

1 Dec 2021

## 2022 Southeast Zone LCM Top 10 Relays

World record	USMS record	Southeast Zone record
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**Women****200 Free Relay**

<b>72-99</b>									
2:11.02	SHARK	Whatmore, Reece	19	Bzibziak, Sarah	34	Bailey, Delaney	19	May, Courtney	25
<b>100-119</b>									
2:11.38	SPM	Retotar, Allison	35	Deuser, Kelly	24	Martin Mayor, Macarena	24	Howson, Megan	26
2:11.98	SFTL	Yelle, Madison	27	Bennett, June	21	Sharon, Daya	23	Guerra, Mariela	33
<b>120-159</b>									
1:55.63	SFTL	Uzcatogui, Andrea	33	Louhichi, Nadia	41	Kowalsky, Becky	37	Rodriguez, Wendy	35
2:03.58	NCMS	Beckett, Madison	33	Darmofal, Katarina	26	Fellenbaum, Samantha	29	Maybank, Kristen	34
2:15.77	SPM	Swoch, Sarah	37	Patton, Celeste	38	Forkois, Adrienne	43	Gibson, Stephanie	39
2:19.56	TBAM	Huber, Olivia	26	Sabolic, Julie	29	Stayman, Hayley	30	Maehr, Erin	40
<b>160-199</b>									
1:54.89	NCMS	Braun, Erika	50	Uhl, Alicia	45	Worley, Brooke	27	Lindauer, Kerry	48
2:04.92	SPM	Retotar, Allison	35	Texel, Paula	52	Westerman, Karen	55	Hayden, Alison	51
2:08.49	SHARK	King, Ashley	42	Varnell, Laurel	31	Keiber, Casey	45	Aten, Rebecca	46
2:31.97	SFTL	Rosen, Anna	35	Albano, Carla	64	Stutz, Kathleen	40	Rosenblat, Daniela	47
<b>200-239</b>									
2:02.86	SHARK	Stewart, Ann	52	King, Ashley	42	Dombrowski, Andrea	55	Keller, Bridget	52
2:05.82	SFTL	Rivera, Maria	49	McCrary, Christine	49	Dussliere, Julie	50	Herrington, Jamie	57
2:07.64	SPM	Westerman, Karen	55	Hayden, Alison	51	Brandt, Tabitha	54	Texel, Paula	52
2:17.49	NCMS	Dunn, Sara	50	Savage, Mary Anne	62	Dore, Mary	59	Collins, Margaret	59
2:47.25	SFTL	Ponce, Noelle	54	Richins, Robin	54	Kupan, Cheryl	58	Bogue, Sherri	58
<b>240-279</b>									
2:23.49	NCMS	Alton, Dale	65	Amick, Beverly	68	Maycock, Cary	54	Whelchel, Nancy	62
2:25.16	SFTL	Dussliere, Julie	50	Larson, Linda	67	Webb, Linda	77	Falcigno, Pamela	67
2:25.76	SFTL	Lassen, Megan	52	Marks, Karen	63	Henley, Cynthia	64	Hung, Maria	62
2:28.76	SPM	Tokayer, Susan	62	Harasz, Melissa	62	Steinmann, Sharon	64	Flanagan, Lisa	60
3:12.92	SFTL	Bennett, Sarah	59	Rosenbaum, Deborah	62	Chin-Ogilvie, Adrienne	62	Grady, Marci	64
<b>280-319</b>									
2:22.03	SHARK	Uustal, Diann	76	Carson, June	74	Watts, Sue	68	Kryka, Nancy	67
2:37.36	SFTL	Falcigno, Pamela	67	Larson, Linda	67	Webb, Linda	77	Martin, Michelle	73

**400 Free Relay**

<b>72-99</b>									
4:31.66	SHARK	Gobora, Sofiya	19	Yenari, Sage	19	Bailey, Delaney	19	Whatmore, Reece	19
<b>120-159</b>									
5:03.51	YOTA	Chandler, Carolyn	31	LoPiccolo, Allison	29	McFadden, Katie	35	Selema, Frances	41
5:39.83	SHARK	Goldschmidt, Claudia	55	Bailey, Delaney	19	Whatmore, Reece	19	Bzibziak, Sarah	34
<b>160-199</b>									
5:31.78	SHARK	Goldschmidt, Claudia	55	Coley, Cheryl	50	Varnell, Laurel	31	May, Courtney	25
<b>240-279</b>									
5:37.65	SFTL	Dussliere, Julie	50	Larson, Linda	67	Webb, Linda	77	Falcigno, Pamela	67
6:10.12	SFTL	Bankes, Missie	57	Grady, Marci	64	Henley, Cynthia	64	Bennett, Sarah	59
<b>280-319</b>									
5:26.29	SHARK	Uustal, Diann	76	Watts, Sue	68	Carson, June	74	Kryka, Nancy	67

**800 Free Relay**

<b>120-159</b>									
10:33.05	NCMS	Taylor, Sharon	37	Henke, Debra	26	Newkirk, Marie	34	Worley, Brooke	27
<b>200-239</b>									
11:26.55	SHARK	Aten, Rebecca	46	Goldschmidt, Claudia	55	Kryka, Nancy	67	Watts, Sue	68
<b>240-279</b>									
12:46.97	SFTL	Dussliere, Julie	50	Larson, Linda	67	Webb, Linda	77	Falcigno, Pamela	67

