.17	3:47.66
			4:21.17
	4:55.03	5:28.16	
2	Mercado, Robert	58 FL	8:37.34
		1:28.33	2:19.53
			3:11.90
	4:04.60	4:59.34	5:53.89
			6:50.59
	7:46.24	8:37.34	

Men 55-59 50 Yard Backstroke**FLASR: 28.78 # 12/12/2021 David Zimmerman**

1	Krieger, Dima	57 FL	30.28
2	Sierra, Miguel	59 FL	36.31
3	Mercado, Robert	58 FL	50.02

Men 55-59 100 Yard Backstroke**FLASR: 1:02.56 # 12/2/2017 David Zimmerman**

1	Krieger, Dima	57 FL	1:07.99
	34.33	1:07.99	
2	Bullard, Brett	57 FL	1:27.41
	42.54	1:27.41	

Men 55-59 50 Yard Breaststroke**FLASR: 29.16 # 12/7/2019 Michael Aubrey**

1	Uriarte, Michael	57 FL	33.93
2	Mercado, Robert	58 FL	50.24

Men 55-59 100 Yard Breaststroke**FLASR: 1:06.37 # 12/7/2019 Michael Aubrey**

1	Bullard, Brett	57 FL	1:18.45
	36.88	1:18.45	
2	Mercado, Robert	58 FL	1:59.59
	54.21	1:59.59	

Men 55-59 200 Yard Breaststroke**FLASR: 2:33.49 # 12/8/2019 Michael Aubrey**

1	Bullard, Brett	57 FL	2:58.27
	39.52	1:23.92	2:11.52
			2:58.27

Men 55-59 50 Yard Butterfly**FLASR: 26.65 # 12/6/2004 Thomas Peek**

1	Uriarte, Michael	57 FL	29.66
2	Shoemaker, Jon	56 FL	31.90
3	Egan, Brian	55 TN	33.08
4	Sierra, Miguel	59 FL	33.17

Men 55-59 100 Yard Butterfly**FLASR: 59.78 # 12/5/2009 Thomas Bliss**

1	Uriarte, Michael	57 FL	1:08.69
	31.80	1:08.69	

Men 55-59 100 Yard IM**FLASR: 1:01.99 # 12/1/2012 Michael Scott**

1	Uriarte, Michael	57 FL	1:09.41
	32.29	1:09.41	

Men 55-59 400 Yard IM**FLASR: 5:21.91 # 12/2/2017 Juan Cue**

1	Haviland, Dewey	57 FL	5:05.62#
	30.98	1:07.33	1:48.79
			2:28.11
	3:12.39	3:57.35	4:32.97
			5:05.62

Men 60-64 50 Yard Freestyle**FLASR: 25.05 # 12/8/2019 Michael Smith**

1	Becker, Steven	61 FL	26.30
2	Lundeen, Bob	64 FL	29.08
3	Miller, David	63 OH	29.35
4	Vaile, Brian	61 FL	29.71

Florida Senior Games - State Championship - 12/2/2023 to 12/3/2023

Recognized by the Florida LMSC

Results

Men 60-64 100 Yard Freestyle

FLASR: 56.95 # 12/2/2007 Bruce Mohl

1	Lundeen, Bob	64	FL	1:04.02
				31.29 1:04.02
2	Miller, David	63	OH	1:10.39
				33.68 1:10.39

Men 60-64 200 Yard Freestyle

FLASR: 2:05.29 # 12/2/2017 Kern Davis

1	Drongosky, Michael	63	FL	2:27.34
				32.47 1:09.32 1:47.80 2:27.34

Men 60-64 50 Yard Backstroke

FLASR: 31.70 # 12/6/2020 John Wise

1	Di Prizito, Albert	60	FL	30.09#
2	Becker, Steven	61	FL	31.95
3	Lundeen, Bob	64	FL	34.86
4	Miller, David	63	OH	40.21

Men 60-64 100 Yard Backstroke

FLASR: 1:07.29 # 12/11/2011 Brian Voisard

1	Di Prizito, Albert	60	FL	1:05.82#
				32.19 1:05.82
2	Becker, Steven	61	FL	1:11.93
				35.14 1:11.93
3	Lundeen, Bob	64	FL	1:16.41
				37.60 1:16.41
4	Vaile, Brian	61	FL	1:21.43
				40.23 1:21.43