1 Dec 2021

## 2022 Southeast Zone LCM Top 10 Relays

World record

USMS record

Southeast Zone record

## Women

## 200 Medley Relay

<b>72-99</b>									
2:18.97	SHARK	Gobora, Sofiya	19	Bailey, Delaney	19	Whatmore, Reece	19	Yenari, Sage	19
<b>100-119</b>									
2:27.95	GS	Tomashefski, Sarah	32	Davis, Jennifer	25	Kayye, Annabelle	27	Fritzsche, Sarah	26
2:34.46	GAJA	Elco, Elizabeth	33	Tritschler, Angeline	22	Smithing, Julia	25	French, Lauren	27
2:35.30	SFTL	Murphy, Siobhan	36	Guerra, Mariela	33	Yelle, Madison	27	Sharon, Daya	23
<b>120-159</b>									
2:12.68	SFTL	Rivera, Maria	49	Louhichi, Nadia	41	Uzategui, Andrea	33	Rodriguez, Wendy	35
2:47.97	SPM	Swoch, Sarah	37	Deuser, Kelly	24	Forkois, Adrienne	43	Harmon, Alyssa	25
3:21.17	CAM	Townsend, Hannah	25	Elliott, Lisa	54	Kosenchuk, Gabriella	21	Bidwell, Cecilia	47
<b>160-199</b>									
2:05.59	NCMS	Mihalik, Jennifer	44	Taylor, Sharon	37	Holland, Irish	42	Braun, Erika	50
2:15.80	PALM	Heatley, Stephanie	32	Bruce, Stacey	48	Sizelove, Erin	44	Harriman, Sarah	39
2:18.90	SPM	Texel, Paula	52	Martin Mayor, Macarena	24	Hayden, Alison	51	Retotar, Allison	35
2:38.90	SFTL	Bankes, Missie	57	Rosenblat, Daniela	47	McCrary, Christine	49	Congdon, Heather	44
3:17.22	WSC	Aguilar, Maria	45	Bot, Lina	36	Rodriguez, Iliana	24	Sharrard, Janel	53
<b>200-239</b>									
2:13.75	NCMS	Lindauer, Kerry	48	Dunn, Sara	50	Stump, Karen	44	Dore, Mary	59
2:18.15	SHARK	Keller, Bridget	52	Keiber, Casey	45	Stewart, Ann	52	Dombrowski, Andrea	55
2:29.24	SPM	Texel, Paula	52	Valle, Valerie	45	Brandt, Tabitha	54	Kupan, Cheryl	58
2:29.69	SHARK	Stewart, Ann	52	Good, Tricia	51	Lachney, Fay	61	Goldschmidt, Claudia	55
3:44.63	GAJA	Haase, Judith	82	Ingold, Barbara	63	Eichenberger, Sarah	24	Rogan, Pam	54
<b>240-279</b>									
2:29.39	NCMS	Vazquez, Maria	57	Campagna, Janice	62	Amick, Beverly	68	Wolff, Celia	56
2:50.11	SFTL	Larson, Linda	67	Dussliere, Julie	50	Falcigno, Pamela	67	Webb, Linda	77
2:52.69	GS	DeMere, Susan	66	Ference, Jean	64	Moore, Carolyn	61	Hebel, Janice	62
2:54.59	NCMS	Lang, Anita	55	Savage, Mary Anne	62	Whelchel, Nancy	62	Barry, Marcia	74
3:14.79	SFTL	Albano, Carla	64	Shirley, Desiree	65	Henley, Cynthia	64	Bennett, Sarah	59
3:33.52	SFTL	Monahan, Becky	61	Chin-Ogilvie, Adrienne	62	Grady, Marci	64	Wesgate, Jody	55
3:57.82	SFTL	Volz, Kristin	49	Marks, Karen	63	Brockman, Blair	67	Rosenbaum, Deborah	62
<b>280-319</b>									
2:49.02	SHARK	Uustal, Diann	76	Carson, June	74	Kryka, Nancy	67	Watts, Sue	68
3:10.96	SFTL	Larson, Linda	67	Webb, Linda	77	Falcigno, Pamela	67	Martin, Michelle	73
4:20.65	GS	White, Maureen	65	Panayotoff, Kristi	74	McKee, Becki	68	Elliott, Kacky	83
4:49.28	SCHH	Bertram, Ellen	73	Smith, Cynthia	69	Tullie, Ann	77	Forrester, Nancy	67

## 400 Medley Relay

<b>100-119</b>									
5:44.32	YOTA	McFadden, Katie	35	Chandler, Carolyn	31	Selema, Frances	41	LoPiccolo, Allison	29
5:47.13	SPM	Swoch, Sarah	37	Howson, Megan	26	Martin Mayor, Macarena	24	Deuser, Kelly	24
<b>160-199</b>									
4:40.42	NCMS	Maybank, Kristen	34	Taylor, Sharon	37	Holland, Irish	42	Braun, Erika	50
7:00.64	TBAM	Nelson, Becky	58	DeGuenther, Norma	60	Stayman, Hayley	30	Sabolic, Julie	29
<b>240-279</b>									
6:25.95	SFTL	Larson, Linda	67	Dussliere, Julie	50	Falcigno, Pamela	67	Webb, Linda	77
6:37.45	SFTL	Attin Neville, Debra	63	Henley, Cynthia	64	Hung, Maria	62	Bennett, Sarah	59
<b>280-319</b>									
5:26.29	SHARK	Uustal, Diann	76	Watts, Sue	68	Carson, June	74	Kryka, Nancy	67