Men 60-64 200 Yard Backstroke

FLASR: 2:25.48 # 12/11/2011 Brian Voisard

1	Di Prizito, Albert	60	FL	2:28.34
				34.96 1:11.98 1:50.51 2:28.34

Men 60-64 50 Yard Breaststroke

FLASR: 29.46 # 12/3/2022 Michael Aubrey

1	Aubrey, Michael	62	FL	29.29#
2	Lundeen, Bob	64	FL	36.71
3	Miller, David	63	OH	38.20
4	Appel, Luther	64	FL	40.39
5	Darken, Kevin	63	FL	43.99

Men 60-64 100 Yard Breaststroke

FLASR: 1:07.15 # 12/3/2022 Michael Aubrey

1	Aubrey, Michael	62	FL	1:06.89#
				30.91 1:06.89
2	Miller, David	63	OH	1:28.05
				41.60 1:28.05
3	Appel, Luther	64	FL	1:31.64
				43.13 1:31.64
4	Darken, Kevin	63	FL	1:43.05
				46.92 1:43.05

Men 60-64 200 Yard Breaststroke

FLASR: 2:34.62 # 12/12/2021 Michael Aubrey

1	Aubrey, Michael	62	FL	2:39.60
				36.30 1:16.74 1:58.31 2:39.60
2	Appel, Luther	64	FL	3:24.21
				45.71 1:36.31 2:30.29 3:24.21

3	Darken, Kevin	63	FL	3:57.77
				53.34 1:54.43 2:56.33 3:57.77

Men 60-64 50 Yard Butterfly

FLASR: 27.91 # 12/8/2019 Michael Smith

1	Aubrey, Michael	62	FL	26.85#
2	Becker, Steven	61	FL	28.25
3	Di Prizito, Albert	60	FL	28.61
4	Vaile, Brian	61	FL	32.26

Men 60-64 100 Yard Butterfly

FLASR: 1:02.00 # 12/2/2017 Kern Davis

1	Becker, Steven	61	FL	1:04.11
				31.04 1:04.11
2	Vaile, Brian	61	FL	1:17.15
				34.39 1:17.15

Men 60-64 100 Yard IM

FLASR: 1:02.97 # 12/11/2021 Michael Aubrey

1	Aubrey, Michael	62	FL	1:03.02
				29.63 1:03.02
2	Di Prizito, Albert	60	FL	1:06.87
				31.38 1:06.87
3	Lundeen, Bob	64	FL	1:12.64
				34.94 1:12.64
4	Vaile, Brian	61	FL	1:17.84
				36.21 1:17.84
5	Miller, David	63	OH	1:24.00
				40.79 1:24.00
---	Becker, Steven	61	FL	DQ
				32.04 DQ

Men 60-64 200 Yard IM

FLASR: 2:21.15 # 12/12/2021 Michael Aubrey

1	Di Prizito, Albert	60	FL	2:39.27
				32.61 1:14.90 2:02.11 2:39.27

Men 65-69 50 Yard Freestyle

FLASR: 25.92 # 2000 Cav Cavanaugh

1	Smith, Michael	66	FL	25.47#
2	Finley, Mark	65	FL	27.45
3	Simons, Robert	66	FL	28.78
4	Forbes, Jonathan	66	FL	29.51
5	Powers-Young, John	67	FL	30.24
6	Lear, Douglas	67	FL	31.29

Men 65-69 100 Yard Freestyle

FLASR: 58.40 # 2000 Cav Cavanaugh

1	Simons, Robert	66	FL	1:05.09
				30.90 1:05.09
2	Powers-Young, John	67	FL	1:08.87
				33.03 1:08.87
3	Don, Metcalf	68	FL	1:21.05
				39.73 1:21.05
4	Bak, Michael	67	FL	1:24.99
				40.77 1:24.99

Florida Senior Games - State Championship - 12/2/2023 to 12/3/2023

Recognized by the Florida LMSC

Results

Men 65-69 200 Yard Freestyle

FLASR: 2:08.70 # 12/13/2014J Nathan Leech

1	Finley, Mark	65	FL	2:20.82
	30.51	1:05.99	1:43.76	2:20.82
2	Simons, Robert	66	FL	2:24.49
	32.37	1:08.10	1:45.81	2:24.49
3	Lear, Douglas	67	FL	2:46.32
	37.23	1:18.62	2:03.01	2:46.32
4	Don, Metcalf	68	FL	3:09.80
	43.76	1:30.95	2:20.89	3:09.80
5	Zinner, James	67	FL	3:37.35
	48.13	1:45.46	2:42.32	3:37.35
---	Powers-Young, John	67	FL	DNF
	34.23	1:13.78	2:56.45	

Men 65-69 500 Yard Freestyle

FLASR: 5:58.93 # 12/13/2014J Nathan Leech

1	Lear, Douglas	67	FL	7:56.75
	42.70	1:29.34	2:17.48	3:05.79
	3:55.28	4:44.31	5:34.02	6:23.63
	7:12.78	7:56.75		
2	Don, Metcalf	68	FL	8:43.07
	46.08	1:36.61	2:30.25	3:25.69
	4:19.91	5:14.60	6:08.92	7:02.53
	7:55.38	8:43.07		
3	Bak, Michael	67	FL	8:49.08
	46.00	1:37.39	2:30.10	3:24.04
	4:18.20	5:12.19	6:06.99	7:02.54
	7:57.18	8:49.08		

Men 65-69 50 Yard Backstroke

FLASR: 31.25 # 12/4/2022 Alistair Cockburn

1	Finley, Mark	65	FL	33.59
2	Forbes, Jonathan	66	FL	36.35
3	Don, Metcalf	68	FL	47.76

Men 65-69 100 Yard Backstroke

FLASR: 1:08.10 # 12/1/2018 Robert Heacock

1	Finley, Mark	65	FL	1:20.86
	39.83	1:20.86		
2	Don, Metcalf	68	FL	1:43.86
	52.80	1:43.86		
3	Zinner, James	67	FL	1:46.68
	51.90	1:46.68		

Men 65-69 200 Yard Backstroke

FLASR: 2:30.70 # 12/7/2019 Brian Voisard

1	Finley, Mark	65	FL	2:49.09
	39.09	1:22.09	2:06.09	2:49.09
2	Don, Metcalf	68	FL	3:51.37
	55.66	1:54.29	2:55.68	3:51.37

Men 65-69 50 Yard Breaststroke

FLASR: 33.20 # 12/3/2016 George Schmidt

1	Smith, Michael	66	FL	32.63#
2	Campbell, Charles	69	FL	37.37
3	Simons, Robert	66	FL	38.61
4	Powers-Young, John	67	FL	42.11

Men 65-69 100 Yard Breaststroke

FLASR: 1:15.83 # 12/5/2015 Rudy Vazmina

1	Smith, Michael	66	FL	1:14.46#
	35.27	1:14.46		
2	Simons, Robert	66	FL	1:22.77
	38.55	1:22.77		
3	Campbell, Charles	69	FL	1:23.85
	38.77	1:23.85		

Men 65-69 200 Yard Breaststroke

FLASR: 2:44.90 # 12/6/2015 Rudy Vazmina

1	Simons, Robert	66	FL	2:59.27
	39.77	1:24.18	2:11.32	2:59.27

Men 65-69 50 Yard Butterfly

FLASR: 28.00 # 12/4/2022 Michael Smith

1	Smith, Michael	66	FL	29.28
2	Charrette, Dale	66	FL	29.64

Men 65-69 100 Yard Butterfly

FLASR: 1:00.44 # 12/1/2018 Rudy Vazmina

1	Charrette, Dale	66	FL	1:13.39
	32.57	1:13.39		

Men 65-69 100 Yard IM

FLASR: 1:06.08 # 12/3/2016 George Schmidt

1	Smith, Michael	66	FL	1:07.76
	32.57	1:07.76		
2	Campbell, Charles	69	FL	1:18.30
	37.03	1:18.30		
3	Lear, Douglas	67	FL	1:28.52
	43.44	1:28.52		