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## 2022 Southeast Zone LCM Top 10 Relays

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## Men

## 200 Free Relay

<b>72-99</b>	1:58.36	SFTL	Flores, Alfonso	25	Karimi, Abbas	25	Rubin, Yona	22	Woodrow, Blake	26
<b>100-119</b>	1:43.33	SFTL	Tapp, Charles	32	Rosenbaum, Ryan	28	Kertesz, Kristof	29	Lupoli, Franco	28
<b>120-159</b>	1:46.80	SFTL	Torres, Martin	45	Needleman, Josh	28	Zambrano Gonzalez, Juan	40	Averett, Michael	39
	1:53.95	NCMS	Kelber, Jordan	25	Nguyen, Sonny	43	Rubacky, Mark	53	Brinkley, Samuel	25
	1:55.51	SPM	Stickle, Christopher	32	Wazyzniak, Kenneth	38	Manera, Noah	24	Herman, Eric	51
	2:34.07	NAUT	Douglas, Opio	25	Jones, Matt	31	Concepcion, Sean	32	Wondaferew, Daniel	21
<b>160-199</b>	1:51.85	PBM	Johnson, Eric	32	Steighner, Brian	51	Garland, Barry	44	Ballard, Pat	60
	1:54.72	SPM	Manera, Noah	24	Nixon, John	67	Herman, Eric	51	Stickle, Christopher	32
	2:02.00	SHARK	Lambert, Austin	25	Mitchinson, Dean	54	Hillman, Allen	55	Whiteside, Brian	52
	2:23.71	SPM	Smith, Joshua	54	Porcelli, Jonathan	54	Hawkins, Russell	36	Bossert, Steven	54
	2:26.68	WSC	Fraser, Marc-Anthony	38	Mucino, Sal	52	Bell, Erik	48	Muraskin, Ted	54
<b>200-239</b>	1:51.52	SHARK	Schwartz, Jason	47	Palacios-wanke, Hans	54	Mench, Edward	56	Almeyda, Xavier	52
	1:55.94	GSMS	Hunte, Rod	40	Alderson, Pat	70	Klein, Tom	52	Broughal, James	46
	2:02.51	GAJA	Friedman, Marc	58	Krygier, Brad	64	Greenwood, William	54	Herringer, Thomas	61
	2:38.53	SFTL	Monahan, Jim	59	Romano, Marcelo	66	Stamey, Ben	61	Strzelecki, Richard	50
<b>240-279</b>	1:51.40	NCMS	Thornton, Cooper	60	Moore, John	60	Denison, Paul	65	Anderson, Earl	58
	1:53.76	SHARK	Bradshaw, John	56	Brackett, Bill	64	Hellmann, Ralph	61	Perez, Arnaldo	60
	1:58.55	PALM	Cook, Andy	58	Dyer, Andy	64	Shake, Joe	64	Slowey, Michael	65
	1:58.68	SFTL	Parra, Francisco	65	Fiser, Graeme	56	Zappi, Federico	60	Tapp, Jay	63
	1:59.32	PBM	Quiggin, David	78	Zelazek, Bruce	66	Aubrey, Michael	61	LaMonica, Mike	62
	2:02.92	SPM	Soltys, Ted	62	Salomon, Greg	60	Davis, Kern	68	Nixon, John	67
	2:03.88	SHARK	Newman, Steven	60	Laiti, Chris	62	Charrette, Dale	65	Denault, Charles	59
	2:15.67	SFTL	Richards, Mark	62	Quiroga, Amadeo	60	Abbate, Gary	68	Correa-Marrero, Pedro	60
<b>280-319</b>	2:00.49	SHARK	Kahn, Roger	67	Walker, Rick	72	Voisard, Brian	71	Childs, Lee	74
	2:10.89	SFTL	Yocom, Douglas	71	Larson, Allen	69	Dondi, Beda	67	Kerns, Hubie	73
	2:24.83	SHARK	Martin, Jack	71	Wierda, Christopher	72	Johnston, John	75	Bowden, Richard	67
	2:54.12	NCMS	Bober, Richard	71	Glender, Carlos	68	Norling, Timothy	81	Barrett, Steve	89
<b>320-359</b>	<b>2:29.83</b>	<b>SHARK</b>	<b>Reed, Ed</b>	<b>79</b>	<b>Oakes, David</b>	<b>82</b>	<b>Claridge, Don</b>	<b>77</b>	<b>Miller, David</b>	<b>82</b>
	2:49.75	SHARK	Heeter, M.H.	75	Laux, Michael	81	Colyer, Bob	84	Maldonado, Luis	85

## 400 Free Relay

<b>100-119</b>	6:12.76	GOLD	Miyares, Andres	39	Jakovcevic, Thomas	20	De Castro, Luc	19	Greve, Jesse	32
<b>120-159</b>	4:30.12	YOTA	Bloomfield, Richard	42	Cordrey, Brandon	35	Peck, Ryan	26	Sommer, Wesley	39
<b>160-199</b>	4:50.66	NCMS	Henry, Bryan	30	Rougier-Chapman, Duncan	55	Nguyen, Sonny	43	Washburn, Jonathan	65
	5:38.20	WSC	Fraser, Marc-Anthony	38	Sharrard, Thomas	54	Mucino, Sal	52	Bell, Erik	48
<b>240-279</b>	4:38.78	PBM	Ballard, Pat	60	Meckelnburg, Douglas	57	Aubrey, Michael	61	Green, Chip	62
<b>280-319</b>	4:48.70	SHARK	Brackett, Bill	64	Couch, Bob	75	Martin, Jack	71	Walker, Rick	72