Men 70-74 50 Yard Freestyle

FLASR: 26.28 # 12/6/2015 Keefe Lodwig

1	Leech, J Nathan	74	FL	29.11
2	Winslow, Timothy	73	FL	32.32
3	Smith, Paul	71	FL	34.93

Men 70-74 100 Yard Freestyle

FLASR: 58.74 # 12/6/2015 Keefe Lodwig

1	McMillen, Scott	70	FL	1:02.16
	29.84	1:02.16		
2	Waybright, Jimmy	73	FL	1:11.20
	34.60	1:11.20		

Men 70-74 200 Yard Freestyle

FLASR: 2:13.59 # 12/5/2015 Keefe Lodwig

1	Leech, J Nathan	74	FL	2:28.07
	33.85	1:11.14	1:49.76	2:28.07
2	Waybright, Jimmy	73	FL	2:41.55
	35.44	1:14.90	1:57.97	2:41.55

Men 70-74 500 Yard Freestyle

FLASR: 6:10.49 # 12/8/2019 J Nathan Leech

1	Leech, J Nathan	74	FL	6:48.22
	35.51	1:14.22	1:54.65	2:35.75
	3:18.06	4:00.19	4:42.96	5:25.73
	6:08.05	6:48.22		

Florida Senior Games - State Championship - 12/2/2023 to 12/3/2023

Recognized by the Florida LMSC

Results

(Men 70-74 500 Yard Freestyle)

2	Waybright, Jimmy	73	FL	7:30.00
	38.79	1:21.73	2:06.22	2:50.98
	3:35.83	4:21.87	5:08.19	5:55.18
	6:43.29	7:30.00		
3	Jewell, Robert	70	FL	9:26.59
	48.28	1:43.01	2:41.27	3:40.32
	4:39.77	5:38.60	6:37.08	7:35.78
	8:32.53	9:26.59		

Men 70-74 50 Yard Backstroke**FLASR: 33.91 # 12/6/2020 George Schmidt**

1	McMillen, Scott	70	FL	33.40#
2	Waybright, Jimmy	73	FL	38.00

Men 70-74 100 Yard Backstroke**FLASR: 1:16.16 # 12/5/2020 George Schmidt**

1	McMillen, Scott	70	FL	1:13.67#
	36.08	1:13.67		
2	Waybright, Jimmy	73	FL	1:26.37
	43.27	1:26.37		

Men 70-74 200 Yard Backstroke**FLASR: 2:42.84 # 12/7/2019 J Nathan Leech**

1	Leech, J Nathan	74	FL	2:56.06
	41.17	1:25.76	2:11.73	2:56.06
2	Waybright, Jimmy	73	FL	3:13.98
	47.25	1:35.17	2:25.74	3:13.98
3	Ibrahim, Nady	74	FL	4:20.65
	1:01.45	2:08.25	3:14.10	4:20.65

Men 70-74 50 Yard Breaststroke**FLASR: 35.16 # 12/3/2022 Rudy Vazmina**

1	Vazmina, Rudy	73	FL	36.50
2	Jewell, Robert	70	FL	52.26

Men 70-74 100 Yard Breaststroke**FLASR: 1:19.50 # 12/5/2020 Rudy Vazmina**

1	Vazmina, Rudy	73	FL	1:19.90
	37.67	1:19.90		
2	McMillen, Scott	70	FL	1:23.36
	39.10	1:23.36		

Men 70-74 200 Yard Breaststroke**FLASR: 2:54.00 # 12/12/2021 Hubie Kerns**

1	Vazmina, Rudy	73	FL	3:02.38
	42.44	1:29.31	2:16.61	3:02.38

Men 70-74 50 Yard Butterfly**FLASR: 29.01 # 12/6/2015 Keefe Lodwig**

1	Vazmina, Rudy	73	FL	30.53
2	Winslow, Timothy	73	FL	34.12
3	Smith, Paul	71	FL	39.74

Men 70-74 100 Yard Butterfly**FLASR: 1:12.72 # 12/5/2020 Rudy Vazmina**

1	Ibrahim, Nady	74	FL	1:57.83
	53.66	1:57.83		

Men 70-74 200 Yard Butterfly**FLASR: 2:48.91 # 12/12/2021 Hubie Kerns**

1	Leech, J Nathan	74	FL	3:44.04
	45.36	1:41.89	2:42.69	3:44.04
2	Ibrahim, Nady	74	FL	4:34.44
	1:01.18	2:10.59	3:23.84	4:34.44