## 800 Free Relay

<b>120-159</b>	10:45.41	YOTA	Rowe, Edward	43	Peck, Ryan	26	Sommer, Wesley	39	Schoch, Eric	40
<b>120-159</b>	10:37.37	SPM	Manera, Noah	24	Stickle, Christopher	32	Esposito, Jim	59	Hawkins, Russell	36
<b>200-239</b>	10:35.10	SHARK	Matysek, Jim	63	Galvin, Colin	38	Mitchinson, Dean	54	Couch, Bob	75

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## Men

## 200 Medley Relay

72-99									
2:12.07	SFTL	Woodrow, Blake	26	Rubin, Yona	22	Karimi, Abbas	25	Flores, Alfonso	25
<b>100-119</b>									
2:06.80	GS	Ogle, Dylan	24	Dietrich, Jeff	29	Michael, Charles	23	Cignarale, Noah	26
3:12.55	GOLD	Jakovcevic, Thomas	20	Greve, Jesse	32	Miyares, Andres	39	De Castro, Luc	19
<b>120-159</b>									
1:51.16	PBM	Johnson, Eric	32	Garland, Barry	44	Lotano, Daniel	42	Ritter, Adam	37
1:54.23	GS	Templeton, Michael	35	Cassella, Ryan	41	Wilson, Jeremy	30	Croucher, Steve	33
1:55.29	SFTL	Tapp, Charles	32	Rosenbaum, Ryan	28	Kertesz, Kristof	29	Manzi, Francesco	36
<b>160-199</b>									
1:58.92	SFTL	Sintjago, Rinaldo	40	Fiser, Graeme	56	Zambrano Gonzalez, Juan	40	Averett, Michael	39
2:11.26	SPM	Stickle, Christopher	32	Nixon, John	67	Manera, Noah	24	Herman, Eric	51
2:18.13	SFTL	Monahan, Jim	59	Torres, Martin	45	Lemas Santo, Yosvanys	35	Quiroga, Amadeo	60
2:18.97	GS	Poeta, Jacob	31	Biere, Alexander	34	Conklin, Scott	34	Grawe, Bill	65
2:27.15	GAJA	Doupe, William	60	Hill, Stephen	32	Merritt, Russ	51	Dickey, James	28
<b>200-239</b>									
2:04.91	SHARK	Schwartz, Jason	47	Mench, Edward	56	Palacios-wanke, Hans	54	Almeyda, Xavier	52
2:06.60	NCMS	Hill, Edward	43	Moore, John	60	Dallamura, Scott	44	Rubacky, Mark	53
2:11.81	PALM	Slowey, Michael	65	Dyer, Andy	64	Sites, Tyler	31	Cook, Andy	58
2:20.37	PBM	Green, Chip	62	Aubrey, Michael	61	Meckelnburg, Douglas	57	Bradchulis, Derek	45
2:27.54	SHARK	Denault, Charles	59	Charrette, Dale	65	Mitchinson, Dean	54	Huber, Karl	60
2:29.30	GSMS	Klein, Tom	52	Kleint, Don	68	Broughal, James	46	Alderson, Pat	70
2:36.13	SHARK	Mitchinson, Dean	54	Whiteside, Brian	52	Rigney, Kane	41	Bergquist, Michael	66
2:49.53	CAM	Acosta, Marty	57	Roberts, Keith	62	Velazquez, Ronnie	45	Jordan, Justin	41
3:12.92	WSC	Mucino, Sal	52	Sharrard, Thomas	54	Murphy, Thomas	29	Bell, Erik	48
3:23.65	SFTL	Strzelecki, Richard	50	Abbate, Gary	68	Harrison, Zaq	58	Stamey, Ben	61
<b>240-279</b>									
2:07.53	NCMS	Bober, Richard	71	Dunson, David	50	Bitzenhofer, Mike	58	Sanchez, Greg	65
2:09.22	SHARK	Newman, Steven	60	Hellmann, Ralph	61	Perez, Arnaldo	60	Brackett, Bill	64
2:13.35	SHARK	Brackett, Bill	64	Walker, Rick	72	Zimmerman, David	60	Newman, Steven	60
2:14.28	SFTL	Tapp, Jay	63	Correa-Marrero, Pedro	60	Zappi, Federico	60	Merega, Roberto	62
2:18.04	NCMS	McFarland, James	63	Anderson, Earl	58	Denison, Paul	65	Thornton, Cooper	60
2:22.22	SPM	Nixon, John	67	Davis, Kern	68	Soltys, Ted	62	Salomon, Greg	60
2:22.60	SFTL	Parra, Francisco	65	Marks, Ronald	64	Mijares, Jorge	55	Romano, Marcelo	66
2:50.68	GS	Hohmann, John	68	Stone, Jeff	71	Kothe, Mark	55	Mckee, Bob	68
<b>280-319</b>									
2:15.24	SHARK	Boatright, Jeffrey	69	Walker, Rick	72	Kahn, Roger	67	Childs, Lee	74
2:37.49	SFTL	Kerns, Hubie	73	Dondi, Beda	67	Yocum, Douglas	71	Larson, Allen	69
2:40.80	SHARK	Voisard, Brian	71	Martin, Jack	71	Couch, Bob	75	Whaley, Richard	70
2:54.53	PBM	Parsons, Roger	75	Alpern, Matthew	59	Heacock, Robert	73	Fisher, Alex	83
3:54.00	SFYH	Colburn, Harry	79	Chojnowski, Gerry	73	Boers, Peter	59	McEvoy, Martin	72
4:08.36	GS	Haverland, Rick	70	Byer, Allan	69	Preuninger, David	75	Taylor, James	70
<b>320-359</b>									
3:00.92	SHARK	Oakes, David	82	Reed, Ed	79	Laux, Michael	81	Miller, David	82
3:27.20	SHARK	Claridge, Don	77	Heeter, M.H.	75	Colyer, Bob	84	Maldonado, Luis	85

## 400 Medley Relay

<b>100-119</b>									
7:27.87	GOLD	Jakovcevic, Thomas	20	Greve, Jesse	32	Miyares, Andres	39	De Castro, Luc	19
<b>160-199</b>									
4:20.38	PBM	Lotano, Daniel	42	Garland, Barry	44	LaMonica, Mike	62	Ritter, Adam	37
<b>120-159</b>									
5:13.78	YOTA	Cordrey, Brandon	35	Bloomfield, Richard	42	Rowe, Edward	43	Sommer, Wesley	39
<b>200-239</b>									
5:22.96	GCYM	Zamora, Zeke	48	Kern, Paul	54	Mangrum, John	59	Golding, Christopher	46
<b>160-199</b>									
5:42.14	SPM	Smith, Joshua	54	Esposito, Jim	59	Manera, Noah	24	Hawkins, Russell	36
<b>280-319</b>									
7:40.62	SPM	Betzer, Peter	80	Nixon, John	67	Davis, Kern	68	Beach, Robert	92

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## Mixed

## 200 Free Relay

## 100-119

1:59.25	SFTL	Rosenbaum, Ryan	28	Guerra, Mariela	33	Sharon, Daya	23	Kertesz, Kristof	29
1:59.78	SFTL	Woodrow, Blake	26	Murphy, Siobhan	36	Yelle, Madison	27	Rubin, Yona	22
2:02.00	SPM	Stickle, Christopher	32	Deuser, Kelly	24	Martin Mayor, Macarena	24	Manera, Noah	24
2:03.89	GS	Davis, Jennifer	25	Ogle, Dylan	24	Fritzsche, Sarah	26	Cignarale, Noah	26
2:05.39	GS	Elco, Elizabeth	33	Lose, John	25	Smithing, Julia	25	Dickey, James	28

## 120-159

1:44.77	SFTL	Tapp, Charles	32	Rodriguez, Wendy	35	Uzcategui, Andrea	33	Lupoli, Franco	28
1:46.50	SMS	McGee, Mason	34	Meyers, James	33	Nethers, Jay	41	Mese, Gordon	55
1:47.37	PBM	Loder, Scott	41	Meier, Ella	31	Nelson, Destiny	25	Ritter, Adam	37
1:55.53	GS	Wilson, Jeremy	30	Kayye, Annabelle	27	Tomashefski, Sarah	32	Templeton, Michael	35
2:03.88	ENSW	Donaldson, Shawn	47	Bobo, Laurin	29	Sandoval, Rachel	30	Stroinski, Bryan	27
2:09.09	SFTL	Flores, Alfonso	25	Rosenblat, Daniela	47	Stutz, Kathleen	40	Zambrano Gonzalez, Juan	40
2:18.10	GS	Rubert, Shelley	51	Conklin, Scott	34	Selbach, Rosiland	46	Michael, Charles	23
2:18.32	NCMS	Nguyen, Sonny	43	Darmofal, Katarina	26	Holtz, Fred	59	Fellenbaum, Samantha	29
2:19.64	SMS	Meyers, Morgan	33	Balch, Sara	34	Hill, Maragaret	55	Gillen, Sarah	47
2:25.77	SMS	Sealover, Heather	35	England, Eric	51	Pryor, Carranza	53	Gary, Allison	44

## 160-199

1:44.26	NCMS	Thomas, Chandler	33	Braun, Erika	50	Mihalik, Jennifer	44	Dellanoce, Michael	38
1:52.41	SFTL	Sintjago, Rinaldo	40	Louhichi, Nadia	41	Rivera, Maria	49	Averett, Michael	39
1:53.82	NCMS	Andersen, Morten	52	Stump, Karen	44	Taylor, Sharon	37	Anderson, Earl	58
2:03.24	SPM	Herman, Eric	51	Smith, Joshua	54	Swoch, Sarah	37	Retotar, Allison	35
2:05.45	SPM	Wazyniak, Kenneth	38	Davis, Kern	68	Harmon, Alyssa	25	Fulmer, Samantha	31
2:16.31	MELB	Liebig, Louis-William	37	Palace, Mark	49	Harting, Laura	28	Wheeler, Joan	58
2:17.68	PALM	Sites, Tyler	31	Sizelove, Erin	44	Wilson, Jamie	56	Pocta, John	55
2:19.67	GAJA	Eichenberger, Sarah	24	French, Lauren	27	Doupe, William	60	Merritt, Russ	51
2:28.37	SPM	Porcelli, Jonathan	54	Hawkins, Russell	36	Patton, Celeste	38	Forkois, Adrienne	43
2:29.48	SMS	Deichmann, Richard	65	Valentine, Claire	34	Deichmann, Elizabeth	35	Valentine, Robert	34