Men 70-74 100 Yard IM**FLASR: 1:10.80 # 12/2/2017 David Jarvis**

1	McMillen, Scott	70	FL	1:12.76
	33.54	1:12.76		
2	Vazmina, Rudy	73	FL	1:14.29
	34.60	1:14.29		
3	Jewell, Robert	70	FL	1:50.29
	54.92	1:50.29		

Men 70-74 200 Yard IM**FLASR: 2:37.51 # 12/12/2021 Lee Childs**

1	McMillen, Scott	70	FL	2:47.98
	36.98	1:22.87	2:10.94	2:47.98
2	Ibrahim, Nady	74	FL	3:56.23
	53.77	1:58.87	3:07.21	3:56.23

Men 70-74 400 Yard IM**FLASR: 5:39.09 # 12/11/2021 Hubie Kerns**

1	Leech, J Nathan	74	FL	6:35.97
	45.10	1:39.46	2:29.14	3:17.75
	4:12.59	5:08.25	5:54.25	6:35.97
2	Ibrahim, Nady	74	FL	8:38.82
	1:01.43	2:11.61	3:21.00	4:32.34
	5:43.25	6:53.83	7:46.50	8:38.82

Men 75-79 50 Yard Freestyle**FLASR: 27.37 # 12/8/2019 David Quiggin**

1	Peek, Thomas	76	FL	28.09
2	Simons, Robert	75	FL	30.13
3	Wickman, Robin	78	FL	33.65
4	Cohen, Martin	76	FL	40.04

Men 75-79 100 Yard Freestyle**FLASR: 1:00.10 # 12/8/2019 David Quiggin**

1	Simons, Robert	75	FL	1:15.84
	38.70	1:15.84		

Men 75-79 200 Yard Freestyle**FLASR: 2:20.32 # 12/7/2019 David Quiggin**

1	Pepito, Tesalonico	75	FL	3:23.97
	43.80	1:34.70	2:29.19	3:23.97
2	Davey, Michael	79	FL	3:25.73
	45.37	1:35.88	2:31.28	3:25.73

Men 75-79 50 Yard Backstroke**FLASR: 35.83 # 2000 Paul Hutinger**

1	Simons, Robert	75	FL	37.94
2	McCaffrey, Thomas	75	FL	39.54
3	Wickman, Robin	78	FL	44.18
4	Hickey, Kenneth	78	FL	47.03

Florida Senior Games - State Championship - 12/2/2023 to 12/3/2023

Recognized by the Florida LMSC

Results

Men 75-79 100 Yard Backstroke**FLASR: 1:18.85 # 12/7/2019 David Quiggin**

1	McCaffrey, Thomas	75	FL	1:30.03
	43.41	1:30.03		
2	Hickey, Kenneth	78	FL	1:41.48
	48.42	1:41.48		
3	Davey, Michael	79	FL	1:51.46
	54.19	1:51.46		

Men 75-79 200 Yard Backstroke**FLASR: 2:56.58 # 2000 Paul Hutinger**

1	McCaffrey, Thomas	75	FL	3:27.30
	46.62	1:37.72	2:33.14	3:27.30
2	Hickey, Kenneth	78	FL	4:08.09
	55.91	1:58.40	3:05.01	4:08.09

Men 75-79 50 Yard Breaststroke**FLASR: 38.94 # 12/13/2014 Karl Wiedamann**

1	Wickman, Robin	78	FL	41.72
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Men 75-79 100 Yard Breaststroke**FLASR: 1:29.24 # 12/13/2014 Karl Wiedamann**

1	Wickman, Robin	78	FL	1:36.03
	45.36	1:36.03		
2	Pepito, Tesalonico	75	FL	1:53.66
	54.82	1:53.66		
3	Davey, Michael	79	FL	2:06.99
	1:00.93	2:06.99		
4	Hickey, Kenneth	78	FL	2:40.30
	1:14.57	2:40.30		