## 200-239

1:55.10	PALM	Cook, Andy	58	Bruce, Stacey	48	Sizelove, Erin	44	Dyer, Andy	64
1:56.43	SHARK	Deery, Kyle	38	Perez, Arnaldo	60	Stewart, Ann	52	Keller, Bridget	52
1:58.06	SHARK	Schwartz, Jason	47	Kahn, Roger	67	Keiber, Casey	45	King, Ashley	42
2:00.28	SHARK	Almeyda, Xavier	52	Clissold, Edward	48	Dombrowski, Andrea	55	Varlas, Melissa	49
2:01.94	SFTL	Torres, Martin	45	Hung, Maria	62	Dussliere, Julie	50	Fiser, Graeme	56
2:02.73	MELB	Clear, Kirk	55	Graham, B.J.	46	Wheeler, Joan	58	Courtney, Zena	63
2:05.02	SPM	Herman, Eric	51	Nixon, John	67	Westerman, Karen	55	Texel, Paula	52
2:05.91	NCMS	Singley, David	64	Wolff, Celia	56	Dunn, Sara	50	Moore, John	60
2:05.96	SFTL	Mijares, Jorge	55	Bankes, Missie	57	McCrary, Christine	49	Richards, Mark	62
2:07.60	SHARK	Galvin, Colin	38	Denault, Charles	59	Goldschmidt, Claudia	55	Watkins, Michelle	55

## 240-279

1:58.47	SFTL	Merega, Roberto	62	Cozier, Danielle	56	Herrington, Jamie	57	Parra, Francisco	65
2:02.47	NCMS	Thornton, Cooper	60	Whelchel, Nancy	62	Campagna, Janice	62	Sanchez, Greg	65
2:04.13	SHARK	Hellmann, Ralph	61	Brackett, Bill	64	Dombrowski, Andrea	55	Lachney, Fay	61
2:04.52	MELB	Wotton, Joe	63	Clear, Kirk	55	Courtney, Zena	63	Palace, Kelly	61
2:04.62	SHARK	Zimmerman, David	60	Newman, Steven	60	Lachney, Fay	61	Kryka, Nancy	67
2:08.89	NCMS	Denison, Paul	65	Dore, Mary	59	Amick, Beverly	68	Smith, Stratton	58
2:13.96	NCMS	McFarland, James	63	Murray, Desiree	54	Glender, Carlos	68	Lang, Anita	55
2:18.41	SFTL	Tapp, Jay	63	Larson, Linda	67	Scott, Melissa	52	Dondi, Beda	67
2:20.08	GS	Moore, Carolyn	61	Mckee, Bob	68	Ference, Jean	64	Grawe, Bill	65
2:23.00	SFTL	Zappi, Federico	60	Albano, Carla	64	Henley, Cynthia	64	Quiroga, Amadeo	60

## 280-319

2:07.88	SHARK	Uustal, Diann	76	Kryka, Nancy	67	Childs, Lee	74	Boatright, Jeffrey	69
2:17.24	SFTL	Yocom, Douglas	71	Webb, Linda	77	Falcigno, Pamela	67	Kerns, Hubie	73
2:19.45	SHARK	Walker, Rick	72	Couch, Bob	75	Watts, Sue	68	Carson, June	74
2:28.49	NCMS	Bober, Richard	71	Savage, Mary Anne	62	Boston, Jim	76	Barry, Marcia	74
2:59.54	SCHH	Bertram, Ellen	73	Gordon, Pete	77	Smith, Cynthia	69	McFadden, Rick	70
3:30.98	SFYH	McEvoy, Martin	72	Hansen, Lorrie	74	Samuelson, Martha	73	Colburn, Harry	79
3:38.77	GS	Panayotoff, Kristi	74	Byer, Allan	69	Elliott, Kacky	83	Stone, Jeff	71
5:11.53	SFTL	Smith, Stephanie	80	Larson, Allen	69	Martin, Michelle	73	Stamey, Ben	61