Men 75-79 200 Yard Breaststroke**FLASR: 3:15.15 # 12/6/2020 Mike Freshley**

1	Pepito, Tesalonico	75	FL	4:14.12
	54.73	1:57.52	3:06.73	4:14.12
2	Hickey, Kenneth	78	FL	5:41.19
	1:13.57	2:41.95	4:12.54	5:41.19

Men 75-79 50 Yard Butterfly**FLASR: 35.52 # 12/3/2017 Martin Schenk**

1	Simons, Robert	75	FL	34.07#
2	Wickman, Robin	78	FL	40.70

Men 75-79 100 Yard IM**FLASR: 1:19.33 # 12/11/2021 David Quiggin**

1	Wickman, Robin	78	FL	1:32.58
	46.04	1:32.58		
2	Pepito, Tesalonico	75	FL	1:51.23
	54.95	1:51.23		

Men 80-84 50 Yard Freestyle**FLASR: 29.67 # 12/2/2018 Tom Verth**

1	Freshley, Mike	82	FL	32.79
2	Disterdick, John	81	FL	34.42
3	Miller, Andy	82	FL	41.57
4	Delauzon, Joseph	81	FL	48.11
5	Cannan, Patrick	83	FL	51.71

Men 80-84 100 Yard Freestyle**FLASR: 1:21.15 # 12/8/2019 Cav Cavanaugh**

1	Disterdick, John	81	FL	1:27.07
	40.89	1:27.07		
2	Schenk, Martin	81	FL	1:27.83
	41.55	1:27.83		
3	Miller, Andy	82	FL	1:37.12
	45.17	1:37.12		
4	Ferinden, James	81	FL	1:49.98
	54.29	1:49.98		
5	Cannan, Patrick	83	FL	1:51.50
	53.61	1:51.50		

Men 80-84 200 Yard Freestyle**FLASR: 3:04.54 # 12/7/2019 Cav Cavanaugh**

1	Schenk, Martin	81	FL	3:18.62
	44.25	1:35.47	2:28.03	3:18.62
2	Disterdick, John	81	FL	3:18.82
	41.96	1:33.10	2:28.20	3:18.82
3	Miller, Andy	82	FL	3:35.64
		1:41.07	2:38.77	3:35.64
4	Cannan, Patrick	83	FL	3:55.37
	55.25	1:55.40	2:56.11	3:55.37
5	Ferinden, James	81	FL	4:05.25
	53.95	1:54.71	4:05.25	

Men 80-84 500 Yard Freestyle**FLASR: 8:44.41 # 12/4/2022 Ron Davis**

1	Freshley, Mike	82	FL	8:01.60#
	41.50	1:29.45	2:18.76	3:08.57
	3:58.51	4:47.85	5:37.37	6:26.70
	7:14.95	8:01.60		
2	Disterdick, John	81	FL	9:53.82
	45.02	1:41.43	2:42.96	3:44.30
	4:47.59	5:49.34	6:53.34	
	8:56.67	9:53.82		
3	Cannan, Patrick	83	FL	10:50.17
	56.49	2:02.76	3:09.09	4:15.59
			7:36.15	8:41.49
	9:47.47	10:50.17		

Men 80-84 50 Yard Backstroke**FLASR: 36.13 # 12/2/2018 Tom Verth**

1	Ferinden, James	81	FL	57.03
2	Delauzon, Joseph	81	FL	57.62

Men 80-84 100 Yard Backstroke**FLASR: 1:27.86 # 12/6/2004 Paul Hutinger**

1	Ferinden, James	81	FL	2:11.26
	1:00.78	2:11.26		

Men 80-84 200 Yard Backstroke**FLASR: 3:17.49 # 12/5/2004 Paul Hutinger**

1	Colburn, Harry	80	FL	4:52.55
	1:12.17	4:52.55		
2	Ferinden, James	81	FL	5:10.10
	1:11.89	2:30.52	3:51.45	5:10.10

Florida Senior Games - State Championship - 12/2/2023 to 12/3/2023

Recognized by the Florida LMSC

Results

Men 80-84 50 Yard Breaststroke

FLASR: 38.63 # 12/11/2021 Mike Freshley

1	Freshley, Mike	82	FL	42.67
2	Schenk, Martin	81	FL	47.57
3	Delauzon, Joseph	81	FL	51.30
4	Disterdick, John	81	FL	1:05.26