1 Dec 2021

## 2022 Southeast Zone LCM Top 10 Relays

World record

USMS record

Southeast Zone record

## Mixed

## 200 Medley Relay

72-99	2:13.80	SFTL	Woodrow, Blake	26	Rubin, Yona	22	Yelle, Madison	27	Sharon, Daya	23
100-119	2:07.80	SPM	Stickle, Christopher	32	Martin Mayor, Macarena	24	Manera, Noah	24	Retotar, Allison	35
	2:14.25	SFTL	Rosenbaum, Ryan	28	Flores, Alfonso	25	Bennett, June	21	Guerra, Mariela	33
	2:19.57	SHARK	Lambert, Austin	25	Varnell, Laurel	31	Paulling, Daniel	36	May, Courtney	25
120-159	1:54.95	PBM	Nelson, Destiny	25	Garland, Barry	44	Ritter, Adam	37	Meier, Ella	31
	1:59.70	NCMS	Kelber, Jordan	25	Taylor, Sharon	37	Beckett, Madison	33	Brinkley, Samuel	25
	2:00.82	SFTL	Tapp, Charles	32	Kertesz, Kristof	29	Uzcategui, Andrea	33	Rodriguez, Wendy	35
	2:14.99	NCMS	Darmofal, Katarina	26	Nguyen, Sonny	43	Fischer, Quinn	24	Fellenbaum, Samantha	29
	2:21.17	SFTL	Hsieh, Adam	30	Hsieh, Alan	29	McCrary, Christine	49	Rosen, Anna	35
	2:22.94	TBAC	Maehr, Erin	40	Wright, Caleb	26	Albanese, Lindsay	29	Cue, Juan	63
	2:25.83	ENSW	Stroinski, Bryan	27	Sandoval, Rachel	30	Bobo, Laurin	29	Donaldson, Shawn	47
	2:32.80	SMS	Meyers, Morgan	33	Gonzales, Ian	23	Mese, Gordon	55	Hill, Maragaret	55
	2:33.75	SFTL	Murphy, Siobhan	36	Rosenblat, Daniela	47	Manzi, Francesco	36	Lupoli, Franco	28
	2:40.63	SMS	Sealover, Heather	35	McGee, Mason	34	Balch, Sara	34	Gillen, Sarah	47
160-199	1:57.92	NCMS	Fusedale, Nick	47	Thomas, Chandler	33	Stump, Karen	44	Braun, Erika	50
	2:05.61	NCMS	Lindauer, Kerry	48	Dunson, David	50	Uhl, Alicia	45	Andersen, Morten	52
	2:10.22	PALM	Bruce, Stacey	48	Sites, Tyler	31	Sizelove, Erin	44	Cook, Andy	58
	2:10.80	SHARK	Clissold, Edward	48	Galvin, Colin	38	King, Ashley	42	Aten, Rebecca	46
	2:13.06	SFTL	Averett, Michael	39	Torres, Martin	45	Louhichi, Nadia	41	Kowalsky, Becky	37
	2:13.79	SFTL	Rivera, Maria	49	Dussliere, Julie	50	Zambrano Gonzalez, Juan	40	Needleman, Josh	28
	2:25.78	SPM	Patton, Celeste	38	Texel, Paula	52	Salomon, Greg	60	Varga, Balint	45
	2:34.59	SPM	Smith, Joshua	54	Esposito, James	59	Deuser, Kelly	24	Forkois, Adrienne	43
	2:35.08	MELB	Palace, Mark	49	Myers, Eric	52	Wheeler, Joan	58	Harting, Laura	28
	2:41.08	SMS	Enderle, Wendy	45	England, Eric	51	Kortright, Kristen	23	Duggan, Mike	73
200-239	2:06.34	SHARK	Stewart, Ann	52	Deery, Kyle	38	Perez, Arnaldo	60	Keller, Bridget	52
	2:08.68	SHARK	Schwartz, Jason	47	Keiber, Casey	45	King, Ashley	42	Boatright, Jeffrey	69
	2:13.35	SFTL	Cozier, Danielle	56	Fiser, Graeme	56	Parra, Francisco	65	Herrington, Jamie	57
	2:20.81	NCMS	Thornton, Cooper	60	Murray, Desiree	54	Forbes, Brendan	40	Lang, Anita	55
	2:21.55	SPM	Texel, Paula	52	Nixon, John	67	Westerman, Karen	55	Herman, Eric	51
	2:27.55	NCMS	Dellanoce, Michael	38	Maycock, Cary	54	Dore, Mary	59	Rubacky, Mark	53
	2:33.91	SFTL	Lassen, Megan	52	Correa-Marrero, Pedro	60	Scott, Melissa	52	Richards, Mark	62
	2:59.20	WSC	Fraser, Marc-Anthony	38	Sharrard, Thomas	54	Rodriguez, Iliana	24	Sharrard, Janel	53
	3:16.11	SFTL	Gaw, Mike	53	Chin-Ogilvie, Adrienne	62	Strzelecki, Richard	50	Monahan, Becky	61
	3:20.13	SFTL	Monahan, Jim	59	Thornton, Stephan	58	Volz, Kristin	49	Rosenbaum, Deborah	62
240-279	2:18.09	NCMS	Klein, Jonathan	65	Dunn, Sara	50	Amick, Beverly	68	Anderson, Earl	58
	2:23.64	SHARK	Campbell, Holly	61	Matysek, Jim	63	Bradshaw, John	56	Lachney, Fay	61
	2:24.29	MELB	Clear, Kirk	55	Palace, Kelly	61	Wotton, Joe	63	Courtney, Zena	63
	2:26.34	NCMS	Wolff, Celia	56	Moore, John	60	Denison, Paul	65	Collins, Margaret	59
	2:26.77	SFTL	Tapp, Jay	63	Merega, Roberto	62	Hung, Maria	62	Marks, Karen	63
	2:48.39	SFTL	Albano, Carla	64	Shirley, Desiree	65	Zappi, Federico	60	Quiroga, Amadeo	60
	2:52.22	SPM	Steinmann, Sharon	64	Davis, Kern	68	Soltys, Ted	62	Jacobson, Geraldine	72
	3:06.57	SFTL	Gray, David	54	Henley, Cynthia	64	Grady, Marci	64	Stamey, Ben	61
	3:43.93	SFYH	Burke, Patrick	41	Samuelson, Martha	73	Boers, Peter	59	Hansen, Lorrie	74
	3:51.14	SHARK	Koss, James	72	Johnston, John	75	Coley, Cheryl	50	Miller, Jan	79
280-319	2:24.44	SHARK	Uustal, Diann	76	Walker, Rick	72	Kahn, Roger	67	Kryka, Nancy	67
	2:39.58	SHARK	Childs, Lee	74	Reed, Ed	79	Dombrowski, Andrea	55	Carson, June	74
	3:07.50	NCMS	Barrett, Steve	89	Alton, Dale	65	Whelchel, Nancy	62	Glender, Carlos	68
	3:08.31	SFTL	Falcigno, Pamela	67	Larson, Allen	69	Yocom, Douglas	71	Martin, Michelle	73
	5:50.78	SFTL	Smith, Stephanie	80	Abbate, Gary	68	Romano, Marcelo	66	Rosen, Mary Ellen	68