Men 80-84 100 Yard Breaststroke

FLASR: 1:28.01 # 12/11/2021 Mike Freshley

1	Freshley, Mike	82	FL	1:34.01
	44.11	1:34.01		
2	Schenk, Martin	81	FL	1:47.93
	50.67	1:47.93		
3	Delauzon, Joseph	81	FL	2:09.27
	1:01.17	2:09.27		

Men 80-84 200 Yard Breaststroke

FLASR: 3:44.90 # 2014 Mani Sanguily

1	Freshley, Mike	82	FL	3:21.33#
	45.27	1:36.99	2:29.78	3:21.33
2	Schenk, Martin	81	FL	4:10.00
	55.83	1:59.08	3:05.38	4:10.00
3	Delauzon, Joseph	81	FL	4:57.59
	1:05.39	2:21.47	3:41.81	4:57.59

Men 80-84 50 Yard Butterfly

FLASR: 36.43 # 12/2/2018 Tom Verth

1	Miller, Andy	82	FL	56.95
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Men 80-84 100 Yard Butterfly

FLASR: 1:46.02 # 12/11/2021 Robert Pendergras

1	Miller, Andy	82	FL	2:22.40
	57.35	2:22.40		
2	Colburn, Harry	80	FL	3:13.14
	1:33.31	3:13.14		

Men 80-84 200 Yard Butterfly

FLASR: 4:26.52 # 12/2/2018 Paul Magnarella

1	Colburn, Harry	80	FL	7:07.91
	1:39.60	3:37.19	5:30.21	7:07.91

Men 80-84 100 Yard IM

FLASR: 1:22.20 # 12/11/2021 Mike Freshley

1	Schenk, Martin	81	FL	1:47.81
	50.62	1:47.81		
2	Disterdick, John	81	FL	1:58.44
	56.72	1:58.44		
3	Miller, Andy	82	FL	2:01.56
	57.35	2:01.56		
4	Colburn, Harry	80	FL	2:25.39
	1:13.71	2:25.39		

Men 80-84 200 Yard IM

FLASR: 3:07.38 # 12/12/2021 Mike Freshley

1	Freshley, Mike	82	FL	3:22.76
	46.82	1:46.18	2:39.02	3:22.76
2	Colburn, Harry	80	FL	5:25.02
	2:52.27	5:25.02		

Men 80-84 400 Yard IM

FLASR: 8:07.93 # 12/3/2016 Jerry Marchbanks

1	Ulanowicz, Robert	80	FL	10:44.44
	1:11.43	4:13.29	5:36.73	
	7:03.93	8:30.31	9:38.48	10:44.44
2	Colburn, Harry	80	FL	11:44.67
	1:40.68	4:57.07	6:17.93	
	7:57.21	10:40.13	11:44.67	

Men 85-89 50 Yard Freestyle

FLASR: 36.52 # 12/12/2021 Cav Cavanaugh

1	Dively, Michael	85	FL	39.41
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Men 85-89 100 Yard Freestyle

FLASR: 1:25.21 # 12/12/2021 Cav Cavanaugh

1	Dively, Michael	85	FL	1:36.56
	44.65	1:36.56		

Men 85-89 50 Yard Backstroke

FLASR: 43.62 # 12/8/2019 Skip Monsein

1	Dively, Michael	85	FL	54.61
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Men 85-89 50 Yard Breaststroke

FLASR: 46.62 # 12/5/2020 Jerry Marchbanks

1	Dively, Michael	85	FL	58.23
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Men 85-89 100 Yard IM

FLASR: 1:50.69 # 12/5/2020 Jerry Marchbanks

1	Dively, Michael	85	FL	2:05.12
	1:05.16	2:05.12		

Women 55+ 200 Yard Freestyle Relay

FLASR: 2:12.84 # 12/7/2019 Fla Sr Games

A Johnson, M Wruck, M Medendorp, D Fisk

1	VMAS	B	2:06.93#
	1) Croughwell, Jennifer W58	2) Johnson, Ruth W62	
	3) Hafer, Jill W55	4) Buchman, Suzanne W55	
	34.79	1:06.70	1:38.32 2:06.93
2	VMAS	A	2:19.76
	1) Bekoff, Michelle W58	2) Myszewski, Charlene W61	
	3) Vaillancourt, Vicki W61	4) Lasher, Cynthia W66	
	31.87	1:10.00	1:46.35 2:19.76