1 Dec 2021

## 2022 Southeast Zone LCM Top 10 Relays

World record

USMS record

Southeast Zone record

## Mixed

## 400 Free Relay

## 200-239

4:57.42	HAFL	LeClair, Dale	53	Klugman, Jason	51	Joggerst, Elaine	51	Cooney, Steve	52
5:55.42	WSC	Geth, Alicia	55	Muraskin, Ted	54	Sharrard, Janel	53	Fraser, Marc-Anthony	38

## 120-159

4:39.65	YOTA	Peck, Ryan	26	Chandler, Carolyn	31	Selema, Frances	41	Cordrey, Brandon	35
5:04.01	YOTA	Schoch, Eric	40	LoPiccolo, Allison	29	McFadden, Katie	35	Rowe, Edward	43

## 200-239

5:42.81	GCYM	Golding, Christopher	46	Rightsell, Wendy	59	Zamora, Zeke	48	Kern, Paul	54
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## 100-119

4:23.95	SPM	Manera, Noah	24	Retotar, Allison	35	Martin Mayor, Macarena	24	Stickle, Christopher	32
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## 120-159

5:47.80	WSC	Bot, Lina	36	Rodriguez, Iliana	24	Bell, Erik	48	Murphy, Thomas	29
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## 160-199

4:38.05	SHARK	Bowers, Bert	68	Paulling, Daniel	36	Varlas, Melissa	49	Aten, Rebecca	46
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4:57.79	SHARK	Lambert, Austin	25	Good, Tricia	51	Keiber, Casey	45	Rigney, Kane	41
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## 200-239

4:31.75	SHARK	King, Ashley	42	Stewart, Ann	52	Clissold, Edward	48	Newman, Steven	60
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5:50.38	SFTL	Fiser, Graeme	56	Volz, Kristin	49	Bennett, Sarah	59	Parra, Francisco	65
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6:30.76	SPM	Esposito, Jim	59	Richins, Robin	54	Hawkins, Russell	36	Bogue, Sherri	58
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## 240-279

5:18.70	SHARK	Matysek, Jim	63	Bergquist, Michael	66	Bayne, Linda	60	Lachney, Fay	61
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## 280-319

7:46.57	SHARK	Carter, Karen	72	Bowden, Richard	67	Koss, James	72	Miller, Jan	79
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## 400 Medley Relay

## 200-239

6:35.96	SFTL	Attin Neville, Debra	63	Henley, Cynthia	64	Fiser, Graeme	56	Richa, Jorge	53
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7:38.78	WSC	Mucino, Sal	52	Sharrard, Thomas	54	Rodriguez, Iliana	24	Sharrard, Janel	53
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## 120-159

5:30.90	NCMS	Taylor, Sharon	37	Nguyen, Sonny	43	Henry, Bryan	30	MacNair Hutchens, Margo	39
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## 160-199

5:35.42	SHARK	Whiteside, Brian	52	Keiber, Casey	45	Aten, Rebecca	46	Rigney, Kane	41
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6:50.81	WSC	Schreiber, Sydney	62	Heffern, Abby	27	Rodriguez, Iliana	24	Bell, Erik	48
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## 200-239

5:06.32	SHARK	Stewart, Ann	52	Matysek, Jim	63	Varlas, Melissa	49	Paulling, Daniel	36
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5:10.19	SHARK	Clissold, Edward	48	Mench, Edward	56	King, Ashley	42	Lachney, Fay	61
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5:39.03	SHARK	Newman, Steven	60	Good, Tricia	51	Almeyda, Xavier	52	Carson, June	74
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6:08.45	SFTL	Parra, Francisco	65	Stutz, Kathleen	40	Fiser, Graeme	56	Bennett, Sarah	59
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## 120-159

4:23.00	NCMS	Higson, Gregg	51	Thomas, Chandler	33	Holland, Irish	42	Braun, Erika	50
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## 800 Free Relay

## 120-159

10:18.82	YOTA	Chandler, Carolyn	31	McFadden, Katie	35	Bloomfield, Richard	42	Rowe, Edward	43
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10:51.68	NCMS	Dallamura, Scott	44	Nguyen, Sonny	43	Newkirk, Marie	34	Taylor, Sharon	37
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## 200-239

14:56.25	SFTL	Bennett, Sarah	59	Volz, Kristin	49	Contreras, Daniel	34	Hendrick, Marty	64
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