Women 55+ 200 Yard Medley Relay

FLASR: 2:35.86 # 12/8/2019 Fla Sr Games

A Johnson, M Medendorp, D Fisk, M Wruck

1	VMAS	A	3:06.25
	1) Myszewski, Charlene W61	2) Vaillancourt, Vicki W61	
	3) Johnson, Ruth W62	4) Medendorp, Marjorie W70	
	57.63	1:48.23	2:26.53 3:06.25

Women 65+ 200 Yard Freestyle Relay

FLASR: 2:40.11 # 12/10/2011 Fla Sr Games Re

S Newland, K KLISCH, R Suttie, J HACKETT

1	UN	A	2:26.91#
	1) Taylor, Karen W68	2) Hackett, Jeanne W80	
	3) Panker, Karen W78	4) Fisk, Debbie W66	
	33.68	1:15.39	1:54.72 2:26.91

Florida Senior Games - State Championship - 12/2/2023 to 12/3/2023

Recognized by the Florida LMSC

Results

Men 45+ 200 Yard Medley Relay

FLASR: 1:59.74 # 12/8/2019 Fla Sr Games

J Nixon, J Gonzalez, M Smith, W Bouyoucas

1 UN	A	2:17.18
1) Leech, J Nathan M74	2) Lundeen, Bob M64	
3) Mc Kenna, Joel M53	4) Disterdick, John M81	
35.81	1:11.91	1:42.37 2:17.18

Men 55+ 200 Yard Freestyle Relay

FLASR: 1:47.47 # 12/3/2022 VAST

D Haviland, M Finley, J Williams, M Uriarte

1 VMAS	A	1:48.02
1) Haviland, Dewey M57	2) Finley, Mark M65	
3) Lundeen, Bob M64	4) Uriarte, Michael M57	
24.65	51.98	1:21.51 1:48.02
2 FL	A	1:49.27
1) Smith, Michael M66	2) Charrette, Dale M66	
3) McMillen, Scott M70	4) Aubrey, Michael M62	
26.31	55.25	1:23.06 1:49.27

Men 55+ 200 Yard Medley Relay

FLASR: 2:05.02 # 12/4/2022 VAST

M Uriarte, D Haviland, D Charrette, J Williams

1 FL	A	1:59.57#
1) McMillen, Scott M70	2) Aubrey, Michael M62	
3) Charrette, Dale M66	4) Smith, Michael M66	
33.57	1:04.11	1:34.13 1:59.57

Mixed 55+ 200 Yard Medley Relay

FLASR: 2:26.59 # 12/2/2018 Residents - Fla

T Dickson, D Jarvis, D Fisk, M Wruck

1 VMAS	A	2:10.02#
1) Buchman, Suzanne W55	2) Bekoff, Michelle W58	
3) Uriarte, Michael M57	4) Haviland, Dewey M57	
33.11	1:15.61	1:45.34 2:10.02

Mixed 65+ 200 Yard Freestyle Relay

FLASR: 2:05.16 # 12/3/2016 Florida Aquatic

P Hirr, D Jarvis, R Olmsted, J Leech

1 UN	A	2:37.59
1) Fulton, Linda W71	2) Dennis, Martha W71	
3) Hickey, Kenneth M78	4) Freshley, Mike M82	
36.94	1:16.94	2:01.96 2:37.59

Mixed 65+ 200 Yard Medley Relay

FLASR: 2:21.38 # 12/4/2016 Florida Aquatic

J Leech, P Hirr, D Jarvis, R Olmsted

1 VMAS	A	2:24.04
1) Fisk, Debbie W66	2) Simons, Robert M66	
3) Finley, Mark M65	4) Taylor, Karen W68	
41.60	1:17.86	1:49.47 2:24.04
2 FL	A	3:52.09
1) Cohen, Janice W74	2) Freshley, Mike M82	
3) Dennis, Martha W71	4) Hickey, Kenneth M78	
1:19.78	2:03.19	3:02.50 3:52.09